

**AVOHK 5k Series 2019 - Race 3 (Bowen Road)**
**Date: 14-Sep-2019**

OVERALL	CAT RANK	CATEGORY	BIB	NAME	Official Time	Chip Time	Split Time
1	1	Men's 35 (35-39)	M020	Jeff Campbell	0:15:52	0:15:52	0:07:55
2	1	Men's Junior 17 (16-17)	M076	Robin ELG	0:16:37	0:16:37	0:08:11
3	1	Men's Open (18-34)	M092	Giacomo Guerra	0:16:40	0:16:40	0:08:02
4	2	Men's Open (18-34)	M153	Hideo Harry Loasby	0:16:49	0:16:49	0:08:07
5	3	Men's Open (18-34)	M329	Ching Hin Lo	0:17:00	0:17:00	0:08:12
6	1	Men's Junior 15 (14-15)	M284	Hayden Bailey	0:17:10	0:17:10	0:08:34
7	2	Men's Junior 17 (16-17)	M211	Mark Russell	0:17:39	0:17:39	0:08:41
8	3	Men's Junior 17 (16-17)	M067	Loughlin Davidson	0:17:42	0:17:42	0:08:42
9	1	Men's 40 (40-44)	M082	George Gaffney	0:17:42	0:17:42	0:08:56
10	2	Men's 35 (35-39)	M169	Jean-Baptiste Martenet	0:17:51	0:17:51	0:08:42
11	2	Men's 40 (40-44)	M085	Mollica Giuseppe	0:17:51	0:17:51	0:08:43
12	2	Men's Junior 15 (14-15)	M066	Dominic Davidson	0:17:56	0:17:56	0:08:47
13	4	Men's Junior 17 (16-17)	M093	Giorgio Guerra	0:18:08	0:18:07	0:08:49
14	3	Men's 40 (40-44)	M094	Edward Gumbley	0:18:09	0:18:07	0:08:52
15	4	Men's 40 (40-44)	M119	Lai Kat	0:18:12	0:18:12	0:09:06
16	1	Men's 55 (55-59)	M319	Craig Downie	0:18:12	0:18:12	0:09:07
17	5	Men's Junior 17 (16-17)	M303	Shun Leung	0:18:14	0:18:13	0:09:14
18	6	Men's Junior 17 (16-17)	M012	Clement Beylier	0:18:17	0:18:16	0:08:57
19	1	Men's Junior 13 (12-13)	M154	Jiro Loasby	0:18:22	0:18:22	0:09:12
20	5	Men's 40 (40-44)	M087	Andrew Graham	0:18:47	0:18:47	0:09:10
21	2	Men's Junior 13 (12-13)	M268	Tsz Hin Sean Yip	0:18:49	0:18:49	0:09:03
22	3	Men's 35 (35-39)	M258	David Woo	0:18:51	0:18:48	0:09:10
23	4	Men's 35 (35-39)	M344	Tsz Long Chan	0:18:54	0:18:52	0:09:10
24	6	Men's 40 (40-44)	M279	Alan Zagury	0:18:56	0:18:56	0:09:22
25	1	Men's 45 (45-49)	M244	Michael WILLIAMS	0:19:02	0:19:02	0:09:21
26	1	Ladies' Junior 15 (14-15)	W037	Pauline COURRET	0:19:03	0:19:03	0:09:18
27	2	Men's 45 (45-49)	M168	Tim Marchant	0:19:07	0:19:07	0:09:21
28	3	Men's 45 (45-49)	M069	Charles-Everard de T'Serclaes	0:19:11	0:19:10	0:09:34
29	5	Men's 35 (35-39)	M132	Man hoi Lam	0:19:17	0:19:16	0:09:41
30	7	Men's Junior 17 (16-17)	M216	Kayan Sayeed	0:19:20	0:19:18	0:09:35
31	4	Men's 45 (45-49)	M360	Jan Souleyman	0:19:28	0:19:27	0:09:37
32	7	Men's 40 (40-44)	M010	Giorgio Benassi	0:19:33	0:19:31	0:09:45
33	3	Men's Junior 15 (14-15)	M156	Jake Long	0:19:36	0:19:36	0:09:35
34	5	Men's 45 (45-49)	M063	Olivier COURRET	0:19:37	0:19:36	0:09:34
35	8	Men's Junior 17 (16-17)	M357	Swiss Duangthip	0:19:40	0:19:40	0:08:53
36	4	Men's Junior 15 (14-15)	M167	Rafe Man	0:19:40	0:19:36	0:10:16
37	8	Men's 40 (40-44)	M207	Frank Riehm	0:19:43	0:19:41	0:09:29
38	3	Men's Junior 13 (12-13)	M347	Hong Ching Fung	0:19:48	0:19:47	0:09:39
39	1	Men's 50 (50-54)	M186	Manuel Olmedo	0:19:49	0:19:47	0:10:00
40	2	Men's 50 (50-54)	M337	Guy Thomas	0:19:49	0:19:47	0:09:52
41	4	Men's Junior 13 (12-13)	M220	Lachlan Scott	0:19:51	0:19:51	0:10:01
42	4	Men's Open (18-34)	M231	Michael Thurbon	0:20:02	0:19:51	0:10:17
43	9	Men's 40 (40-44)	M351	CHI FAI CHEUNG	0:20:03	0:20:02	0:09:48
44	1	Ladies' Open (18-34)	W032	Nicole Chui	0:20:07	0:20:06	0:09:56
45	6	Men's 45 (45-49)	M089	Ian Greenfield	0:20:10	0:20:08	0:10:07
46	2	Men's 55 (55-59)	M361	Mark Reeves	0:20:12	0:20:11	0:09:54
47	5	Men's Open (18-34)	M263	Shing fung Yan	0:20:16	0:20:13	0:10:13
48	6	Men's Open (18-34)	M286	Idle Idle	0:20:18	0:20:14	0:10:03
49	9	Men's Junior 17 (16-17)	M208	Erik Robertsson	0:20:19	0:20:14	0:10:20
50	10	Men's Junior 17 (16-17)	M226	Clancy Steains	0:20:25	0:20:23	0:09:41
51	5	Men's Junior 13 (12-13)	M181	Finlay Murchie	0:20:29	0:20:25	0:10:34
52	3	Men's 50 (50-54)	M102	Will Hayward	0:20:30	0:20:24	0:10:28
53	6	Men's 35 (35-39)	M148	Kwok Shing Leung	0:20:32	0:20:28	0:10:22
54	7	Men's 35 (35-39)	M256	Lawrence Wong	0:20:33	0:20:32	0:09:59
55	11	Men's Junior 17 (16-17)	M162	Nirvan Lulla	0:20:33	0:20:30	0:10:23
56	7	Men's 45 (45-49)	M301	Jon Redding	0:20:34	0:20:22	0:10:47
57	4	Men's 50 (50-54)	M005	Nicholas Ball	0:20:35	0:20:32	0:10:00
58	1	Ladies' 40 (40-44)	W183	Amy Mumford	0:20:36	0:20:34	0:10:20
59	5	Men's Junior 15 (14-15)	M013	Vaibhav BHOVARAHAN	0:20:37	0:20:35	0:10:15
60	8	Men's 35 (35-39)	M237	Vasco van der Flier	0:20:40	0:20:37	0:10:02
61	8	Men's 45 (45-49)	M297	Warren Warner	0:20:47	0:20:40	0:10:07
62	6	Men's Junior 15 (14-15)	M001	Minato Tin sang	0:20:49	0:20:48	0:10:23
63	9	Men's 45 (45-49)	M318	Tim Smart	0:20:49	0:20:44	0:10:20
64	9	Men's 35 (35-39)	M171	Joe McDevitt	0:20:51	0:20:48	0:10:12
65	7	Men's Open (18-34)	M240	Rowan Varty	0:20:56	0:20:50	0:10:07
66	1	Men's 65 (65-69)	M090	Kenneth Greer	0:20:57	0:20:55	0:10:22
67	10	Men's 35 (35-39)	M185	Andrew Nunn	0:20:58	0:20:56	0:09:58
68	10	Men's 45 (45-49)	M247	Steve Willmott	0:21:03	0:20:58	0:10:29
69	1	Ladies' 50 (50-54)	W069	Angelina Kong	0:21:15	0:21:12	0:10:24
70	2	Ladies' Junior 15 (14-15)	M367	Zoe Metais	0:21:17	0:21:15	0:10:37
71	10	Men's 40 (40-44)	M243	Tyler Wendleken	0:21:17	0:21:15	0:10:13
72	1	Ladies' 45 (45-49)	W117	Rachel Sproston	0:21:23	0:21:22	0:10:37
73	5	Men's 50 (50-54)	M327	ANTONY PRINGLE	0:21:26	0:21:22	0:10:29
74	6	Men's Junior 13 (12-13)	M006	Charles Barnes	0:21:27	0:21:22	0:10:50
75	11	Men's 35 (35-39)	M311	Shai Joory	0:21:28	0:21:24	0:10:38
76	11	Men's 40 (40-44)	M057	Wan Hang Chung	0:21:31	0:21:29	0:10:14
77	1	Ladies' Junior 13 (12-13)	W088	Lila Man	0:21:36	0:21:33	0:10:32
78	6	Men's 50 (50-54)	M334	Scott Burton	0:21:37	0:21:30	0:10:46

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OVERALL	CAT RANK	CATEGORY	BIB	NAME	Official Time	Chip Time	Split Time
79	7	Men's Junior 15 (14-15)	M341	Clement Yam	0:21:40	0:21:37	0:10:17
80	8	Men's Open (18-34)	M095	Luis Hafner	0:21:43	0:21:26	0:11:05
81	12	Men's 40 (40-44)	M205	Scott Reed	0:21:44	0:21:36	0:10:33
82	12	Men's 35 (35-39)	M070	Matteo Debiasi	0:21:45	0:21:27	0:11:05
83	11	Men's 45 (45-49)	M050	Wilson Choi	0:21:49	0:21:45	0:10:51
84	9	Men's Open (18-34)	M028	Johnathan Chan	0:21:51	0:21:50	0:10:20
85	7	Men's 50 (50-54)	M182	Tin sang Nam	0:21:53	0:21:52	0:10:39
86	10	Men's Open (18-34)	M348	Luca Pepe	0:21:56	0:21:51	0:11:08
87	8	Men's Junior 15 (14-15)	M003	Jake Atherley	0:21:58	0:21:51	0:10:51
88	2	Ladies' Open (18-34)	W024	Tasha Cheong	0:22:00	0:21:57	0:10:53
89	12	Men's 45 (45-49)	M021	Dick Casey	0:22:00	0:21:54	0:10:56
90	13	Men's 35 (35-39)	M088	Roni Green	0:22:02	0:21:58	0:11:00
91	3	Men's 55 (55-59)	M084	Colin Giles	0:22:02	0:21:57	0:10:44
92	2	Ladies' 45 (45-49)	W163	Kellie Irwin	0:22:04	0:22:04	0:10:57
93	4	Men's 55 (55-59)	M058	Andrew Clempson	0:22:08	0:22:00	0:10:52
94	5	Men's 55 (55-59)	M122	Lai Kim Ming	0:22:10	0:22:08	0:10:08
95	9	Men's Junior 15 (14-15)	M314	Kayan Malkani	0:22:13	0:22:04	0:10:46
96	14	Men's 35 (35-39)	M138	JOHN LAU	0:22:16	0:22:01	0:11:42
97	8	Men's 50 (50-54)	M129	Koon Shing Lai	0:22:20	0:22:17	0:11:14
98	15	Men's 35 (35-39)	M073	James Edgar	0:22:22	0:22:14	0:11:02
99	6	Men's 55 (55-59)	M025	FORD CHAN	0:22:24	0:22:23	0:11:05
100	16	Men's 35 (35-39)	M294	Brice Brice	0:22:26	0:22:13	0:11:39
101	13	Men's 45 (45-49)	M074	Jason Elder	0:22:27	0:22:23	0:11:08
102	14	Men's 45 (45-49)	M359	David Sungjin Rhee	0:22:33	0:22:29	0:11:41
103	10	Men's Junior 15 (14-15)	M108	Max Holloway	0:22:34	0:22:21	0:11:41
104	9	Men's 50 (50-54)	M143	Christophe Lee Lee	0:22:35	0:22:26	0:11:14
105	2	Ladies' 40 (40-44)	W156	Josephine Josephine	0:22:36	0:22:33	0:11:18
106	11	Men's Open (18-34)	M343	Michael Lieshout	0:22:36	0:22:26	0:10:56
107	13	Men's 40 (40-44)	M324	CHEUNG SHING LAM	0:22:38	0:22:28	0:11:03
108	14	Men's 40 (40-44)	M091	Huw Griffith	0:22:39	0:22:30	0:11:31
109	15	Men's 40 (40-44)	M111	James Hughes-Martin	0:22:43	0:22:41	0:11:19
110	11	Men's Junior 15 (14-15)	M015	MICHAEL BREWSTER	0:22:44	0:22:35	0:10:48
111	17	Men's 35 (35-39)	M128	Eric Lachat	0:22:45	0:22:40	0:11:38
112	16	Men's 40 (40-44)	M251	Joseph Wong	0:22:46	0:22:39	0:11:24
113	3	Ladies' 40 (40-44)	W102	Tara Perrin	0:22:47	0:22:42	0:11:30
114	18	Men's 35 (35-39)	M049	Kwok To Maurice Choi	0:22:51	0:22:48	0:11:35
115	12	Men's Junior 17 (16-17)	M023	Bradley Chan	0:22:52	0:22:52	0:10:38
116	3	Ladies' 45 (45-49)	W139	Winnie Yang	0:22:56	0:22:55	0:11:19
117	3	Ladies' Junior 15 (14-15)	W142	Nam YIU	0:22:57	0:22:53	0:11:04
118	15	Men's 45 (45-49)	M245	Iain Williamson	0:23:00	0:22:49	0:11:29
119	1	Men's 60 (60-64)	M086	Hang Fai Got	0:23:01	0:22:57	0:11:37
120	7	Men's 55 (55-59)	M304	Gary Hotchkiss	0:23:02	0:22:59	0:11:11
121	3	Ladies' Open (18-34)	W011	Holly Booth	0:23:04	0:22:53	0:11:40
122	12	Men's Junior 15 (14-15)	M356	Maximilian Smith	0:23:05	0:23:01	0:10:53
123	19	Men's 35 (35-39)	M036	Ying Kin Chan	0:23:05	0:22:57	0:11:34
124	16	Men's 45 (45-49)	M124	Felix KONG	0:23:07	0:23:02	0:11:15
125	17	Men's 45 (45-49)	M269	Vor YIU	0:23:08	0:23:05	0:11:39
126	10	Men's 50 (50-54)	M332	Stefan Lecher	0:23:10	0:23:03	0:11:52
127	12	Men's Open (18-34)	M252	KA WING WONG	0:23:14	0:23:07	0:11:24
128	2	Ladies' 50 (50-54)	W199	Siu Miu Margaret Chui	0:23:16	0:23:15	0:11:27
129	4	Ladies' Junior 15 (14-15)	W008	Victoire Beylier	0:23:19	0:23:12	0:11:40
130	11	Men's 50 (50-54)	M210	David Russell	0:23:21	0:23:14	0:11:24
131	12	Men's 50 (50-54)	M368	Adam Francis	0:23:22	0:23:13	0:11:34
132	4	Ladies' Open (18-34)	W172	Tsui Wing Yee	0:23:26	0:23:24	0:11:07
133	13	Men's Open (18-34)	M281	Samuel James Challenor	0:23:26	0:23:11	0:12:08
134	17	Men's 40 (40-44)	M217	Gianpaolo Sbuttoni	0:23:26	0:23:22	0:11:17
135	8	Men's 55 (55-59)	M106	SIU WA HO	0:23:29	0:23:27	0:11:26
136	2	Men's 60 (60-64)	M228	Seung Kun Tai	0:23:29	0:23:26	0:11:34
137	5	Ladies' Open (18-34)	W064	Lauren James	0:23:29	0:23:22	0:11:45
138	7	Men's Junior 13 (12-13)	M163	Nicolas Luvisutto	0:23:37	0:23:31	0:11:50
139	18	Men's 40 (40-44)	M145	Anthony Leung	0:23:38	0:23:29	0:11:57
140	19	Men's 40 (40-44)	M011	Sebastien Bertaux	0:23:38	0:23:32	0:11:42
141	3	Men's 60 (60-64)	M054	HERMANN CHU	0:23:43	0:23:40	0:11:36
142	18	Men's 45 (45-49)	M352	Bryan Wong	0:23:44	0:23:26	0:12:18
143	5	Ladies' Junior 15 (14-15)	W195	Sela Caldwell	0:23:50	0:23:42	0:11:44
144	14	Men's Open (18-34)	M130	Yat Wah Lai	0:23:52	0:23:50	0:11:28
145	20	Men's 35 (35-39)	M104	CHEUNG HIU WA	0:23:55	0:23:43	0:12:14
146	1	Ladies' 35 (35-39)	W006	Bernadette Baje	0:23:59	0:23:52	0:11:51
147	4	Ladies' 40 (40-44)	W073	WAI YIN LAM	0:23:59	0:23:54	0:11:51
148	21	Men's 35 (35-39)	M113	Marc Jenn	0:24:02	0:23:57	0:11:58
149	1	Ladies' Junior 17 (16-17)	W015	Kara Casey	0:24:07	0:24:04	0:11:03
150	2	Ladies' 35 (35-39)	W141	SZE MAN YEUNG	0:24:07	0:24:05	0:11:57
151	15	Men's Open (18-34)	M365	Max Hewson	0:24:09	0:23:53	0:12:10
152	19	Men's 45 (45-49)	M190	Chris Peratides	0:24:09	0:24:01	0:11:58
153	9	Men's 55 (55-59)	M271	John Yow	0:24:10	0:24:04	0:12:09
154	20	Men's 40 (40-44)	M215	Rodney Sargeant	0:24:12	0:24:01	0:12:12
155	4	Ladies' 45 (45-49)	W119	Petrina Anne Steains	0:24:20	0:24:17	0:11:44
156	5	Ladies' 45 (45-49)	W036	Amandine COURRET	0:24:25	0:24:20	0:11:59

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OVERALL	CAT RANK	CATEGORY	BIB	NAME	Official Time	Chip Time	Split Time
157	3	Ladies' 50 (50-54)	W013	Janine Canham	0:24:30	0:24:27	0:12:07
158	3	Ladies' 35 (35-39)	W099	Jamie Nunn	0:24:30	0:24:24	0:12:28
159	6	Ladies' Open (18-34)	W111	Elizabeth Mai Schroder	0:24:32	0:24:19	0:12:37
160	2	Ladies' Junior 13 (12-13)	W078	Romina Lecher	0:24:44	0:24:37	0:12:19
161	10	Men's 55 (55-59)	M055	Michael Chue	0:24:46	0:24:44	0:12:08
162	7	Ladies' Open (18-34)	W126	Jessica Varty	0:24:47	0:24:40	0:12:11
163	4	Men's 60 (60-64)	M276	Leung Sum Yu	0:24:48	0:24:41	0:12:24
164	13	Men's 50 (50-54)	M133	Raymond Lam	0:24:49	0:24:43	0:12:07
165	20	Men's 45 (45-49)	M317	Douglas Fang	0:24:49	0:24:44	0:11:45
166	11	Men's 55 (55-59)	M100	Steven Handelsman	0:24:51	0:24:38	0:12:18
167	1	Ladies' 55 (55-59)	W053	Belinda Greer	0:24:53	0:24:50	0:12:09
168	5	Ladies' 40 (40-44)	W026	Pui Ling Pauline Cheung	0:24:53	0:24:51	0:12:44
169	5	Men's 60 (60-64)	M194	Cheung wah Pok	0:24:54	0:24:50	0:12:26
170	1	Men's 75 (75-79)	M176	Ross MILBURN	0:24:55	0:24:53	0:12:30
171	21	Men's 40 (40-44)	M043	Kwok Chi Shing	0:25:01	0:24:57	0:11:40
172	16	Men's Open (18-34)	M291	Mustafa Mustafa	0:25:08	0:24:53	0:12:51
173	6	Ladies' 40 (40-44)	W044	YUK Mui Fang	0:25:13	0:25:08	0:12:05
174	21	Men's 45 (45-49)	M310	Derek Crane	0:25:18	0:25:10	0:12:16
175	22	Men's 40 (40-44)	M322	WANG HOI IP	0:25:18	0:25:08	0:12:48
176	17	Men's Open (18-34)	M046	WAI YIP CHIN	0:25:23	0:25:14	0:12:36
177	6	Ladies' Junior 15 (14-15)	W136	Molly Worthington	0:25:24	0:25:15	0:11:59
178	7	Ladies' Junior 15 (14-15)	W016	Scarlett Casey	0:25:25	0:25:15	0:12:02
179	2	Men's 65 (65-69)	M024	Chak Yan Chan	0:25:25	0:25:21	0:12:36
180	8	Ladies' Junior 15 (14-15)	W180	Maddie Scott	0:25:25	0:25:17	0:12:34
181	4	Ladies' 50 (50-54)	W080	Helen Leung	0:25:26	0:25:20	0:12:27
182	7	Ladies' 40 (40-44)	W004	Asuka Asakura	0:25:31	0:25:21	0:12:37
183	4	Ladies' 35 (35-39)	W005	Hannah Bainbridge	0:25:36	0:25:29	0:12:07
184	22	Men's 45 (45-49)	M007	Nigel Barnes	0:25:37	0:25:26	0:12:56
185	14	Men's 50 (50-54)	M225	Anthony Steains	0:25:41	0:25:31	0:12:30
186	8	Ladies' Open (18-34)	W103	Alice Philipson	0:25:44	0:25:33	0:12:58
187	6	Ladies' 45 (45-49)	W091	Belinda McLaughlin	0:25:45	0:25:39	0:12:29
188	7	Ladies' 45 (45-49)	W113	Louise Sheerin	0:25:51	0:25:38	0:12:55
189	8	Ladies' 40 (40-44)	W041	Marly Fatima De Ramos Guerra	0:25:58	0:25:46	0:12:52
190	23	Men's 40 (40-44)	M287	Moke Moke	0:25:59	0:25:45	0:13:23
191	5	Ladies' 35 (35-39)	W082	Stephanie Leung	0:25:59	0:24:11	0:14:02
192	13	Men's Junior 15 (14-15)	M246	Rohan Williamson	0:26:11	0:25:54	0:13:43
193	3	Men's 65 (65-69)	M127	AU Kwok Keung	0:26:15	0:26:08	0:13:13
194	2	Ladies' 55 (55-59)	W123	Viola To	0:26:18	0:26:10	0:13:07
195	24	Men's 40 (40-44)	M142	Calven Lee	0:26:19	0:26:01	0:13:46
196	23	Men's 45 (45-49)	M062	Yvan Corno	0:26:27	0:26:21	0:12:58
197	3	Ladies' Junior 13 (12-13)	W166	Kiara Malkani	0:26:27	0:26:18	0:13:03
198	15	Men's 50 (50-54)	M249	Chun Keung Wong	0:26:29	0:26:23	0:12:48
199	24	Men's 45 (45-49)	M202	Paul Raben-Christensen	0:26:30	0:26:07	0:13:41
200	25	Men's 45 (45-49)	M180	Alex Murchie	0:26:44	0:26:32	0:13:29
201	12	Men's 55 (55-59)	M262	Chi Hung Yan	0:26:46	0:26:41	0:13:13
202	8	Ladies' 45 (45-49)	W115	Joanne Sin	0:26:48	0:26:39	0:13:23
203	16	Men's 50 (50-54)	M235	MO Forhad Ullah	0:26:50	0:26:36	0:13:28
204	13	Men's 55 (55-59)	M197	WING KIT POON	0:26:51	0:26:42	0:13:27
205	22	Men's 35 (35-39)	M232	Hin Wai TO	0:26:55	0:26:45	0:13:21
206	25	Men's 40 (40-44)	M355	YUK CHONG SIDNEY SIU	0:26:56	0:26:37	0:13:14
207	14	Men's 55 (55-59)	M177	Richard Morgan	0:26:57	0:26:40	0:13:16
208	23	Men's 35 (35-39)	M331	Fred Gao	0:27:01	0:26:50	0:13:30
209	18	Men's Open (18-34)	M002	Danny Atamu	0:27:02	0:26:49	0:13:35
210	26	Men's 40 (40-44)	M189	Mark Pavey	0:27:05	0:26:44	0:14:17
211	17	Men's 50 (50-54)	M075	Jomo ELG	0:27:05	0:26:59	0:12:37
212	13	Men's Junior 17 (16-17)	M298	Ethan Warner	0:27:06	0:26:57	0:12:58
213	9	Ladies' 45 (45-49)	W081	Queency Leung	0:27:07	0:27:05	0:13:17
214	5	Ladies' 50 (50-54)	W072	Chu Kwan Yau Janice	0:27:13	0:27:06	0:13:36
215	9	Ladies' Open (18-34)	W070	MAN TING KWAN	0:27:14	0:27:05	0:13:36
216	3	Ladies' 55 (55-59)	W174	Catherine Jane Hotchkiss	0:27:18	0:27:14	0:13:31
217	6	Men's 60 (60-64)	M110	Kim Hong	0:27:26	0:27:15	0:13:49
218	10	Ladies' 45 (45-49)	W101	Claire O'Neill	0:27:28	0:27:16	0:13:57
219	19	Men's Open (18-34)	M105	Adrian Ho	0:27:39	0:27:26	0:13:38
220	10	Ladies' Open (18-34)	W173	Melissa Catelli	0:28:08	0:27:52	0:13:21
221	4	Ladies' Junior 13 (12-13)	W086	Margaux Luvisutto	0:28:08	0:28:01	0:13:06
222	4	Ladies' 55 (55-59)	W132	Carolyn Wingard-Robertsson	0:28:09	0:28:01	0:13:34
223	6	Ladies' 35 (35-39)	W200	Elissa James	0:28:11	0:27:48	0:14:15
224	1	Ladies' 60 (60-64)	W179	Fung Yee Tse	0:28:12	0:28:03	0:14:03
225	5	Ladies' Junior 13 (12-13)	W105	Olivia Phillips	0:28:15	0:28:00	0:14:25
226	27	Men's 40 (40-44)	M155	Wai Lun Lock	0:28:15	0:28:09	0:13:40
227	26	Men's 45 (45-49)	M191	Nick Phillips	0:28:16	0:28:00	0:14:30
228	28	Men's 40 (40-44)	M323	Stephen Ng	0:28:16	0:28:02	0:13:48
229	9	Ladies' 40 (40-44)	W057	Penelope Heath	0:28:21	0:27:58	0:14:11
230	6	Ladies' 50 (50-54)	W097	Teresa Ng	0:28:27	0:28:20	0:13:51
231	11	Ladies' 45 (45-49)	W196	SON CHAN CHRISTINA SOU	0:28:29	0:28:10	0:14:28
232	11	Ladies' Open (18-34)	W019	Eugenia Chan	0:28:31	0:28:07	0:14:44
233	8	Men's Junior 13 (12-13)	M238	Jules Van Remoortere	0:28:38	0:28:32	0:12:38
234	4	Men's 65 (65-69)	M330	Mark Loasby	0:28:45	0:28:24	0:14:39

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**Date: 14-Sep-2019**

OVERALL	CAT RANK	CATEGORY	BIB	NAME	Official Time	Chip Time	Split Time
235	9	Men's Junior 13 (12-13)	M362	Owen Loo	0:28:46	0:28:40	0:13:28
236	18	Men's 50 (50-54)	M059	Jack Clode	0:28:51	0:28:38	0:13:56
237	9	Ladies' Junior 15 (14-15)	W104	Ella Phillips	0:28:52	0:28:37	0:14:17
238	20	Men's Open (18-34)	M213	Edward Sadler	0:28:56	0:28:37	0:14:41
239	7	Men's 60 (60-64)	M131	Chun Keung Lam	0:28:57	0:28:38	0:14:52
240	14	Men's Junior 17 (16-17)	M345	Sebastian Arnold	0:29:19	0:23:54	0:16:32
241	27	Men's 45 (45-49)	M158	Adrian Lowe	0:29:20	0:29:04	0:15:19
242	7	Ladies' 35 (35-39)	W065	Emmie Javero Pineda	0:29:22	0:29:19	0:14:20
243	29	Men's 40 (40-44)	M320	Wai Tak Yu	0:29:23	0:29:10	0:14:22
244	15	Men's 55 (55-59)	M018	Charles Caldwell	0:29:23	0:29:21	0:13:59
245	12	Ladies' 45 (45-49)	W023	Shuk Chu Chan	0:29:27	0:29:14	0:14:24
246	2	Men's 75 (75-79)	M193	Frank Pilkington	0:29:32	0:29:27	0:14:17
247	5	Men's 65 (65-69)	M140	Stephen Lau	0:29:47	0:29:39	0:14:27
248	28	Men's 45 (45-49)	M107	Chakir Hocine	0:29:47	0:29:31	0:14:42
249	30	Men's 40 (40-44)	M027	Ho-Kei Chan	0:29:50	0:29:44	0:14:54
250	13	Ladies' 45 (45-49)	W092	Yvonne McMahan	0:29:52	0:29:34	0:15:24
251	8	Ladies' 35 (35-39)	W007	Laura Bell	0:29:57	0:29:34	0:15:17
252	14	Ladies' 45 (45-49)	W194	Agnes Leung	0:30:03	0:29:46	0:14:26
253	10	Ladies' 40 (40-44)	W087	Sonia Magana	0:30:04	0:30:00	0:14:57
254	7	Ladies' 50 (50-54)	W048	Petrona Galicia	0:30:15	0:30:11	0:14:57
255	3	Men's 75 (75-79)	M044	TSANG CHI SHING	0:30:16	0:30:10	0:14:48
256	5	Ladies' 55 (55-59)	W170	KA WAI Cecilia Wong	0:30:29	0:30:26	0:14:30
257	9	Ladies' 35 (35-39)	W176	Tatiana Sidneva	0:30:30	0:30:15	0:16:02
258	29	Men's 45 (45-49)	M308	Peter Kunz	0:30:35	0:30:18	0:15:57
259	31	Men's 40 (40-44)	M349	Jonathan Shen	0:30:37	0:30:17	0:15:21
260	32	Men's 40 (40-44)	M273	HANG YU	0:30:40	0:30:28	0:13:34
261	30	Men's 45 (45-49)	M354	LOK MAN NORMAN TAM	0:30:41	0:30:22	0:14:18
262	12	Ladies' Open (18-34)	M369	Hoi Tung Chan	0:30:49	0:30:34	0:15:13
263	24	Men's 35 (35-39)	M264	BUN YEUNG	0:30:53	0:30:43	0:15:36
264	25	Men's 35 (35-39)	M292	Fabrice Fabrice	0:31:01	0:30:45	0:15:12
265	33	Men's 40 (40-44)	M188	Raymond Yuen Hung Pang	0:31:09	0:30:47	0:14:53
266	21	Men's Open (18-34)	M275	Jeffrey Yu	0:31:09	0:30:48	0:18:39
267	16	Men's 55 (55-59)	M150	YUK KI ERIC LI	0:31:21	0:31:00	0:15:39
268	2	Ladies' 60 (60-64)	W175	Shuk Han Barbara Kwan	0:31:22	0:31:18	0:15:17
269	31	Men's 45 (45-49)	M047	MAN YAU CHIU	0:31:25	0:31:01	0:16:29
270	6	Men's 65 (65-69)	M144	WING HUNG LEE	0:31:37	0:31:32	0:15:24
271	15	Ladies' 45 (45-49)	W012	Viktoriya Buck	0:31:41	0:31:25	0:15:36
272	13	Ladies' Open (18-34)	W046	Louise Fung	0:31:42	0:31:26	0:16:09
273	10	Ladies' 35 (35-39)	W040	Elizabeth Davies	0:31:44	0:31:30	0:15:25
274	14	Men's Junior 15 (14-15)	M274	Jacob Yu	0:31:52	0:31:44	0:14:15
275	19	Men's 50 (50-54)	M149	Chun Lam Raymond Li	0:31:56	0:31:36	0:16:21
276	34	Men's 40 (40-44)	M030	Ronny Chan	0:32:04	0:31:47	
277	35	Men's 40 (40-44)	M315	Philip Yeung	0:32:11	0:31:57	0:16:27
278	8	Ladies' 50 (50-54)	W161	Wendy Lee	0:32:11	0:32:02	0:15:24
279	1	Ladies' 65 (65-69)	W182	Evelyn Fowler	0:32:21	0:32:17	0:15:53
280	26	Men's 35 (35-39)	M261	Thomas Xia	0:32:57	0:32:45	0:14:59
281	14	Ladies' Open (18-34)	W188	Claire Burgener	0:32:59	0:32:42	0:16:41
282	15	Ladies' Open (18-34)	W169	Ruth Hickman	0:33:17	0:32:58	0:16:44
283	1	Men's 70 (70-74)	M048	Yan Kwong Cho	0:33:27	0:33:16	0:16:34
284	16	Ladies' 45 (45-49)	W045	Andrea Fletcher	0:33:35	0:33:25	0:15:27
285	6	Ladies' 55 (55-59)	W028	Wai Ching Michelle Cho	0:33:53	0:33:32	0:16:39
286	2	Men's 70 (70-74)	M120	Peter Keeping	0:33:57	0:33:34	0:17:01
287	11	Ladies' 35 (35-39)	W116	Linda Soo	0:34:11	0:33:51	0:17:05
288	17	Men's 55 (55-59)	M358	Mirek Adamczyk	0:34:16	0:33:59	0:16:39
289	9	Ladies' 50 (50-54)	W155	Eliane Eliane	0:34:21	0:34:06	0:16:58
290	1	Men's 80+ (80 and above)	M312	John Fowler	0:34:40	0:34:24	0:16:52
291	17	Ladies' 45 (45-49)	W133	Anne Wingfield	0:34:47	0:34:29	0:16:54

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OVERALL	CAT RANK	CATEGORY	BIB	NAME	Official Time	Chip Time	Split Time
292	18	Ladies' 45 (45-49)	W192	Jennifer Wang	0:35:00	0:34:50	0:16:21
293	22	Men's Open (18-34)	M250	David Ho Wong	0:35:06	0:34:43	0:17:03
294	23	Men's Open (18-34)	M307	Hanson Chiu	0:35:06	0:34:44	0:17:12
295	19	Ladies' 45 (45-49)	W107	Ollyvia Postacchini	0:35:15	0:34:58	0:16:52
296	10	Ladies' 50 (50-54)	W003	Susan Alexandre	0:35:28	0:35:19	0:17:43
297	11	Ladies' 40 (40-44)	W198	Rebekka Kristin Gardardottir	0:35:35	0:35:20	0:16:57
298	20	Ladies' 45 (45-49)	W197	Hulda Thorey Gardardottir	0:35:35	0:35:20	0:17:05
299	20	Men's 50 (50-54)	M008	GARETH BATER	0:35:38	0:35:13	0:17:32
300	21	Ladies' 45 (45-49)	W131	Josephine Williamson	0:35:48	0:35:26	0:18:00
301	12	Ladies' 40 (40-44)	W054	Maggie Gumbley	0:35:49	0:35:30	0:17:48
302	36	Men's 40 (40-44)	M321	Lion Lau	0:35:52	0:35:42	0:17:01
303	24	Men's Open (18-34)	M200	Hunter Purvis	0:35:55	0:35:30	0:17:53
304	22	Ladies' 45 (45-49)	W030	Loretta Choi	0:36:26	0:36:13	0:18:25
305	18	Men's 55 (55-59)	M333	Charles Allard	0:36:26	0:23:28	0:24:39
306	32	Men's 45 (45-49)	M267	Steven Yip	0:36:26	0:36:12	0:18:22
307	13	Ladies' 40 (40-44)	W154	Chamila Chamila	0:37:25	0:37:11	0:18:18
308	10	Ladies' Junior 15 (14-15)	W130	Chloe Whittington	0:37:46	0:37:34	0:20:45
309	19	Men's 55 (55-59)	M198	Antonio Postacchini	0:38:14	0:37:58	0:18:24
310	2	Men's 80+ (80 and above)	M223	Yip Sing So	0:38:30	0:38:25	0:18:33
311	27	Men's 35 (35-39)	M187	Chung Keung Pang	0:38:39	0:38:30	0:18:31
312	33	Men's 45 (45-49)	M031	Shek lai Chan	0:38:40	0:38:14	0:19:09
313	8	Men's 60 (60-64)	M277	Patrick Yu	0:38:50	0:38:29	0:18:38
314	11	Ladies' 50 (50-54)	W135	Kalai Wong	0:39:03	0:38:41	0:18:47
315	16	Ladies' Open (18-34)	W114	Carmen Kai Men Shek	0:39:04	0:38:42	0:19:06
316	23	Ladies' 45 (45-49)	M366	Michelle Yuen	0:39:14	0:39:00	0:19:29
317	12	Ladies' 50 (50-54)	W110	Mariela Russell	0:40:53	0:40:45	0:17:17
318	25	Men's Open (18-34)	M212	William Russell	0:40:53	0:40:45	0:15:48
319	7	Ladies' 55 (55-59)	W124	Ada Tse	0:41:18	0:40:58	0:20:06
320	37	Men's 40 (40-44)	M353	SHEUNG WAI LEE	0:41:18	0:41:00	
321	38	Men's 40 (40-44)	M056	Edwin Chung	0:42:11	0:41:45	0:20:55
322	3	Ladies' 60 (60-64)	W077	Yuk Seung Law	0:43:00	0:42:53	0:20:44
323	14	Ladies' 40 (40-44)	W187	Patricia Chan	0:46:05	0:45:46	0:22:44
324	9	Men's 60 (60-64)	M101	Richard Harris	0:49:07	0:48:45	0:24:34
325	15	Men's Junior 17 (16-17)	M184	Shing Hang Ngan	0:50:10	0:50:08	0:09:50
326	11	Ladies' Junior 15 (14-15)	W146	Wing Hei Yuen	0:59:40		