

AVOHK 5K Series 2019 - Race 1 (Black's Link) Result

Date: 17-Aug-2019

Overall Position	Category Position	Category	Bib	Name	Official Time	Chip Time	Check Point
1	1	Men's 35 (35-39)	M020	Jeff Campbell	0:17:12	0:17:11	0:11:04
2	1	Men's Open (18-34)	M153	Hideo Harry Loasby	0:18:31	0:18:31	0:11:41
3	2	Men's 35 (35-39)	M068	Chris Davis	0:19:03	0:19:03	0:12:17
4	1	Men's 40 (40-44)	M082	George Gaffney	0:19:07	0:19:07	0:12:13
5	1	Men's Junior 15 (14-15)	M167	Rafe Man	0:19:08	0:19:05	0:12:28
6	2	Men's 40 (40-44)	M085	Mollica Giuseppe	0:19:12	0:19:12	0:12:07
7	2	Men's Open (18-34)	M209	Luke Rowland	0:19:14	0:19:14	0:12:15
8	2	Men's Junior 15 (14-15)	M066	Dominic Davidson	0:19:39	0:19:39	0:12:40
9	1	Men's Junior 17 (16-17)	M067	Loughlin Davidson	0:19:39	0:19:39	0:12:42
10	3	Men's Open (18-34)	M295	Johnathan Birkett	0:19:43	0:19:36	0:12:12
11	3	Men's 40 (40-44)	M119	Lai Kat	0:20:00	0:20:00	0:12:56
12	3	Men's 35 (35-39)	M218	Michael Schiffer	0:20:16	0:20:01	0:13:24
13	3	Men's Junior 15 (14-15)	M284	Hayden Bailey	0:20:30	0:20:27	0:12:42
14	1	Ladies' 35 (35-39)	W066	Caitriona Jennings	0:20:34	0:20:34	0:13:37
15	4	Men's Open (18-34)	M290	Ansu Ansu	0:20:44	0:20:41	0:13:20
16	2	Men's Junior 17 (16-17)	M041	Harry Cheung	0:20:53	0:20:46	0:13:50
17	5	Men's Open (18-34)	M289	Yared Yared	0:20:55	0:20:52	0:13:43
18	1	Men's 45 (45-49)	M168	Tim Marchant	0:20:56	0:20:56	0:13:39
19	2	Men's 45 (45-49)	M221	Stuardo Sinibaldi	0:21:00	0:20:56	0:13:48
20	3	Men's 45 (45-49)	M224	Jan Souleyman	0:21:05	0:21:03	0:13:44
21	4	Men's 40 (40-44)	M207	Frank Riehm	0:21:08	0:21:06	0:13:44
22	5	Men's 40 (40-44)	M010	Giorgio Benassi	0:21:19	0:21:14	0:14:06
23	1	Men's Junior 13 (12-13)	M097	Tomas Hall	0:21:25	0:21:25	0:13:58
24	2	Men's Junior 13 (12-13)	M154	Jiro Loasby	0:21:28	0:21:28	0:13:34
25	6	Men's Open (18-34)	M231	Michael Thurbon	0:21:29	0:21:21	0:14:06
26	1	Ladies' Open (18-34)	W009	Annie Birch	0:21:30	0:21:30	0:14:07
27	4	Men's 35 (35-39)	M257	Gump Wong Yuk Hei	0:21:33	0:21:30	0:14:03
28	3	Men's Junior 13 (12-13)	M268	Tsz Hin Sean Yip	0:21:33	0:21:33	0:13:56
29	6	Men's 40 (40-44)	M094	Edward Gumbley	0:21:41	0:21:37	0:14:10
30	3	Men's Junior 17 (16-17)	M216	Kayan Sayeed	0:21:41	0:21:39	0:13:55
31	2	Ladies' Open (18-34)	W032	Nicole Chui	0:21:42	0:21:39	0:14:04
32	4	Men's Junior 17 (16-17)	M118	Lee Kai Chun	0:21:42	0:21:38	0:14:02
33	4	Men's 45 (45-49)	M244	Michael WILLIAMS	0:21:48	0:21:46	0:14:04
34	7	Men's Open (18-34)	M240	Rowan Varty	0:21:54	0:21:51	0:14:07
35	5	Men's 35 (35-39)	M014	Andrew Blake	0:21:55	0:21:55	0:14:10
36	1	Men's 50 (50-54)	M230	Guy Thomas	0:21:56	0:21:44	0:14:13
37	5	Men's 45 (45-49)	M069	Charles-Everard de T'Serclaes	0:21:57	0:21:54	0:14:23
38	8	Men's Open (18-34)	M263	Shing fung Yan	0:21:59	0:21:53	0:14:16
39	6	Men's 35 (35-39)	M256	Lawrence Wong	0:22:00	0:21:58	0:14:00
40	5	Men's 45 (45-49)	M297	Warren Warner	0:22:20	0:22:15	0:14:28
41	2	Men's 50 (50-54)	M102	Will Hayward	0:22:23	0:22:19	0:14:41
42	6	Men's Junior 17 (16-17)	M093	Giorgio Guerra	0:22:24	0:22:19	0:13:58
43	3	Men's 50 (50-54)	M186	Manuel Olmedo	0:22:26	0:22:22	0:14:43

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44	9	Men's Open (18-34)	M161	MARCO LUK	0:22:32	0:22:32	0:14:52
45	10	Men's Open (18-34)	M178	Fouad Mouadine	0:22:34	0:22:33	0:14:05
46	11	Men's Open (18-34)	M286	Idle Idle	0:22:36	0:22:33	0:14:47
47	7	Men's 35 (35-39)	M237	Vasco van der Flier	0:22:38	0:22:36	0:14:54
48	12	Men's Open (18-34)	M095	Luis Hafner	0:22:42	0:22:30	0:14:22
49	6	Men's 45 (45-49)	M089	Ian Greenfield	0:22:44	0:22:42	0:14:49
50	1	Ladies' 40 (40-44)	W095	Amy Mumford	0:22:47	0:22:46	0:15:10
51	7	Men's Junior 17 (16-17)	M184	Shing Hang Ngan	0:22:53	0:22:45	0:14:29
52	4	Men's Junior 15 (14-15)	M165	Theodore Mag	0:22:56	0:22:56	0:14:38
53	8	Men's Junior 17 (16-17)	M226	Clancy Steains	0:23:00	0:22:56	0:13:56
54	8	Men's 35 (35-39)	M185	Andrew Nunn	0:23:01	0:22:58	0:14:20
55	3	Ladies' Open (18-34)	W121	Anastasia Stitch	0:23:03	0:22:58	0:14:44
56	7	Men's 40 (40-44)	M243	Tyler Wendleken	0:23:03	0:23:01	0:14:36
57	13	Men's Open (18-34)	M265	HIN CHUN YEUNG	0:23:10	0:22:57	0:15:26
58	1	Ladies' Junior 15 (14-15)	W112	Lily Sheary	0:23:11	0:23:05	0:15:31
59	4	Men's 50 (50-54)	M039	Simon Cheng	0:23:13	0:23:12	0:15:14
60	5	Men's Junior 15 (14-15)	M013	Vaibhav BHOOVARAHAN	0:23:13	0:23:10	0:14:44
61	9	Men's 35 (35-39)	M148	Kwok Shing Leung	0:23:19	0:23:17	0:14:51
62	8	Men's 40 (40-44)	M205	Scott Reed	0:23:21	0:23:18	0:14:52
63	9	Men's 40 (40-44)	M057	Wan Hang Chung	0:23:25	0:23:18	0:15:11
64	1	Men's 65 (65-69)	M126	Wing Sing KWOK	0:23:26	0:23:25	0:15:10
65	10	Men's 35 (35-39)	M070	Matteo Debiasi	0:23:27	0:23:15	0:15:23
66	5	Men's 50 (50-54)	M182	Tin sang Nam	0:23:31	0:23:29	0:15:09
67	6	Men's Junior 15 (14-15)	M001	Minato Arai	0:23:34	0:23:34	0:14:58
68	1	Ladies' 50 (50-54)	W069	Angelina Kong	0:23:39	0:23:36	0:15:21
69	2	Ladies' Junior 15 (14-15)	W142	Nam YIU	0:23:40	0:23:36	0:15:24
70	1	Men's 55 (55-59)	M025	FORD CHAN	0:23:52	0:23:51	0:15:34
71	7	Men's Junior 15 (14-15)	M015	MICHAEL BREWSTER	0:23:52	0:23:47	0:15:21
72	8	Men's Junior 15 (14-15)	M156	Jake Long	0:23:53	0:23:49	0:15:24
73	7	Men's 45 (45-49)	M204	Jean-Francois Raymond	0:23:56	0:23:50	0:15:23
74	11	Men's 35 (35-39)	M171	Joe McDevitt	0:23:58	0:23:48	0:15:33
75	10	Men's 40 (40-44)	M188	Raymond Yuen Hung Pang	0:23:59	0:23:46	0:15:54
76	12	Men's 35 (35-39)	M294	Brice Brice	0:24:01	0:23:57	0:15:35
77	13	Men's 35 (35-39)	M259	Adrian Worth	0:24:12	0:24:02	0:15:36
78	4	Men's Junior 13 (12-13)	M181	Finlay Murchie	0:24:13	0:24:07	0:15:13
79	4	Ladies' Open (18-34)	W064	Lauren James	0:24:18	0:24:11	0:15:39
80	9	Men's Junior 15 (14-15)	M108	Max Holloway	0:24:28	0:24:15	0:15:29
81	1	Ladies' Junior 13 (12-13)	W088	Lila Man	0:24:28	0:24:22	0:15:40
82	2	Men's 65 (65-69)	M090	Kenneth Greer	0:24:30	0:24:29	0:16:01
83	6	Men's 50 (50-54)	M129	Koon Shing Lai	0:24:32	0:24:28	0:15:54
84	2	Men's 55 (55-59)	M084	Colin Giles	0:24:40	0:24:34	0:15:38
85	14	Men's 35 (35-39)	M049	Kwok To Maurice Choi	0:24:47	0:24:46	0:15:44
86	14	Men's Open (18-34)	M029	Kenneth Chan	0:24:55	0:24:52	0:15:57

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87	15	Men's 35 (35-39)	M088	Roni Green	0:24:57	0:24:50	0:16:05
88	8	Men's 45 (45-49)	M269	Vor YIU	0:25:10	0:25:06	0:16:18
89	9	Men's Junior 17 (16-17)	M076	Robin ELG	0:25:16	0:22:23	0:17:24
90	2	Ladies' 40 (40-44)	W102	Tara Perrin	0:25:18	0:25:13	0:16:37
91	9	Men's 45 (45-49)	M245	Iain Williamson	0:25:20	0:25:11	0:16:38
92	16	Men's 35 (35-39)	M172	Thomas McGillycuddy	0:25:20	0:25:13	0:16:35
93	10	Men's 45 (45-49)	M124	Felix KONG	0:25:28	0:25:21	0:16:32
94	11	Men's 40 (40-44)	M251	Joseph Wong	0:25:33	0:25:26	0:16:53
95	5	Ladies' Open (18-34)	W024	Tasha Cheong	0:25:35	0:25:29	0:16:53
96	15	Men's Open (18-34)	M164	Shaun Madigan	0:25:35	0:25:18	0:16:59
97	2	Ladies' 35 (35-39)	W006	Bernadette Baje	0:25:46	0:25:46	0:16:42
98	1	Men's 60 (60-64)	M099	Steven Hampson	0:25:48	0:25:43	0:16:47
99	3	Men's 55 (55-59)	M058	Andrew Clempson	0:25:52	0:25:38	0:16:56
100	7	Men's 50 (50-54)	M151	Geoffrey Lim	0:25:55	0:25:49	0:16:28
101	1	Ladies' 45 (45-49)	W139	Winnie Yang	0:25:56	0:25:56	0:16:51
102	11	Men's 45 (45-49)	M074	Jason Elder	0:25:58	0:25:54	0:16:55
103	12	Men's 45 (45-49)	M134	Tsz Hong Lam	0:25:59	0:25:50	0:16:57
104	3	Ladies' 35 (35-39)	W068	Hay Kam	0:25:59	0:25:54	0:17:12
105	1	Ladies' Junior 17 (16-17)	W015	Kara Casey	0:26:02	0:25:57	0:16:29
106	13	Men's 45 (45-49)	M021	Dick Casey	0:26:03	0:25:56	0:16:57
107	6	Ladies' Open (18-34)	W011	Holly Booth	0:26:03	0:25:54	0:17:21
108	16	Men's Open (18-34)	M252	KA WING WONG	0:26:16	0:26:10	0:17:18
109	12	Men's 40 (40-44)	M111	James Hughes-Martin	0:26:17	0:26:06	0:17:13
110	7	Ladies' Open (18-34)	W071	NATALIE KWAN	0:26:18	0:26:08	0:17:37
111	2	Men's 60 (60-64)	M054	HERMANN CHU	0:26:20	0:26:15	0:16:57
112	8	Ladies' Open (18-34)	W120	Camilla Stewart	0:26:20	0:26:12	0:17:15
113	17	Men's 35 (35-39)	M017	John Burbidge	0:26:21	0:26:10	0:17:42
114	2	Ladies' 50 (50-54)	W151	Siu Miu Margaret Chui	0:26:21	0:26:21	0:17:17
115	3	Men's 60 (60-64)	M276	Leung Sum Yu	0:26:21	0:26:10	0:16:56
116	8	Men's 50 (50-54)	M034	Wai Man Chan	0:26:21	0:26:18	0:17:42
117	9	Men's 50 (50-54)	M080	Adam Francis	0:26:21	0:26:13	0:16:59
118	10	Men's Junior 15 (14-15)	M003	Jake Atherley	0:26:33	0:26:27	0:16:44
119	9	Ladies' Open (18-34)	W111	Elizabeth Mai Schroder	0:26:34	0:26:26	0:17:10
120	17	Men's Open (18-34)	M281	Samuel James Challenor	0:26:39	0:26:25	0:17:27
121	18	Men's Open (18-34)	M026	HOI FUNG CHAN	0:26:39	0:26:27	0:16:56
122	19	Men's Open (18-34)	M046	WAI YIP CHIN	0:26:41	0:26:31	0:17:20
123	10	Ladies' Open (18-34)	M282	Wai Hin Lau	0:26:44	0:26:42	0:17:10
124	3	Men's 65 (65-69)	M174	FRANK MCNAMARA	0:27:00	0:26:56	0:17:45
125	13	Men's 40 (40-44)	M217	Gianpaolo Sbuttoni	0:27:02	0:26:59	0:17:10
126	4	Men's 60 (60-64)	M254	Kam chuen WONG	0:27:03	0:26:56	0:18:07
127	14	Men's 40 (40-44)	M215	Rodney Sargeant	0:27:10	0:27:02	0:18:13
128	20	Men's Open (18-34)	M147	Jaden Leung	0:27:10	0:26:55	0:17:39
129	3	Ladies' 40 (40-44)	W156	Josephine Josephine	0:27:15	0:27:10	0:17:52

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130	5	Men's 60 (60-64)	M228	Seung Kun Tai	0:27:18	0:27:16	0:17:41
131	10	Men's 50 (50-54)	M210	David Russell	0:27:22	0:27:14	0:17:45
132	21	Men's Open (18-34)	M130	Yat Wah Lai	0:27:23	0:27:03	0:18:15
133	11	Men's Junior 15 (14-15)	M072	William Dingley	0:27:31	0:27:28	0:16:53
134	14	Men's 45 (45-49)	M190	Chris Peratides	0:27:37	0:27:28	0:17:50
135	18	Men's 35 (35-39)	M138	JOHN LAU	0:27:37	0:27:26	0:18:48
136	4	Men's 55 (55-59)	M271	John Yow	0:27:46	0:27:37	0:18:31
137	11	Men's 50 (50-54)	M040	Paul Cherry	0:27:47	0:27:37	0:18:43
138	4	Ladies' 40 (40-44)	W044	YUK Mui Fang	0:27:49	0:27:49	0:18:02
139	1	Ladies' 55 (55-59)	W053	Belinda Greer	0:27:51	0:27:48	0:18:16
140	3	Ladies' Junior 15 (14-15)	W016	Scarlett Casey	0:27:54	0:27:42	0:18:10
141	4	Ladies' Junior 15 (14-15)	W136	Molly Worthington	0:27:54	0:27:41	0:18:10
142	4	Men's 65 (65-69)	M024	Chak Yan Chan	0:28:05	0:28:02	0:18:37
143	22	Men's Open (18-34)	M060	ALISTAIR COCHRAN	0:28:06	0:27:55	0:18:13
144	12	Men's 50 (50-54)	M133	Raymond Lam	0:28:08	0:28:06	0:18:24
145	5	Men's 55 (55-59)	M055	Michael Chue	0:28:10	0:28:04	0:18:38
146	4	Ladies' 35 (35-39)	W082	Stephanie Leung	0:28:15	0:28:05	0:19:15
147	13	Men's 50 (50-54)	M225	Anthony Steains	0:28:16	0:28:12	0:18:28
148	11	Ladies' Open (18-34)	W118	Indya Grace Steains	0:28:16	0:28:12	0:18:27
149	3	Ladies' 50 (50-54)	W080	Helen Leung	0:28:20	0:28:17	0:18:23
150	5	Ladies' 35 (35-39)	W141	SZE MAN YEUNG	0:28:21	0:28:21	0:18:52
151	2	Ladies' 45 (45-49)	W091	Belinda McLaughlin	0:28:22	0:28:19	0:18:21
152	19	Men's 35 (35-39)	M137	Hiu Yan Lau	0:28:25	0:28:08	0:18:57
153	20	Men's 35 (35-39)	M113	Marc Jenn	0:28:26	0:28:12	0:18:47
154	2	Ladies' Junior 13 (12-13)	W078	Romina Lecher	0:28:30	0:28:22	0:19:25
155	15	Men's 40 (40-44)	M056	Edwin Chung	0:28:30	0:28:18	0:19:28
156	6	Men's 60 (60-64)	M194	Cheung wah Pok	0:28:32	0:28:32	0:18:50
157	5	Men's Junior 13 (12-13)	M114	Anton Jardine Jerga	0:28:43	0:28:34	0:19:10
158	5	Men's 65 (65-69)	M127	AU Kwok Keung	0:28:43	0:28:35	0:19:05
159	12	Ladies' Open (18-34)	W010	Jane Bond	0:28:44	0:28:29	0:19:31
160	21	Men's 35 (35-39)	M104	CHEUNG HIU WA	0:28:50	0:28:42	0:18:55
161	10	Men's Junior 17 (16-17)	M162	Nirvan Lulla	0:28:51	0:28:47	0:19:30
162	16	Men's 40 (40-44)	M043	Kwok Chi Shing	0:29:01	0:28:53	0:18:54
163	17	Men's 40 (40-44)	M145	Anthony Leung	0:29:02	0:28:52	0:19:47
164	23	Men's Open (18-34)	M291	Mustafa Mustafa	0:29:06	0:28:50	0:19:28
165	24	Men's Open (18-34)	M002	Danny Atamu	0:29:08	0:29:01	0:18:42
166	1	Men's 75 (75-79)	M176	Ross MILBURN	0:29:10	0:29:05	0:19:29
167	5	Ladies' 40 (40-44)	W042	Sarah Dickinson	0:29:16	0:29:03	0:19:29
168	3	Ladies' 45 (45-49)	W113	Louise Sheerin	0:29:19	0:29:15	0:20:06
169	6	Ladies' 40 (40-44)	W004	Asuka Asakura	0:29:20	0:29:04	0:19:12
170	13	Ladies' Open (18-34)	W126	Jessica Varty	0:29:25	0:29:14	0:19:28
171	7	Men's 60 (60-64)	M112	Shing Hing Ip	0:29:30	0:29:07	0:19:43
172	12	Men's Junior 15 (14-15)	M135	Harry Lambie Thomas	0:29:30	0:29:17	0:19:02

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173	14	Ladies' Open (18-34)	W129	Madeline White	0:29:30	0:29:15	0:19:53
174	4	Ladies' 45 (45-49)	W034	Cherry Clara	0:29:33	0:29:20	0:19:50
175	6	Ladies' 35 (35-39)	W099	Jamie Nunn	0:29:44	0:29:30	0:19:52
176	18	Men's 40 (40-44)	M214	Jose Sandoval	0:29:49	0:29:33	0:19:32
177	7	Ladies' 40 (40-44)	W143	Tanya Young	0:29:58	0:29:44	0:19:43
178	6	Men's 55 (55-59)	M262	Chi Hung Yan	0:30:02	0:29:56	0:19:52
179	15	Ladies' Open (18-34)	W070	MAN TING KWAN	0:30:03	0:29:53	0:19:57
180	7	Ladies' 35 (35-39)	W106	Stephanie Poelman	0:30:06	0:29:51	0:19:50
181	19	Men's 40 (40-44)	M287	Moke Moke	0:30:07	0:29:56	0:19:41
182	14	Men's 50 (50-54)	M249	Chun Keung Wong	0:30:09	0:30:01	0:19:09
183	5	Ladies' 45 (45-49)	W115	Joanne Sin	0:30:09	0:30:07	0:20:07
184	13	Men's Junior 15 (14-15)	M246	Rohan Williamson	0:30:13	0:29:59	0:20:01
185	15	Men's 50 (50-54)	M059	Jack Clode	0:30:17	0:30:01	0:19:54
186	2	Ladies' 55 (55-59)	W123	Viola To	0:30:20	0:30:18	0:20:00
187	20	Men's 40 (40-44)	M037	Andrew Cheng	0:30:22	0:30:02	0:19:58
188	15	Men's 45 (45-49)	M202	Paul Raben-Christensen	0:30:22	0:29:59	0:20:15
189	21	Men's 40 (40-44)	M115	Anton Pierre Jerga	0:30:25	0:30:13	0:19:56
190	25	Men's Open (18-34)	M141	Benjamin Lee	0:30:25	0:30:14	0:19:54
191	16	Men's 50 (50-54)	M235	MO Forhad Ullah	0:30:28	0:30:13	0:20:02
192	26	Men's Open (18-34)	M253	KAI LOK WONG	0:30:34	0:30:16	0:19:57
193	16	Men's 45 (45-49)	M180	Alex Murchie	0:30:39	0:30:29	0:19:17
194	8	Men's 60 (60-64)	M110	Kim Hong	0:30:46	0:30:38	0:19:59
195	16	Ladies' Open (18-34)	W103	Alice Philipson	0:30:51	0:30:37	0:20:39
196	17	Men's Junior 17 (16-17)	M298	Ethan Warner	0:30:54	0:30:48	0:19:55
197	17	Men's 50 (50-54)	M196	Daniel PONG	0:31:06	0:30:55	0:20:30
198	8	Ladies' 40 (40-44)	W041	Marly Fatima De Ramos Guerra	0:31:19	0:31:11	0:20:27
199	17	Ladies' Open (18-34)	W002	Rebecca Alexander	0:31:21	0:31:06	0:20:41
200	18	Men's 45 (45-49)	M007	Nigel Barnes	0:31:28	0:31:21	0:19:34
201	6	Men's Junior 13 (12-13)	M006	Charles Barnes	0:31:28	0:31:21	0:19:33
202	8	Ladies' 35 (35-39)	W001	Priscilla Adams	0:31:36	0:31:23	0:20:14
203	27	Men's Open (18-34)	M105	Adrian Ho	0:31:36	0:31:16	0:20:51
204	19	Men's 45 (45-49)	M191	Nick Phillips	0:31:38	0:31:15	0:21:11
205	28	Men's Open (18-34)	M293	Mohammed Mohammed	0:31:39	0:31:34	0:19:42
206	22	Men's 40 (40-44)	M155	Wai Lun Lock	0:31:39	0:31:30	0:19:53
207	29	Men's Open (18-34)	M299	Hyunsoo jin	0:31:41	0:27:23	0:22:03
208	3	Ladies' 55 (55-59)	W132	Carolyn Wingard-Robertsson	0:31:42	0:31:31	0:20:26
209	18	Ladies' Open (18-34)	W019	Eugenia Chan	0:31:45	0:31:26	0:21:12
210	1	Ladies' 60 (60-64)	W074	YUET MING LAM	0:31:49	0:31:41	0:20:57
211	19	Ladies' Open (18-34)	W067	Pik Ki Suki Ka	0:32:17	0:32:00	0:20:20
212	9	Ladies' 35 (35-39)	W065	Emmie Javero Pineda	0:32:24	0:32:22	0:20:47
213	30	Men's Open (18-34)	M248	Cheung Pui Wong	0:32:26	0:32:06	0:20:33
214	6	Ladies' 45 (45-49)	W101	Claire O'Neill	0:32:26	0:32:10	0:21:26
215	4	Ladies' 50 (50-54)	W072	Chu Kwan Yau Janice	0:32:36	0:32:27	0:21:23

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Date: 17-Aug-2019

Overall Position	Category Position	Category	Bib	Name	Official Time	Chip Time	Check Point
216	20	Men's 45 (45-49)	M152	ALBERT LING HO LIU	0:32:36	0:32:18	0:21:26
217	2	Men's 75 (75-79)	M044	TSANG CHI SHING	0:32:38	0:32:37	0:21:07
218	22	Men's 35 (35-39)	M292	Fabrice Fabrice	0:32:40	0:32:34	0:21:16
219	31	Men's Open (18-34)	M045	Jonathan Samuel T Chien	0:32:42	0:32:20	0:21:03
220	9	Ladies' 40 (40-44)	W057	Penelope Heath	0:32:54	0:32:40	0:21:37
221	7	Ladies' 45 (45-49)	W081	Queency Leung	0:33:02	0:32:59	0:21:53
222	6	Men's 65 (65-69)	M140	Stephen Lau	0:33:03	0:33:00	0:21:32
223	2	Ladies' Junior 17 (16-17)	W096	Ngo Yin Ng	0:33:10	0:32:53	0:21:28
224	3	Men's 75 (75-79)	M193	Frank Pilkington	0:33:13	0:33:12	0:21:59
225	3	Ladies' Junior 13 (12-13)	W105	Olivia Phillips	0:33:19	0:33:04	0:21:09
226	8	Ladies' 45 (45-49)	W045	Andrea Fletcher	0:33:19	0:33:01	0:21:47
227	9	Ladies' 45 (45-49)	W023	Shuk Chu Chan	0:33:26	0:33:08	0:22:02
228	23	Men's 35 (35-39)	M288	Yirga Yirga	0:33:29	0:33:24	0:22:00
229	21	Men's 45 (45-49)	M047	MAN YAU CHIU	0:33:35	0:33:14	0:23:13
230	32	Men's Open (18-34)	M213	Edward Sadler	0:33:37	0:33:18	0:23:14
231	3	Ladies' Junior 17 (16-17)	W043	HIU CHING FAN	0:33:47	0:33:29	0:22:05
232	7	Men's 55 (55-59)	M150	YUK KI ERIC LI	0:33:56	0:33:40	0:21:35
233	22	Men's 45 (45-49)	M192	THOMAS PHILLIPSON	0:34:07	0:33:54	0:21:19
234	4	Ladies' Junior 17 (16-17)	W137	Ho Yung Wu	0:34:17	0:34:00	0:21:57
235	24	Men's 35 (35-39)	M078	Hubert Jinghao Feng	0:34:30	0:34:18	0:22:00
236	5	Ladies' 50 (50-54)	W097	Teresa Ng	0:34:40	0:34:37	0:23:11
237	18	Men's 50 (50-54)	M075	Jomo ELG	0:34:46	0:30:57	0:23:53
238	20	Ladies' Open (18-34)	W021	Hoi Tung Chan	0:34:53	0:34:51	0:23:16
239	14	Men's Junior 15 (14-15)	M117	Lam ka Yiu	0:34:58	0:34:49	0:23:03
240	9	Men's 60 (60-64)	M201	Hugh Pye	0:35:11	0:34:55	0:23:09
241	23	Men's 40 (40-44)	M098	David HALLIDAY	0:35:11	0:35:02	0:22:55
242	1	Men's 70 (70-74)	M048	Yan Kwong Cho	0:35:12	0:35:07	0:22:47
243	6	Ladies' 50 (50-54)	W048	Petrona Galicia	0:35:14	0:35:04	0:23:14
244	10	Ladies' 35 (35-39)	W040	Elizabeth Davies	0:35:18	0:35:01	0:23:14
245	5	Ladies' Junior 15 (14-15)	W130	Chloe Whittington	0:35:49	0:35:37	0:24:18
246	25	Men's 35 (35-39)	M195	Tamas Pollich	0:36:04	0:35:45	0:23:44
247	5	Ladies' Junior 17 (16-17)	W084	Abbie Wing Sum Lo	0:36:06	0:35:52	0:23:31
248	1	Ladies' 65 (65-69)	W160	Evelyn Fowler	0:36:09	0:36:05	0:23:39
249	21	Ladies' Open (18-34)	W018	Catherine Cee	0:36:09	0:35:45	0:23:55
250	8	Men's 55 (55-59)	M018	Charles Caldwell	0:36:16	0:35:58	0:24:15
251	26	Men's 35 (35-39)	M264	BUN YEUNG	0:36:19	0:36:12	0:24:19
252	10	Men's 60 (60-64)	M131	Chun Keung Lam	0:36:42	0:36:20	0:25:06
253	22	Ladies' Open (18-34)	W025	Charlotte Cheung	0:36:51	0:36:42	0:23:36
254	11	Ladies' 35 (35-39)	W116	Linda Soo	0:36:54	0:36:33	0:24:35
255	10	Ladies' 45 (45-49)	W012	Viktoriya Buck	0:36:56	0:36:38	0:24:24
256	6	Ladies' Junior 15 (14-15)	W104	Ella Phillips	0:37:01	0:36:48	0:24:00
257	4	Ladies' 55 (55-59)	W122	Emily Tan	0:37:29	0:37:17	0:24:14
258	24	Men's 40 (40-44)	M027	Ho-Kei Chan	0:37:29	0:37:22	0:25:40

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Date: 17-Aug-2019

Overall Position	Category Position	Category	Bib	Name	Official Time	Chip Time	Check Point
259	2	Men's 70 (70-74)	M120	Peter Keeping	0:37:42	0:37:21	0:24:41
260	10	Ladies' 40 (40-44)	W054	Maggie Gumbley	0:37:42	0:37:23	0:24:35
261	7	Ladies' 50 (50-54)	W094	Karen Mitchell-Sandoval	0:37:47	0:37:31	0:25:00
262	11	Ladies' 45 (45-49)	W133	Anne Wingfield	0:37:47	0:37:32	0:25:06
263	33	Men's Open (18-34)	M183	TERENCE NG	0:37:55	0:37:32	0:24:09
264	8	Ladies' 50 (50-54)	W134	Cecilia Wong	0:38:02	0:37:47	0:26:09
265	5	Ladies' 55 (55-59)	W153	Sue Mulley	0:38:10	0:37:50	0:25:57
266	23	Ladies' Open (18-34)	W051	Nicole Go	0:38:16	0:38:01	0:26:05
267	24	Ladies' Open (18-34)	W046	Louise Fung	0:38:20	0:38:07	0:25:15
268	19	Men's 50 (50-54)	M149	Chun Lam Raymond Li	0:38:38	0:38:18	0:26:17
269	9	Ladies' 50 (50-54)	W155	Eliane Eliane	0:38:58	0:38:54	0:25:36
270	25	Men's 40 (40-44)	M042	Kenny Cheung	0:39:00	0:38:42	0:25:42
271	11	Men's Junior 17 (16-17)	M285	Filobatir Filobatir	0:39:04	0:38:57	0:24:54
272	25	Ladies' Open (18-34)	W098	YU YAN NG	0:39:05	0:38:48	0:24:46
273	6	Ladies' 55 (55-59)	W028	Wai Ching Michelle Cho	0:39:26	0:39:05	0:26:33
274	23	Men's 45 (45-49)	M031	Shek lai Chan	0:40:13	0:39:50	0:27:00
275	27	Men's 35 (35-39)	M222	Anton So	0:40:34	0:40:16	0:25:53
276	34	Men's Open (18-34)	M260	Yang Wu	0:41:02	0:40:40	0:26:41
277	7	Ladies' Junior 15 (14-15)	W146	Wing Hei Yuen	0:41:27	0:41:11	0:26:38
278	6	Ladies' Junior 17 (16-17)	W075	Fong Ting Edelweiss Lau	0:41:35	0:41:21	0:27:36
279	28	Men's 35 (35-39)	M187	Chung Keung Pang	0:42:25	0:42:20	0:27:29
280	26	Ladies' Open (18-34)	W148	Li Zeng	0:44:24	0:44:02	0:30:27
281	2	Ladies' 65 (65-69)	W031	Kit Bing CHOW	0:45:01	0:44:54	0:29:53
282	7	Ladies' Junior 17 (16-17)	W149	Amy Zhou	0:45:08	0:44:54	0:28:23
283	8	Ladies' Junior 17 (16-17)	W140	Ching Yeung	0:45:08	0:44:55	0:28:22
284	7	Ladies' 55 (55-59)	W124	Ada Tse	0:45:20	0:45:02	0:29:57
285	8	Ladies' 55 (55-59)	W060	Helen Ho	0:45:33	0:45:11	0:29:20
286	27	Ladies' Open (18-34)	W150	Chao Hau Lin	0:45:33	0:45:12	0:30:25
287	7	Men's Junior 13 (12-13)	M157	Owen Loo	0:45:51	0:45:43	
288	2	Ladies' 60 (60-64)	W077	Yuk Seung Law	0:46:07	0:46:03	0:30:18
289	12	Ladies' 35 (35-39)	W089	Kirti Manian	0:46:53	0:46:34	0:30:50
290	28	Ladies' Open (18-34)	W159	Naima Naima	0:52:40	0:52:25	0:35:27
291	11	Ladies' 40 (40-44)	W022	Patricia Chan	0:57:13	0:56:55	0:39:30
292	7	Men's 65 (65-69)	M270	Ivan Young	0:57:14		