

AVOHK 5k Series 2019 - Entry List

Bib	First Name	Last Name	Category	Race 1	Race 2	Race 3	Race 4
M001	Minato	Arai	Men's Junior 15 (14-15)	Checked	Checked	Checked	Checked
M002	Danny	Atamu	Men's Open (18-34)	Checked		Checked	
M003	Jake	Atherley	Men's Junior 15 (14-15)	Checked	Checked	Checked	Checked
M004	MUN KEE	AU	Men's 55 (55-59)	Checked	Checked	Checked	Checked
M005	Nicholas	Ball	Men's 50 (50-54)			Checked	Checked
M006	Charles	Barnes	Men's Junior 13 (12-13)	Checked	Checked	Checked	Checked
M007	Nigel	Barnes	Men's 45 (45-49)	Checked	Checked	Checked	Checked
M008	GARETH	BATER	Men's 50 (50-54)	Checked	Checked	Checked	Checked
M009	Johnny	Bell	Men's 50 (50-54)	Checked	Checked		Checked
M010	Giorgio	Benassi	Men's 40 (40-44)	Checked	Checked	Checked	Checked
M011	Sebastien	Bertaux	Men's 40 (40-44)			Checked	
M012	Clement	Beylier	Men's Junior 17 (16-17)		Checked	Checked	Checked
M013	Vaibhav	BHOOVARAHAN	Men's Junior 15 (14-15)	Checked	Checked	Checked	Checked
M014	Andrew	Blake	Men's 35 (35-39)	Checked	Checked		
M015	MICHAEL	BREWSTER	Men's Junior 15 (14-15)	Checked	Checked	Checked	Checked
M016	Martin	Browning	Men's 40 (40-44)	Checked	Checked	Checked	Checked
M017	John	Burbidge	Men's 35 (35-39)	Checked	Checked		
M018	Charles	Caldwell	Men's 55 (55-59)	Checked	Checked	Checked	Checked
M019	Benjamin	Cameron	Men's 40 (40-44)	Checked	Checked	Checked	Checked
M020	Jeff	Campbell	Men's 35 (35-39)	Checked	Checked	Checked	Checked
M021	Dick	Casey	Men's 45 (45-49)	Checked	Checked	Checked	Checked
M022	Bradley	Chan	Men's Junior 17 (16-17)		Checked		
M023	Bradley	Chan	Men's Junior 17 (16-17)			Checked	Checked
M024	Chak Yan	Chan	Men's 65 (65-69)	Checked	Checked	Checked	Checked
M025	FORD	CHAN	Men's 55 (55-59)	Checked	Checked	Checked	Checked
M026	HOI FUNG	CHAN	Men's Open (18-34)	Checked	Checked	Checked	Checked
M027	Ho-Kei	Chan	Men's 40 (40-44)	Checked	Checked	Checked	Checked
M028	Johnathan	Chan	Men's Open (18-34)			Checked	
M029	Kenneth	Chan	Men's Open (18-34)	Checked	Checked	Checked	Checked
M030	Ronny	Chan	Men's 40 (40-44)	Checked	Checked	Checked	Checked
M031	Shek lai	Chan	Men's 45 (45-49)	Checked		Checked	
M032	TIK FUNG	CHAN	Men's 40 (40-44)			Checked	
M033	Wah Kwai	Chan	Men's 60 (60-64)	Checked			
M034	Wai Man	Chan	Men's 50 (50-54)	Checked	Checked	Checked	Checked
M035	Wing Hung	Chan	Men's Open (18-34)				Checked
M036	Ying Kin	Chan	Men's 35 (35-39)		Checked	Checked	Checked
M037	Andrew	Cheng	Men's 40 (40-44)	Checked	Checked	Checked	Checked
M038	Hin	Cheng	Men's 60 (60-64)	Checked	Checked	Checked	Checked
M039	Simon	Cheng	Men's 50 (50-54)	Checked			
M040	Paul	Cherry	Men's 50 (50-54)	Checked	Checked	Checked	Checked
M041	Harry	Cheung	Men's Junior 17 (16-17)	Checked			
M042	Kenny	Cheung	Men's 40 (40-44)	Checked	Checked	Checked	Checked
M043	Kwok	Chi Shing	Men's 40 (40-44)	Checked	Checked	Checked	Checked
M044	TSANG	CHI SHING	Men's 75 (75-79)	Checked	Checked	Checked	Checked
M045	Jonathan Samuel T	Chien	Men's Open (18-34)	Checked	Checked	Checked	Checked
M046	WAI YIP	CHIN	Men's Open (18-34)	Checked	Checked	Checked	Checked
M047	MAN YAU	CHIU	Men's 45 (45-49)	Checked	Checked	Checked	Checked
M048	Yan Kwong	Cho	Men's 70 (70-74)	Checked	Checked	Checked	Checked
M049	Kwok To Maurice	Choi	Men's 35 (35-39)	Checked	Checked	Checked	Checked
M050	Wilson	Choi	Men's 45 (45-49)	Checked	Checked	Checked	Checked

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Bib	First Name	Last Name	Category	Race 1	Race 2	Race 3	Race 4
M051	Hau On	Chong	Men's Open (18-34)	Checked			
M052	Dongbeom	Choo	Men's Open (18-34)	Checked	Checked	Checked	Checked
M053	K K	Chow	Men's 50 (50-54)			Checked	
M054	HERMANN	CHU	Men's 60 (60-64)	Checked	Checked	Checked	Checked
M055	Michael	Chue	Men's 55 (55-59)	Checked	Checked	Checked	Checked
M056	Edwin	Chung	Men's 40 (40-44)	Checked		Checked	
M057	Wan Hang	Chung	Men's 40 (40-44)	Checked	Checked	Checked	Checked
M058	Andrew	Clempson	Men's 55 (55-59)	Checked	Checked	Checked	Checked
M059	Jack	Clode	Men's 50 (50-54)	Checked	Checked	Checked	Checked
M060	ALISTAIR	COCHRAN	Men's Open (18-34)	Checked	Checked	Checked	
M061	Nicholas	Cook	Men's 35 (35-39)	Checked	Checked	Checked	Checked
M062	Yvan	Corno	Men's 45 (45-49)			Checked	
M063	Olivier	COURRET	Men's 45 (45-49)		Checked	Checked	Checked
M064	Adam	Crawford	Men's 50 (50-54)		Checked		Checked
M065	Paul	Crowe	Men's 40 (40-44)	Checked	Checked	Checked	Checked
M066	Dominic	Davidson	Men's Junior 15 (14-15)	Checked	Checked	Checked	Checked
M067	Loughlin	Davidson	Men's Junior 17 (16-17)	Checked	Checked	Checked	Checked
M068	Chris	Davis	Men's 35 (35-39)	Checked	Checked	Checked	Checked
M069	Charles-Everard	de T'Serclaes	Men's 45 (45-49)	Checked	Checked	Checked	Checked
M070	Matteo	Debiasi	Men's 35 (35-39)	Checked	Checked	Checked	Checked
M071	Lucas	Dingley	Men's Junior 13 (12-13)	Checked			
M072	William	Dingley	Men's Junior 15 (14-15)	Checked			
M073	James	Edgar	Men's 35 (35-39)		Checked	Checked	Checked
M074	Jason	Elder	Men's 45 (45-49)	Checked		Checked	Checked
M075	Jomo	ELG	Men's 50 (50-54)	Checked	Checked	Checked	Checked
M076	Robin	ELG	Men's Junior 17 (16-17)	Checked	Checked	Checked	Checked
M077	Maxime	Evrard	Men's Junior 15 (14-15)		Checked	Checked	Checked
M078	Hubert Jinghao	Feng	Men's 35 (35-39)	Checked	Checked	Checked	Checked
M079	Nicholas	FORDE	Men's 45 (45-49)	Checked	Checked	Checked	
M080	Adam	Francis	Men's 50 (50-54)	Checked	Checked	Checked	Checked
M081	Mario	Fung	Men's 50 (50-54)				Checked
M082	George	Gaffney	Men's 40 (40-44)	Checked	Checked	Checked	Checked
M083	Jon	Gilchrist	Men's 55 (55-59)	Checked	Checked	Checked	Checked
M084	Colin	Giles	Men's 55 (55-59)	Checked		Checked	Checked
M085	Mollica	Giuseppe	Men's 40 (40-44)	Checked	Checked	Checked	Checked
M086	Hang Fai	Got	Men's 60 (60-64)	Checked	Checked	Checked	Checked
M087	Andrew	Graham	Men's 40 (40-44)	Checked	Checked	Checked	Checked
M088	Roni	Green	Men's 35 (35-39)	Checked		Checked	
M089	Ian	Greenfield	Men's 45 (45-49)	Checked	Checked	Checked	Checked
M090	Kenneth	Greer	Men's 65 (65-69)	Checked	Checked	Checked	Checked
M091	Huw	Griffith	Men's 40 (40-44)	Checked	Checked	Checked	Checked
M092	Giacomo	Guerra	Men's Open (18-34)	Checked	Checked	Checked	Checked
M093	Giorgio	Guerra	Men's Junior 17 (16-17)	Checked	Checked	Checked	Checked
M094	Edward	Gumbley	Men's 40 (40-44)	Checked	Checked	Checked	Checked
M095	Luis	Hafner	Men's Open (18-34)	Checked	Checked	Checked	Checked
M096	Richard	Hall	Men's 45 (45-49)	Checked	Checked	Checked	Checked
M097	Tomas	Hall	Men's Junior 13 (12-13)	Checked	Checked	Checked	Checked
M098	David	HALLIDAY	Men's 40 (40-44)	Checked	Checked	Checked	Checked
M099	Steven	Hampson	Men's 60 (60-64)	Checked	Checked	Checked	Checked
M100	Steven	Handelsman	Men's 55 (55-59)			Checked	

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Bib	First Name	Last Name	Category	Race 1	Race 2	Race 3	Race 4
M101	Richard	Harris	Men's 60 (60-64)		Checked	Checked	
M102	Will	Hayward	Men's 50 (50-54)	Checked	Checked	Checked	Checked
M103	Tang	Hin Fung	Men's 40 (40-44)		Checked		
M104	CHEUNG	HIU WA	Men's 35 (35-39)	Checked	Checked	Checked	Checked
M105	Adrian	Ho	Men's Open (18-34)	Checked	Checked	Checked	Checked
M106	SIU WA	HO	Men's 55 (55-59)	Checked	Checked	Checked	Checked
M107	Chakir	Hocine	Men's 45 (45-49)			Checked	
M108	Max	Holloway	Men's Junior 15 (14-15)	Checked	Checked	Checked	Checked
M109	Nick	Holt	Men's 35 (35-39)			Checked	Checked
M110	Kim	Hong	Men's 60 (60-64)	Checked	Checked	Checked	Checked
M111	James	Hughes-Martin	Men's 40 (40-44)	Checked	Checked	Checked	Checked
M112	Shing Hing	Ip	Men's 60 (60-64)	Checked	Checked		Checked
M113	Marc	Jenn	Men's 35 (35-39)	Checked	Checked	Checked	Checked
M114	Anton Jardine	Jerga	Men's Junior 13 (12-13)	Checked			
M115	Anton Pierre	Jerga	Men's 40 (40-44)	Checked			
M116	Jason	Jia	Men's 35 (35-39)	Checked		Checked	Checked
M117	Lam	ka Yiu	Men's Junior 15 (14-15)	Checked			
M118	Lee	Kai Chun	Men's Junior 17 (16-17)	Checked			
M119	Lai	Kat	Men's 40 (40-44)	Checked	Checked	Checked	Checked
M120	Peter	Keeping	Men's 70 (70-74)	Checked	Checked	Checked	Checked
M121	Rayda	Kezaz	Men's Open (18-34)	Checked			
M122	Lai	Kim Ming	Men's 55 (55-59)		Checked	Checked	Checked
M123	Nicholas	Ko	Men's Junior 17 (16-17)	Checked			
M124	Felix	KONG	Men's 45 (45-49)	Checked	Checked	Checked	Checked
M125	Dreyfus	Koo	Men's Open (18-34)		Checked		
M126	Wing Sing	KWOK	Men's 65 (65-69)	Checked	Checked		
M127	AU	Kwok Keung	Men's 65 (65-69)	Checked	Checked	Checked	Checked
M128	Eric	Lachat	Men's 35 (35-39)			Checked	
M129	Koon Shing	Lai	Men's 50 (50-54)	Checked	Checked	Checked	Checked
M130	Yat Wah	Lai	Men's Open (18-34)	Checked	Checked	Checked	Checked
M131	Chun Keung	Lam	Men's 60 (60-64)	Checked	Checked	Checked	Checked
M132	Man hoi	Lam	Men's 35 (35-39)	Checked	Checked	Checked	Checked
M133	Raymond	Lam	Men's 50 (50-54)	Checked	Checked	Checked	Checked
M134	Tsz Hong	Lam	Men's 45 (45-49)	Checked	Checked		
M135	Harry	Lamble Thomas	Men's Junior 15 (14-15)	Checked			
M136	CHU LEUNG	LAU	Men's 35 (35-39)	Checked	Checked	Checked	Checked
M137	Hiu Yan	Lau	Men's 35 (35-39)	Checked			
M138	JOHN	LAU	Men's 35 (35-39)	Checked	Checked	Checked	Checked
M139	Lai Chun Tommy	Lau	Men's 50 (50-54)		Checked	Checked	Checked
M140	Stephen	Lau	Men's 65 (65-69)	Checked		Checked	
M141	Benjamin	Lee	Men's Open (18-34)	Checked			
M142	Calven	Lee	Men's 40 (40-44)	Checked	Checked	Checked	Checked
M143	Christophe Lee	Lee	Men's 50 (50-54)			Checked	
M144	WING HUNG	LEE	Men's 65 (65-69)	Checked	Checked	Checked	Checked
M145	Anthony	Leung	Men's 40 (40-44)	Checked		Checked	
M146	Billy	Leung	Men's 35 (35-39)			Checked	
M147	Jaden	Leung	Men's Open (18-34)	Checked	Checked	Checked	Checked
M148	Kwok Shing	Leung	Men's 35 (35-39)	Checked	Checked	Checked	Checked
M149	Chun Lam Raymond	Li	Men's 50 (50-54)	Checked	Checked	Checked	Checked
M150	YUK KI ERIC	LI	Men's 55 (55-59)	Checked	Checked	Checked	Checked

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Bib	First Name	Last Name	Category	Race 1	Race 2	Race 3	Race 4
M151	Geoffrey	Lim	Men's 50 (50-54)	Checked	Checked	Checked	Checked
M152	ALBERT LING HO	LIU	Men's 45 (45-49)	Checked	Checked	Checked	Checked
M153	Hideo Harry	Loasby	Men's Open (18-34)	Checked	Checked	Checked	Checked
M154	Jiro	Loasby	Men's Junior 13 (12-13)	Checked	Checked		Checked
M155	Wai Lun	Lock	Men's 40 (40-44)	Checked	Checked	Checked	Checked
M156	Jake	Long	Men's Junior 15 (14-15)	Checked	Checked	Checked	Checked
M157	Owen	Loo	Men's Junior 13 (12-13)	Checked	Checked	Checked	Checked
M158	Adrian	Lowe	Men's 45 (45-49)			Checked	
M159	Larry	Lui	Men's 35 (35-39)	Checked			Checked
M160	Siu Chun Joe	Lui	Men's Open (18-34)			Checked	
M161	MARCO	LUK	Men's Open (18-34)	Checked	Checked	Checked	Checked
M162	Nirvan	Lulla	Men's Junior 17 (16-17)	Checked		Checked	Checked
M163	Nicolas	Luvisutto	Men's Junior 13 (12-13)	Checked	Checked	Checked	Checked
M164	Shaun	Madigan	Men's Open (18-34)	Checked	Checked	Checked	Checked
M165	Theodore	Mag	Men's Junior 15 (14-15)	Checked	Checked	Checked	
M166	Chun Yin	Mak	Men's 40 (40-44)	Checked	Checked	Checked	Checked
M167	Rafe	Man	Men's Junior 15 (14-15)	Checked	Checked	Checked	Checked
M168	Tim	Marchant	Men's 45 (45-49)	Checked	Checked	Checked	Checked
M169	Jean-Baptiste	Martenet	Men's 35 (35-39)	Checked	Checked	Checked	Checked
M170	David	McCarey	Men's Open (18-34)	Checked	Checked	Checked	Checked
M171	Joe	McDevitt	Men's 35 (35-39)	Checked	Checked	Checked	Checked
M172	Thomas	McGillycuddy	Men's 35 (35-39)	Checked	Checked	Checked	
M173	Mark	McMillan	Men's 35 (35-39)	Checked	Checked	Checked	Checked
M174	FRANK	MCNAMARA	Men's 65 (65-69)	Checked	Checked	Checked	Checked
M175	Tadhg	Meaney	Men's 50 (50-54)	Checked	Checked	Checked	Checked
M176	Ross	MILBURN	Men's 75 (75-79)	Checked	Checked	Checked	Checked
M177	Richard	Morgan	Men's 55 (55-59)			Checked	Checked
M178	Fouad	Mouadine	Men's Open (18-34)	Checked	Checked	Checked	Checked
M179	Victor	Mui	Men's 35 (35-39)				Checked
M180	Alex	Murchie	Men's 45 (45-49)	Checked	Checked	Checked	Checked
M181	Finlay	Murchie	Men's Junior 13 (12-13)	Checked	Checked	Checked	Checked
M182	Tin sang	Nam	Men's 50 (50-54)	Checked			
M183	TERENCE	NG	Men's Open (18-34)	Checked	Checked	Checked	Checked
M184	Shing Hang	Ngan	Men's Junior 17 (16-17)	Checked	Checked	Checked	Checked
M185	Andrew	Nunn	Men's 35 (35-39)	Checked	Checked	Checked	
M186	Manuel	Olmedo	Men's 50 (50-54)	Checked	Checked	Checked	Checked
M187	Chung Keung	Pang	Men's 35 (35-39)	Checked	Checked	Checked	Checked
M188	Raymond Yuen Hung	Pang	Men's 40 (40-44)	Checked		Checked	
M189	Mark	Pavey	Men's 40 (40-44)	Checked	Checked	Checked	Checked
M190	Chris	Peratides	Men's 45 (45-49)	Checked	Checked	Checked	Checked
M191	Nick	Phillips	Men's 45 (45-49)	Checked	Checked	Checked	Checked
M192	THOMAS	PHILLIPSON	Men's 45 (45-49)	Checked	Checked	Checked	Checked
M193	Frank	Pilkington	Men's 75 (75-79)	Checked	Checked	Checked	Checked
M194	Cheung wah	Pok	Men's 60 (60-64)	Checked	Checked	Checked	Checked
M195	Tamas	Pollich	Men's 35 (35-39)	Checked			Checked
M196	Daniel	PONG	Men's 50 (50-54)	Checked	Checked		Checked
M197	WING KIT	POON	Men's 55 (55-59)			Checked	
M198	Antonio	Postacchini	Men's 55 (55-59)		Checked	Checked	Checked
M199	Alfred	Pow	Men's 35 (35-39)			Checked	Checked
M200	Hunter	Purvis	Men's Open (18-34)		Checked	Checked	

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Bib	First Name	Last Name	Category	Race 1	Race 2	Race 3	Race 4
M201	Hugh	Pye	Men's 60 (60-64)	Checked			
M202	Paul	Raben-Christensen	Men's 45 (45-49)	Checked	Checked	Checked	Checked
M203	Rajeev	Ranjan	Men's 40 (40-44)		Checked		Checked
M204	Jean-Francois	Raymond	Men's 45 (45-49)	Checked	Checked	Checked	Checked
M205	Scott	Reed	Men's 40 (40-44)	Checked	Checked	Checked	Checked
M206	Mark	Reeves	Men's 55 (55-59)		Checked	Checked	Checked
M207	Frank	Riehm	Men's 40 (40-44)	Checked	Checked	Checked	Checked
M208	Erik	Robertsson	Men's Junior 17 (16-17)	Checked	Checked	Checked	Checked
M209	Luke	Rowland	Men's Open (18-34)	Checked	Checked	Checked	Checked
M210	David	Russell	Men's 50 (50-54)	Checked	Checked	Checked	Checked
M211	Mark	Russell	Men's Junior 17 (16-17)	Checked	Checked	Checked	Checked
M212	William	Russell	Men's Open (18-34)	Checked	Checked	Checked	Checked
M213	Edward	Sadler	Men's Open (18-34)	Checked	Checked	Checked	Checked
M214	Jose	Sandoval	Men's 40 (40-44)	Checked	Checked	Checked	Checked
M215	Rodney	Sargeant	Men's 40 (40-44)	Checked		Checked	
M216	Kayan	Sayeed	Men's Junior 17 (16-17)	Checked	Checked	Checked	Checked
M217	Gianpaolo	Sbuttoni	Men's 40 (40-44)	Checked	Checked	Checked	Checked
M218	Michael	Schiffer	Men's 35 (35-39)	Checked			
M219	Andrew	Scott	Men's 45 (45-49)		Checked		
M220	Lachlan	Scott	Men's Junior 13 (12-13)		Checked		
M221	Stuardo	Sinibaldi	Men's 45 (45-49)	Checked	Checked	Checked	Checked
M222	Anton	So	Men's 35 (35-39)	Checked	Checked	Checked	Checked
M223	Yip Sing	So	Men's 80+ (80 and above)		Checked	Checked	Checked
M224	Jan	Souleyman	Men's 45 (45-49)	Checked	Checked	Checked	Checked
M225	Anthony	Steains	Men's 50 (50-54)	Checked	Checked	Checked	Checked
M226	Clancy	Steains	Men's Junior 17 (16-17)	Checked	Checked	Checked	Checked
M227	Tsung Ping	Sung	Men's 45 (45-49)	Checked	Checked	Checked	Checked
M228	Seung Kun	Tai	Men's 60 (60-64)	Checked	Checked	Checked	Checked
M229	Steve	Teng	Men's Open (18-34)	Checked	Checked	Checked	Checked
M230	Guy	Thomas	Men's 50 (50-54)	Checked	Checked	Checked	Checked
M231	Michael	Thurbon	Men's Open (18-34)	Checked	Checked	Checked	Checked
M232	Hin Wai	TO	Men's 35 (35-39)	Checked	Checked	Checked	Checked
M233	KA FAI	TSUI	Men's 50 (50-54)	Checked	Checked	Checked	Checked
M234	Pang	TszYin	Men's Junior 15 (14-15)		Checked		
M235	MO Forhad	Ullah	Men's 50 (50-54)	Checked	Checked	Checked	Checked
M236	Israel	Valcarcel	Men's 45 (45-49)	Checked			
M237	Vasco	van der Flier	Men's 35 (35-39)	Checked	Checked	Checked	Checked
M238	Jules	Van Remoortere	Men's Junior 13 (12-13)		Checked	Checked	Checked
M239	Andre	Varella	Men's 55 (55-59)	Checked	Checked		
M240	Rowan	Varty	Men's Open (18-34)	Checked	Checked	Checked	
M241	DAVID HC	WAN	Men's 50 (50-54)				Checked
M242	Mike	Watson	Men's 45 (45-49)	Checked		Checked	Checked
M243	Tyler	Wendleken	Men's 40 (40-44)	Checked	Checked	Checked	Checked
M244	Michael	WILLIAMS	Men's 45 (45-49)	Checked	Checked	Checked	Checked
M245	Iain	Williamson	Men's 45 (45-49)	Checked	Checked	Checked	Checked
M246	Rohan	Williamson	Men's Junior 15 (14-15)	Checked	Checked	Checked	Checked
M247	Steve	Willmott	Men's 45 (45-49)			Checked	
M248	Cheung Pui	Wong	Men's Open (18-34)	Checked	Checked	Checked	Checked
M249	Chun Keung	Wong	Men's 50 (50-54)	Checked	Checked	Checked	Checked
M250	David Ho	Wong	Men's Open (18-34)			Checked	

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Bib	First Name	Last Name	Category	Race 1	Race 2	Race 3	Race 4
M251	Joseph	Wong	Men's 40 (40-44)	Checked	Checked	Checked	Checked
M252	KA WING	WONG	Men's Open (18-34)	Checked	Checked	Checked	Checked
M253	KAI LOK	WONG	Men's Open (18-34)	Checked	Checked	Checked	Checked
M254	Kam chuen	WONG	Men's 60 (60-64)	Checked	Checked		Checked
M255	King Hin	Wong	Men's Junior 15 (14-15)		Checked		
M256	Lawrence	Wong	Men's 35 (35-39)	Checked	Checked	Checked	Checked
M257	Gump	Wong Yuk Hei	Men's 35 (35-39)	Checked	Checked	Checked	Checked
M258	David	Woo	Men's 35 (35-39)		Checked	Checked	
M259	Adrian	Worth	Men's 35 (35-39)	Checked			
M260	Yang	Wu	Men's Open (18-34)	Checked	Checked	Checked	Checked
M261	Thomas	Xia	Men's 35 (35-39)			Checked	
M262	Chi Hung	Yan	Men's 55 (55-59)	Checked	Checked	Checked	Checked
M263	Shing fung	Yan	Men's Open (18-34)	Checked	Checked	Checked	Checked
M264	BUN	YEUNG	Men's 35 (35-39)	Checked	Checked	Checked	Checked
M265	HIN CHUN	YEUNG	Men's Open (18-34)	Checked	Checked	Checked	Checked
M266	KA FAT	YIM	Men's 60 (60-64)			Checked	
M267	Steven	Yip	Men's 45 (45-49)			Checked	
M268	Tsz Hin Sean	Yip	Men's Junior 13 (12-13)	Checked	Checked	Checked	Checked
M269	Vor	YIU	Men's 45 (45-49)	Checked	Checked	Checked	Checked
M270	Ivan	Young	Men's 65 (65-69)	Checked			
M271	John	Yow	Men's 55 (55-59)	Checked	Checked	Checked	Checked
M272	Albert	Yu	Men's 45 (45-49)	Checked	Checked	Checked	Checked
M273	HANG	YU	Men's 40 (40-44)			Checked	Checked
M274	Jacob	Yu	Men's Junior 15 (14-15)			Checked	
M275	Jeffrey	Yu	Men's Open (18-34)			Checked	
M276	Leung Sum	Yu	Men's 60 (60-64)	Checked	Checked	Checked	Checked
M277	Patrick	Yu	Men's 60 (60-64)			Checked	
M278	Raymond Chi Shing	Yung	Men's 55 (55-59)	Checked	Checked	Checked	Checked
M279	Alan	Zagury	Men's 40 (40-44)			Checked	
M280	Edward	Zelazny	Men's Open (18-34)		Checked		
M281	Samuel James	Challenor	Men's Open (18-34)	Checked			
M282	Wai Hin	Lau	Ladies' Open (18-34)	Checked			
M283	Yiu Ming	Lau	Men's 55 (55-59)				Checked
M284	Hayden	Bailey	Men's Junior 15 (14-15)	Checked	Checked	Checked	Checked
M285	Filobatir	Filobatir	Men's Junior 17 (16-17)	Checked	Checked	Checked	Checked
M286	Idle	Idle	Men's Open (18-34)	Checked	Checked	Checked	Checked
M287	Moke	Moke	Men's 40 (40-44)	Checked	Checked	Checked	Checked
M288	Yirga	Yirga	Men's 35 (35-39)	Checked	Checked	Checked	Checked
M289	Yared	Yared	Men's Open (18-34)	Checked	Checked	Checked	Checked
M290	Ansu	Ansu	Men's Open (18-34)	Checked	Checked	Checked	Checked
M291	Mustafa	Mustafa	Men's Open (18-34)	Checked	Checked	Checked	Checked
M292	Fabrice	Fabrice	Men's 35 (35-39)	Checked	Checked	Checked	Checked
M293	Mohammed	Mohammed	Men's Open (18-34)	Checked	Checked	Checked	Checked
M294	Brice	Brice	Men's 35 (35-39)	Checked	Checked	Checked	Checked
M295	Johnathan	Birkett	Men's Open (18-34)	Checked			
M296	Sarthak	Gupta	Men's Open (18-34)	Checked			
M297	Warren	Warner	Men's 45 (45-49)	Checked	Checked	Checked	
M298	Ethan	Warner	Men's Junior 17 (16-17)	Checked	Checked	Checked	Checked
M299	Hyunsoo	Jin	Men's Open (18-34)				
M300	Guy	Thomas	Men's 50 (50-54)		checked	checked	checked

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Bib	First Name	Last Name	Category	Race 1	Race 2	Race 3	Race 4
M301	Jon	Redding	Men's 45 (45-49)			checked	
M302	David	Behr	Men's 40 (40-44)				checked
M303	Shun	Leung	Men's Junior 17 (16-17)		checked		
M304	Gary	Hotchkiss	Men's 55 (55-59)		checked		
M305	Boet	van den Heuvel	Men's Junior 17 (16-17)		checked		
M306	Michael	Lattimore	Men's Open (18-34)				checked
M307	Hanson	Chiu	Men's Open (18-34)			checked	
M308	Peter	Kunz	Men's 45 (45-49)			checked	checked
M309	Troy	de Hass	Men's 40 (40-44)		checked		
M310	Derek	Crane	Men's 45 (45-49)		checked	checked	checked
M311	Shai	Joory	Men's 35 (35-39)			checked	
M312	John	Fowler	Men's 80+ (80 and above)		checked	checked	
M313	Miguel	Tan	Men's Open (18-34)		checked	checked	checked
M314	Kayan	Malkani	Men's Junior 15 (14-15)		checked	checked	Checked
M315	Philip	Yeung	Men's 40 (40-44)			checked	
M316	Chi Wa Eric	Lee	Men's 55 (55-59)			checked	
M317	Douglas	Fang	Men's 45 (45-49)		checked		
M318	Tim	Smart	Men's 45 (45-49)		checked		
M319	Craig	Downie	Men's 55 (55-59)			checked	
M320	Wai Tak	Yu	Men's 40 (40-44)			checked	
M321	Lion	Lau	Men's 40 (40-44)			checked	
M322	WANG HOI	IP	Men's 40 (40-44)			checked	
M323	Stephen	Ng	Men's 40 (40-44)			checked	
M324	CHEUNG SHING	LAM	Men's 40 (40-44)			checked	
M325	Bater	Alexander	Men's Junior 13 (12-13)		checked		
M326	Nathan	Eilers	Men's Junior 17 (16-17)		checked		
M327	ANTONY	PRINGLE	Men's 50 (50-54)			checked	checked
M328	Nam Tin Sang	☐天生	Men's 50 (50-54)		checked		
M329	Ching Hin	Lo	Men's Open (18-34)		checked	checked	checked
M330	Mark	Loasby	Men's 65 (65-69)		checked	checked	checked
M331	Fred	Gao	Men's 35 (35-39)			checked	
M332	Stefan	Lecher	Men's 50 (50-54)		checked	checked	
M333	Charles	Allard	Men's 55 (55-59)		checked	checked	Checked
M334	Scott	Burton	Men's 50 (50-54)		checked	checked	checked
M335	Max	Hewson	Men's Open (18-34)		checked	checked	checked
W001	Priscilla	Adams	Ladies' 35 (35-39)	Checked	Checked	Checked	Checked
W002	Rebecca	Alexander	Ladies' Open (18-34)	Checked	Checked		Checked
W003	Susan	Alexandre	Ladies' 50 (50-54)			Checked	Checked
W004	Asuka	Asakura	Ladies' 40 (40-44)	Checked	Checked	Checked	Checked
W005	Hannah	Bainbridge	Ladies' 35 (35-39)			Checked	Checked
W006	Bernadette	Baje	Ladies' 35 (35-39)	Checked	Checked	Checked	Checked
W007	Laura	Bell	Ladies' 35 (35-39)			Checked	Checked
W008	Victoire	Beylier	Ladies' Junior 15 (14-15)		Checked	Checked	Checked
W009	Annie	Birch	Ladies' Open (18-34)	Checked	Checked		Checked
W010	Jane	Bond	Ladies' Open (18-34)	Checked			Checked
W011	Holly	Booth	Ladies' Open (18-34)	Checked	Checked	Checked	Checked
W012	Viktoriya	Buck	Ladies' 45 (45-49)	Checked	Checked	Checked	Checked
W013	Janine	Canham	Ladies' 50 (50-54)	Checked	Checked	Checked	Checked
W014	Eva Carolina	Carlstedt	Ladies' 35 (35-39)		Checked		Checked
W015	Kara	Casey	Ladies' Junior 17 (16-17)	Checked	Checked	Checked	Checked

AVOHK 5k Series 2019 - Entry List

Bib	First Name	Last Name	Category	Race 1	Race 2	Race 3	Race 4
W016	Scarlett	Casey	Ladies' Junior 15 (14-15)	Checked	Checked	Checked	Checked
W017	Fiona	Cawthorne	Ladies' 40 (40-44)	Checked	Checked	Checked	Checked
W018	Catherine	Cee	Ladies' Open (18-34)	Checked	Checked	Checked	Checked
W019	Eugenia	Chan	Ladies' Open (18-34)	Checked	Checked	Checked	Checked
W020	Hui Yan Sharon	Chan	Ladies' Open (18-34)	Checked			
W021	Hoi Tung	Chan	Ladies' Open (18-34)	Checked	Checked	Checked	Checked
W022	Patricia	Chan	Ladies' 40 (40-44)	Checked	Checked	Checked	Checked
W023	Shuk Chu	Chan	Ladies' 45 (45-49)	Checked	Checked	Checked	Checked
W024	Tasha	Cheong	Ladies' Open (18-34)	Checked	Checked	Checked	
W025	Charlotte	Cheung	Ladies' Open (18-34)	Checked			
W026	Pui Ling Pauline	Cheung	Ladies' 40 (40-44)	Checked	Checked	Checked	Checked
W027	Oi Li	Chiu	Ladies' 50 (50-54)	Checked			
W028	Wai Ching Michelle	Cho	Ladies' 55 (55-59)	Checked	Checked	Checked	Checked
W029	Hoi Yi	Choi	Ladies' Junior 17 (16-17)		Checked		
W030	Loretta	Choi	Ladies' 45 (45-49)			Checked	
W031	Kit Bing	CHOW	Ladies' 65 (65-69)	Checked			
W032	Nicole	Chui	Ladies' Open (18-34)	Checked	Checked	Checked	Checked
W033	Ka Lam	Chung	Ladies' Junior 17 (16-17)		Checked		
W034	Cherry	Clara	Ladies' 45 (45-49)	Checked			
W035	Audrey	Corno	Ladies' Junior 17 (16-17)			Checked	
W036	Amandine	COURRET	Ladies' 45 (45-49)		Checked	Checked	Checked
W037	Pauline	COURRET	Ladies' Junior 15 (14-15)		Checked	Checked	Checked
W038	Charlotte	Cutler	Ladies' 45 (45-49)	Checked	Checked	Checked	Checked
W039	Magdalena	Cvetkovic	Ladies' 35 (35-39)	Checked	Checked		
W040	Elizabeth	Davies	Ladies' 35 (35-39)	Checked		Checked	Checked
W041	Marly Fatima	De Ramos Guerra	Ladies' 40 (40-44)	Checked	Checked	Checked	Checked
W042	Sarah	Dickinson	Ladies' 40 (40-44)	Checked	Checked	Checked	Checked
W043	HIU CHING	FAN	Ladies' Junior 17 (16-17)	Checked	Checked	Checked	Checked
W044	YUK Mui	Fang	Ladies' 40 (40-44)	Checked	Checked	Checked	Checked
W045	Andrea	Fletcher	Ladies' 45 (45-49)	Checked	Checked	Checked	Checked
W046	Louise	Fung	Ladies' Open (18-34)	Checked	Checked	Checked	Checked
W047	Pui Yan Naomi	Fung	Ladies' Open (18-34)	Checked	Checked		
W048	Petrona	Galicia	Ladies' 50 (50-54)	Checked	Checked	Checked	Checked
W049	Cindy	Geskin	Ladies' 45 (45-49)	Checked	Checked	Checked	
W050	Jessica	Gilbert	Ladies' Open (18-34)	Checked			
W051	Nicole	Go	Ladies' Open (18-34)	Checked			Checked
W052	Virginie	Goethals	Ladies' 40 (40-44)	Checked	Checked	Checked	Checked
W053	Belinda	Greer	Ladies' 55 (55-59)	Checked	Checked	Checked	Checked
W054	Maggie	Gumbley	Ladies' 40 (40-44)	Checked	Checked	Checked	Checked
W055	Debbie	Hanley	Ladies' 35 (35-39)	Checked	Checked	Checked	Checked
W056	Makiko	Harunari	Ladies' 35 (35-39)			Checked	
W057	Penelope	Heath	Ladies' 40 (40-44)	Checked	Checked	Checked	Checked
W058	Lisa	Henderson	Ladies' Open (18-34)			Checked	
W059	Rosanna	Herrera	Ladies' Open (18-34)			Checked	
W060	Helen	Ho	Ladies' 55 (55-59)	Checked	Checked		Checked
W061	Kar Ying Karen	Hung	Ladies' 45 (45-49)	Checked	Checked	Checked	Checked
W062	Claire	Hunter	Ladies' Open (18-34)		Checked	Checked	Checked
W063	Cicilia	Indrayani	Ladies' Open (18-34)	Checked	Checked	Checked	Checked
W064	Lauren	James	Ladies' Open (18-34)	Checked	Checked	Checked	Checked
W065	Emmie	Javero Pineda	Ladies' 35 (35-39)	Checked	Checked	Checked	Checked

AVOHK 5k Series 2019 - Entry List

Bib	First Name	Last Name	Category	Race 1	Race 2	Race 3	Race 4
W066	Caitriona	Jennings	Ladies' 35 (35-39)	Checked	Checked	Checked	Checked
W067	Pik Ki Suki	Ka	Ladies' Open (18-34)	Checked	Checked	Checked	Checked
W068	Hay	Kam	Ladies' 35 (35-39)	Checked	Checked		
W069	Angelina	Kong	Ladies' 50 (50-54)	Checked	Checked	Checked	Checked
W070	MAN TING	KWAN	Ladies' Open (18-34)	Checked	Checked	Checked	Checked
W071	NATALIE	KWAN	Ladies' Open (18-34)	Checked	Checked	Checked	Checked
W072	Chu	Kwan Yau Janice	Ladies' 50 (50-54)	Checked	Checked	Checked	Checked
W073	WAI YIN	LAM	Ladies' 40 (40-44)			Checked	
W074	YUET MING	LAM	Ladies' 60 (60-64)	Checked			
W075	Fong Ting Edelweiss	Lau	Ladies' Junior 17 (16-17)	Checked			
W076	Shuk Yi Angela	Lau	Ladies' 40 (40-44)	Checked	Checked	Checked	Checked
W077	Yuk Seung	Law	Ladies' 60 (60-64)	Checked	Checked	Checked	Checked
W078	Romina	Lecher	Ladies' Junior 13 (12-13)	Checked	Checked	Checked	Checked
W079	Fung Ming Angela	Leung	Ladies' 60 (60-64)		Checked	Checked	Checked
W080	Helen	Leung	Ladies' 50 (50-54)	Checked	Checked	Checked	Checked
W081	Queency	Leung	Ladies' 45 (45-49)	Checked	Checked	Checked	Checked
W082	Stephanie	Leung	Ladies' 35 (35-39)	Checked	Checked	Checked	Checked
W083	Joyce	Li	Ladies' 40 (40-44)	Checked	Checked	Checked	Checked
W084	Abbie Wing Sum	Lo	Ladies' Junior 17 (16-17)	Checked			
W085	Amy	Long	Ladies' Open (18-34)	Checked	Checked	Checked	Checked
W086	Margaux	Luvisutto	Ladies' Junior 13 (12-13)	Checked	Checked	Checked	Checked
W087	Sonia	Magana	Ladies' 40 (40-44)		Checked		Checked
W088	Lila	Man	Ladies' Junior 13 (12-13)	Checked	Checked	Checked	Checked
W089	Kirti	Manian	Ladies' 35 (35-39)	Checked	Checked	Checked	Checked
W090	Laura	McHale	Ladies' 45 (45-49)	Checked	Checked		Checked
W091	Belinda	McLaughlin	Ladies' 45 (45-49)	Checked	Checked	Checked	Checked
W092	Yvonne	McMahon	Ladies' 45 (45-49)	Checked	Checked	Checked	Checked
W093	Zoe	Metais	Ladies' Junior 15 (14-15)		Checked	Checked	Checked
W094	Karen	Mitchell-Sandoval	Ladies' 50 (50-54)	Checked	Checked	Checked	Checked
W095	Amy	Mumford	Ladies' 40 (40-44)	Checked	Checked	Checked	Checked
W096	Ngo Yin	Ng	Ladies' Junior 17 (16-17)	Checked	Checked	Checked	Checked
W097	Teresa	Ng	Ladies' 50 (50-54)	Checked	Checked	Checked	Checked
W098	YU YAN	NG	Ladies' Open (18-34)	Checked	Checked	Checked	Checked
W099	Jamie	Nunn	Ladies' 35 (35-39)	Checked		Checked	
W100	Lisa	Okkonen	Ladies' 45 (45-49)	Checked	Checked	Checked	Checked
W101	Claire	O'Neill	Ladies' 45 (45-49)	Checked	Checked	Checked	Checked
W102	Tara	Perrin	Ladies' 40 (40-44)	Checked	Checked	Checked	Checked
W103	Alice	Philipson	Ladies' Open (18-34)	Checked	Checked	Checked	Checked
W104	Ella	Phillips	Ladies' Junior 15 (14-15)	Checked	Checked	Checked	Checked
W105	Olivia	Phillips	Ladies' Junior 13 (12-13)	Checked	Checked	Checked	Checked
W106	Stephanie	Poelman	Ladies' 35 (35-39)	Checked			Checked
W107	Ollyvia	Postacchini	Ladies' 45 (45-49)		Checked	Checked	Checked
W108	Sheila	Purves	Ladies' 60 (60-64)	Checked			
W109	Megan	Richardson	Ladies' Open (18-34)	Checked	Checked	Checked	
W110	Mariela	Russell	Ladies' 50 (50-54)	Checked	Checked	Checked	Checked
W111	Elizabeth Mai	Schroder	Ladies' Open (18-34)	Checked		Checked	
W112	Lily	Sheary	Ladies' Junior 15 (14-15)	Checked	Checked		
W113	Louise	Sheerin	Ladies' 45 (45-49)	Checked	Checked	Checked	Checked
W114	Carmen Kai Men	Shek	Ladies' Open (18-34)			Checked	
W115	Joanne	Sin	Ladies' 45 (45-49)	Checked	Checked	Checked	Checked

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Bib	First Name	Last Name	Category	Race 1	Race 2	Race 3	Race 4
W116	Linda	Soo	Ladies' 35 (35-39)	Checked	Checked	Checked	Checked
W117	Rachel	Sproston	Ladies' 45 (45-49)	Checked	Checked	Checked	Checked
W118	Indya Grace	Steains	Ladies' Open (18-34)	Checked	Checked	Checked	Checked
W119	Petrina Anne	Steains	Ladies' 45 (45-49)	Checked	Checked	Checked	Checked
W120	Camilla	Stewart	Ladies' Open (18-34)	Checked			
W121	Anastasia	Stitch	Ladies' Open (18-34)	Checked		Checked	
W122	Emily	Tan	Ladies' 55 (55-59)	Checked	Checked	Checked	Checked
W123	Viola	To	Ladies' 55 (55-59)	Checked	Checked	Checked	Checked
W124	Ada	Tse	Ladies' 55 (55-59)	Checked	Checked	Checked	Checked
W125	Jessica	Valdez	Ladies' 35 (35-39)		Checked		Checked
W126	Jessica	Varty	Ladies' Open (18-34)	Checked	Checked	Checked	
W127	Nicola	Wang	Ladies' Open (18-34)	Checked	Checked	Checked	Checked
W128	Sparrow	Way	Ladies' 45 (45-49)			Checked	Checked
W129	Madeline	White	Ladies' Open (18-34)	Checked	Checked		
W130	Chloe	Whittington	Ladies' Junior 15 (14-15)	Checked	Checked	Checked	Checked
W131	Josephine	Williamson	Ladies' 45 (45-49)			Checked	Checked
W132	Carolyn	Wingard-Robertsson	Ladies' 55 (55-59)	Checked	Checked	Checked	Checked
W133	Anne	Wingfield	Ladies' 45 (45-49)	Checked	Checked	Checked	Checked
W134	Cecilia	Wong	Ladies' 50 (50-54)	Checked	Checked	Checked	Checked
W135	Kalai	Wong	Ladies' 50 (50-54)			Checked	
W136	Molly	Worthington	Ladies' Junior 15 (14-15)	Checked	Checked	Checked	Checked
W137	Ho Yung	Wu	Ladies' Junior 17 (16-17)	Checked	Checked	Checked	Checked
W138	Shirley	Wu	Ladies' 50 (50-54)	Checked		Checked	
W139	Winnie	Yang	Ladies' 45 (45-49)	Checked	Checked	Checked	Checked
W140	Ching	Yeung	Ladies' Junior 17 (16-17)	Checked			
W141	SZE MAN	YEUNG	Ladies' 35 (35-39)	Checked	Checked	Checked	Checked
W142	Nam	YIU	Ladies' Junior 15 (14-15)	Checked	Checked	Checked	Checked
W143	Tanya	Young	Ladies' 40 (40-44)	Checked	Checked		
W144	Ariel	Yu	Ladies' Junior 13 (12-13)				Checked
W145	Michelle	Yuen	Ladies' 45 (45-49)	Checked	Checked	Checked	Checked
W146	Wing Hei	Yuen	Ladies' Junior 15 (14-15)	Checked	Checked	Checked	Checked
W147	Jessica	Yung	Ladies' Open (18-34)			Checked	
W148	Li	Zeng	Ladies' Open (18-34)	Checked	Checked	Checked	Checked
W149	Amy	Zhou	Ladies' Junior 17 (16-17)	Checked			
W150	Chao Hau	Lin	Ladies' Open (18-34)	Checked			
W151	Siu Miu Margaret	Chui	Ladies' 50 (50-54)	Checked	Checked	Checked	Checked
W152	Wing Hin	Lau	Ladies' Junior 17 (16-17)		Checked		
W153	Sue	Mulley	Ladies' 55 (55-59)	Checked	Checked	Checked	Checked
W154	Chamila	Chamila	Ladies' 40 (40-44)	Checked	Checked	Checked	Checked
W155	Eliane	Eliane	Ladies' 50 (50-54)	Checked	Checked	Checked	Checked
W156	Josephine	Josephine	Ladies' 40 (40-44)	Checked	Checked	Checked	Checked
W157	Priscilla	Priscilla	Ladies' 45 (45-49)	Checked	Checked	Checked	Checked
W158	Samanthi	Samanthi	Ladies' 40 (40-44)	Checked	Checked	Checked	Checked
W159	Naima	Naima	Ladies' Open (18-34)	Checked	Checked	Checked	Checked
W160	Evelyn	Flower	Ladies' 65 (65-69)	Checked	Checked	Checked	
W161	Wendy	Lee	Ladies' 50 (50-54)		checked	checked	
W162	Gemma	Fisk	Ladies' Open (18-34)		checked	checked	
W163	Kellie	Irwin	Ladies' 45 (45-49)		checked	checked	Checked
W164	Wing Kam	Ho	Ladies' 55 (55-59)		checked	checked	
W165	Issy	Lyons	Ladies' Junior 17 (16-17)		checked		checked

