

AVOHK 5k Series 2013 Series Results

Rank	Name	Bib	Cat	Race1	Race2	Race3	Race4	Point
1	KAILA PASCERI	W077	L13	100	99	0	99	298
2	INDYA STEAINS	W078	L13	99	98	99	98	296
3	HEI TUNG LEUNG	W079	L13	0	97	98	97	292
0	SHREYA RANE	W080	L13	0	100	100	0	0
0	JENNY JONES	W161	L13	0	0	0	100	0
1	CHLOE MARTIN	W087	L15	100	0	100	100	300
2	ISABELLA STEAINS	W082	L15	99	100	99	99	298
3	STEPHANIE HOLLOWAY	W081	L15	98	99	98	0	295
0	BEATRIX MAN KAY LEE	W083	L15	0	0	97	98	0
0	ANNABELLE BURTON	W084	L15	96	0	0	0	0
0	JENNIFER CHU	W085	L15	94	0	0	0	0
0	RACHEL TSE	W086	L15	95	0	0	0	0
0	CHERLY CHOW	W155	L15	97	0	0	0	0
0	MONICA WONG	W088	L17	0	0	0	0	0
0	ALLYSON CHAN	W089	L17	100	0	0	0	0
0	MOMOKO ISHII	W090	L17	0	0	0	0	0
0	SZE CHING LAM	W091	L17	0	100	0	100	0
1	WAI YIN CHEUNG	W130	LO	98	99	96	98	295
2	HOLLY BOOTH	W124	LO	97	98	97	99	294
3	MING SHI WAN	W108	LO	0	96	93	97	286
4	ELLIE PILGRIM	W109	LO	0	94	92	95	281
5	PO YEE FUNG	W100	LO	94	92	90	93	279
6	TAN YIN CHAN	W137	LO	90	93	91	94	278
7	JULIJA FERLAND	W125	LO	93	86	0	92	271
8	MINNIE WAT	W169	LO	86	90	88	88	266
9	RENEE CONKLIN	W101	LO	89	89	87	0	265
10	MING WAI LAU	W129	LO	91	80	0	89	260
11	PRIMA TING	W139	LO	0	81	86	91	258
12	ON KI LO	W096	LO	82	0	84	90	256
13	CHEUK KI CORA LINH	W110	LO	84	0	85	86	255
14	NICOLE OOI	W094	LO	77	0	83	87	247
15	CAROL KEI	W098	LO	79	83	0	85	247
16	YIN LING LAM	W136	LO	78	78	80	83	241
17	TSZ YIN QUEENIE LAI	W138	LO	81	74	78	82	241
18	JANET KWOK	W115	LO	83	79	79	0	241
0	THERESA TEO	W092	LO	92	0	82	0	0
0	CHI NGAN CHOW	W093	LO	0	0	99	0	0
0	CHRISTINA SJOHOLM	W095	LO	74	0	0	100	0
0	SASHA TORY	W097	LO	100	0	0	0	0
0	JOANNE CHAN	W099	LO	0	0	0	96	0
0	EMMA LI	W102	LO	0	88	0	0	0
0	CHRISTINE RAMDIHAL	W103	LO	0	75	0	0	0
0	GITANJALI ARORA	W104	LO	0	0	0	0	0
0	MONICA YAN	W105	LO	0	0	0	0	0
0	VANNESSA BORGES	W106	LO	0	0	0	0	0
0	CLARE BENNETT	W107	LO	0	0	0	0	0
0	SEGOLENE KRETZ	W111	LO	0	0	98	0	0
0	LEIGH CUMINGS	W112	LO	0	0	0	0	0

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Rank	Name	Bib	Cat	Race1	Race2	Race3	Race4	Point
0	CORALIE THOMSON	W113	LO	0	0	95	0	0
0	CHI LAM KAO	W114	LO	88	0	0	0	0
0	SALOME CHEMLA	W116	LO	0	0	0	0	0
0	HEI YIN KATHERINE TANG	W118	LO	0	0	0	81	0
0	HOI KI WAN	W119	LO	0	0	0	0	0
0	ADRIANNA LEANNE WONG	W120	LO	0	0	0	0	0
0	ELLIE TANG	W121	LO	95	0	0	0	0
0	HOI CHING JANIS LAI	W122	LO	80	0	0	0	0
0	JANE RICHARDS	W126	LO	0	0	0	0	0
0	WAI SHAN LO	W127	LO	0	82	0	0	0
0	LAURA WILLIAMS	W128	LO	0	97	94	0	0
0	JESSICA ASKIN	W131	LO	87	0	0	0	0
0	ELBY TSUI	W132	LO	0	0	0	0	0
0	IRENE POON	W133	LO	0	0	0	0	0
0	PHILIPPINE MATTOU	W134	LO	75	0	0	0	0
0	EMELINE SANDT	W135	LO	76	0	0	0	0
0	TUNG HUNG KONG	W141	LO	0	76	0	0	0
0	PO WAH CHAN	W142	LO	0	77	0	0	0
0	XIN YEE TSUI	W143	LO	96	0	0	0	0
0	WING SUM WONG	W144	LO	0	0	0	80	0
0	IMOGEN SIMMONDS	W157	LO	99	0	0	0	0
0	KA MING CHOW	W163	LO	0	91	0	0	0
0	ON YI FUNG	W164	LO	0	87	0	0	0
0	HIU NGA ANGELA CHENG	W165	LO	0	85	0	0	0
0	CHAU WA LAM	W166	LO	0	84	0	0	0
0	CHING HAN NG	W167	LO	0	95	0	0	0
0	CLAIRE CHAPMAN	W168	LO	0	100	100	0	0
0	MAFALDA OLIVEIRA	W171	LO	85	0	89	0	0
0	SARA TROUGHTON	W172	LO	0	0	81	84	0
1	ANN CHENG-ECHEVARRIA	W001	L35	99	100	0	100	299
2	MELANIE CAMERON	W002	L35	98	0	100	99	297
3	SZE YING JENNIFER CHEUNG	W170	L35	97	0	98	98	293
4	WAI MAN CHAN	W005	L35	93	0	97	95	285
0	VICKY LAU	W003	L35	94	0	0	96	0
0	KOON LAI FONG	W004	L35	0	0	0	0	0
0	WING MAN LO	W006	L35	0	0	0	0	0
0	HOI YAN JEN LAU	W007	L35	0	97	0	97	0
0	YENDI FONG	W008	L35	0	0	0	0	0
0	MEI FONG CHONG	W009	L35	0	95	0	0	0
0	TANIA YUENKEI LAU	W010	L35	0	96	0	0	0
0	CHARLIE MIRFIN	W011	L35	0	0	0	0	0
0	DEBBIE HANLEY	W012	L35	0	99	99	0	0
0	CRIS DELACRUZ	W013	L35	92	0	0	0	0
0	BERNARDITTA NOSIL	W014	L35	96	0	0	0	0
0	HULDA THOREY	W016	L35	95	0	0	0	0
0	HIU LAI RENEE CHUNG	W145	L35	0	0	0	0	0
0	MICHELLE LOWRY	W158	L35	100	0	0	0	0
0	LEE YUNG CHEUNG	W162	L35	0	98	0	0	0

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Rank	Name	Bib	Cat	Race1	Race2	Race3	Race4	Point
1	ISOBEL BARRY	W032	L40	0	98	100	100	298
2	WINNIE TSANG	W026	L40	98	100	99	99	298
3	PETRINA STEAINS	W035	L40	97	99	98	98	295
4	CATHERINE SUN	W036	L40	94	97	95	0	286
5	SAU LIN WINNIE MOK	W027	L40	0	96	94	93	283
6	LILIAN LEUNG	W024	L40	96	0	97	90	283
7	MOTOMI AOSHIMA	W039	L40	92	94	93	91	279
8	OLIVIA CHAN	W021	L40	89	93	92	92	277
9	YUK CHING LAI	W147	L40	86	89	0	95	270
10	碧娜 余	W040	L40	83	88	90	89	267
11	WAI YEE HO	W146	L40	82	87	0	87	256
12	SUK YING LEUNG	W149	L40	81	86	89	0	256
0	RACHEL SPROSTON	W017	L40	100	0	0	0	0
0	KELLIE IRWIN	W018	L40	0	0	0	0	0
0	JACQUELINE WALSH	W019	L40	91	92	0	0	0
0	AYA NOYES	W020	L40	0	0	0	0	0
0	CHARLOTTE CUTLER	W022	L40	99	0	0	0	0
0	PIXIE THORNTON	W023	L40	0	0	0	0	0
0	INA LESTER-SMITH	W025	L40	0	0	0	97	0
0	AMY LAU	W028	L40	93	0	0	94	0
0	WING SAN BETTY LAU	W029	L40	0	0	0	0	0
0	LI YEN LOH	W030	L40	0	0	0	0	0
0	FLORRIE CHENG	W031	L40	0	0	0	0	0
0	PUI WAI CHRISTINE WU	W033	L40	84	0	91	0	0
0	KATE SOMMERVILLE	W034	L40	0	95	96	0	0
0	SPARROW WAY-RUIJS	W037	L40	95	0	0	96	0
0	IDA LAW	W038	L40	0	85	0	0	0
0	ELIZABETH KWONG	W041	L40	88	0	0	0	0
0	LOURDES UMALI	W042	L40	0	0	0	0	0
0	ELSA TANG	W043	L40	85	0	0	0	0
0	VON LEONG	W044	L40	0	0	0	0	0
0	CHING WAH WONG	W045	L40	0	0	0	88	0
0	KRISTRUN LIND	W046	L40	90	90	0	0	0
0	LISA NG	W047	L40	0	0	0	0	0
0	MAYSIE HUI	W148	L40	87	91	0	0	0
1	ANITA FRERES	W054	L45	100	100	100	99	300
2	CANDICE STELLA	W049	L45	99	99	99	0	297
3	DIANA RUTH ORANGE	W159	L45	97	98	97	97	292
4	KA WAI TERESA LAI	W058	L45	94	96	93	96	286
5	KAREN MITCHELL-SANDOVAL	W053	L45	91	97	95	94	286
6	TERESA NG	W052	L45	93	0	94	95	282
0	SHARYN RIDLEY	W048	L45	95	0	96	0	0
0	CAROLYN WINGARD-ROBERTSSON	W050	L45	96	0	0	0	0
0	KATE SPANTON	W051	L45	0	0	0	0	0
0	TRACY TORY	W055	L45	0	0	0	100	0
0	ILARIA GALIMBERTI	W056	L45	92	0	0	0	0
0	CECILIA KA WAI WONG	W057	L45	98	0	0	0	0
0	DILYS LOWE	W059	L45	0	0	0	0	0

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Rank	Name	Bib	Cat	Race1	Race2	Race3	Race4	Point
0	KAREN BUCKLEY	W060	L45	0	0	98	98	0
0	SUE CAMPBELL	W061	L45	0	0	92	0	0
0	MARIA WILLMOTT	W062	L45	0	0	0	0	0
0	MEI CHU CHIU	W150	L45	0	0	0	0	0
0	KIM HAUDENSCHILD	W160	L45	0	0	0	93	0
1	YUEN YEE LEUNG	W063	L50	100	100	100	100	300
2	KWOK LIN KONG	W154	L50	99	99	99	99	297
3	SABINE PAULI	W067	L50	98	98	98	98	294
4	SIU SUM LEUNG	W152	L50	96	96	97	97	290
5	PEK TOU CHONG	W153	L50	95	0	96	96	287
0	EMILY TAN	W064	L50	0	95	0	0	0
0	LAI PEK YOON	W065	L50	0	0	0	0	0
0	CONNIE FONG	W066	L50	0	0	95	95	0
0	NANCY KING	W068	L50	0	97	0	0	0
0	SUKKUEN MA	W151	L50	0	0	0	0	0
0	ANN KINGHAM	W156	L50	97	0	0	0	0
1	KIT FUN, YVONNE WONG	W072	L55	99	100	99	100	299
2	EVELYN LIM	W069	L55	96	99	100	99	298
3	ANNE CAMPBELL	W075	L55	97	98	98	0	293
4	ANJALI HAZARI	W071	L55	95	97	96	0	288
0	ANGELA FUNG MING LEUNG	W070	L55	100	0	0	0	0
0	CHRISTINE THOMAS	W073	L55	0	0	97	98	0
0	MARIA LEE	W074	L55	0	0	95	97	0
0	KIT LING FUNG	W076	L55	98	0	0	0	0
1	MATTHEW TAN	M206	M13	100	100	100	0	300
2	CLAYTON GIBB	M213	M13	99	97	99	99	297
3	KEI FJELDDAHL	M208	M13	97	98	98	100	296
4	ERNEST WONG	M214	M13	96	0	95	98	289
5	CHARLIE STEWART	M210	M13	94	99	96	0	289
6	GIORGIO GALIMBERTI	M211	M13	95	96	97	0	288
0	BENJAMIN CHERRY	M204	M13	0	0	0	0	0
0	OLIVER SPANTON	M205	M13	0	0	0	0	0
0	SEBASTIAN LESTER-SMITH	M207	M13	0	0	0	97	0
0	ANDREW LIM	M209	M13	0	95	0	0	0
0	OSCAR COGGINS	M212	M13	98	0	0	0	0
1	REINY BROWN	M215	M15	100	100	99	100	300
2	CHEUK MAN YANG	M346	M15	99	99	100	98	298
3	MARSHALL TORY	M218	M15	98	0	98	99	295
4	JAMES TAN	M216	M15	96	98	0	97	291
5	PAULI MAX	M220	M15	94	96	95	96	287
0	ADRIAN LIM	M217	M15	0	95	0	0	0
0	WILLIAM HARRISON	M219	M15	95	0	0	0	0
0	MAN HIN NG	M221	M15	0	0	97	0	0
0	WAI LOK PATRICK TANG	M222	M15	0	0	96	0	0
0	YU CHAU WONG	M223	M15	0	0	0	0	0
0	CHIN HEI AUSTIN WONG	M224	M15	0	97	0	0	0
0	EFOO AJIBOLA CHAN	M347	M15	97	0	0	0	0
1	HIDEO HARRY LOASBY	M228	M17	100	99	0	100	299

AVOHK 5k Series 2013 Series Results

Rank	Name	Bib	Cat	Race1	Race2	Race3	Race4	Point
2	DAVID REEVE MADDUX	M225	M17	99	100	100	99	299
3	BRENDAN MALLERY	M227	M17	0	98	99	98	295
4	KWUN WANG CHAN	M385	M17	94	96	97	96	289
5	ERNEST CHING	M230	M17	93	93	96	95	284
0	HENRY WARREN	M226	M17	98	0	0	0	0
0	SAM MITCHELMORE	M229	M17	0	0	0	0	0
0	SEBASTIAN ENGELHART	M231	M17	96	97	0	0	0
0	OLIVER ENGELHART	M232	M17	95	95	0	0	0
0	HO TING CHU	M234	M17	0	94	0	0	0
0	WAI HO CHAN	M235	M17	0	0	0	97	0
0	CHUN HIN YUNG	M236	M17	92	0	95	0	0
0	LAI YIN TRISTAN CHAN	M237	M17	0	0	98	0	0
0	HO NAM WONG	M348	M17	0	0	0	94	0
0	WAI KIN LAM	M349	M17	91	0	0	0	0
0	TSUNHANG MOK	M350	M17	97	0	0	0	0
1	BRENDAN KEAN	M381	MO	99	100	0	99	298
2	THOMAS BOOTH	M293	MO	97	99	100	0	296
3	KAT LAI	M245	MO	95	97	99	98	294
4	YUK TONG LEE	M325	MO	90	96	98	97	291
5	TSZ LEUNG CHAN	M286	MO	96	95	95	96	287
6	RICHARD COWLEY	M241	MO	89	94	0	91	274
7	CHI WENG IAM	M264	MO	0	90	93	89	272
8	WING HUNG CHAN	M240	MO	85	87	91	93	271
9	SIU FUNG CHEUNG	M277	MO	84	85	92	92	269
10	CHRIS DAVIS	M289	MO	87	0	90	90	267
11	KAM PO POON	M273	MO	83	88	89	87	264
12	KIERAN HUMPHREY	M279	MO	82	86	87	88	261
13	ROY KAN	M384	MO	81	84	88	86	258
14	SHUN CHEONG LEUNG	M315	MO	79	83	85	84	252
15	SUNG MING CHAN	M274	MO	51	81	86	83	250
16	DOM CHOW	M340	MO	80	0	82	85	247
17	HOI FUNG CHAN	M316	MO	71	76	81	79	236
18	KA HO LAWRENCE WONG	M268	MO	75	79	0	77	231
19	CHUN-FUNG CHAN	M271	MO	72	70	80	78	230
20	JOHN THOMPSON	M282	MO	0	74	75	75	224
21	LEE DAVIDSON	M243	MO	70	72	76	73	221
22	MICHAEL TAM	M263	MO	73	69	69	76	218
23	WING SHUN VINCENT CHENG	M307	MO	65	75	0	74	214
24	SHEUNG YIN ALVIN LI	M335	MO	68	71	72	0	211
25	YAN HOE LAM	M287	MO	62	0	71	67	200
26	PAUL WOO	M305	MO	0	62	67	70	199
27	SING LONG CHEUNG	M253	MO	43	68	79	51	198
28	KRISHAN MURARI	M272	MO	66	55	68	63	197
29	HOI CHING, KEITH WONG	M327	MO	59	59	65	69	193
30	SING HANG CHEUNG	M278	MO	64	63	63	66	193
31	CHUN WA AU YEUNG	M342	MO	47	0	73	72	192
32	KL CHAN	M331	MO	61	61	58	64	186
33	PO FAI MAK	M390	MO	56	56	60	68	184

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Rank	Name	Bib	Cat	Race1	Race2	Race3	Race4	Point
34	KA KI CHEUNG	M334	MO	58	0	61	65	184
35	NICHOLAS YEUNG	M265	MO	53	60	70	0	183
36	KWOK WAI HO	M252	MO	57	51	59	60	176
37	CHI HO TSANG	M338	MO	50	50	64	61	175
38	CHRISTOPHER HOI WONG	M392	MO	52	0	57	57	166
39	KAI YEUNG YIP	M333	MO	46	58	62	0	166
40	PET CHUNG NG	M339	MO	0	48	55	62	165
41	MAN KIT CHEUNG	M251	MO	42	54	53	55	162
42	CL LEUNG	M332	MO	54	47	49	53	156
43	LM WU	M330	MO	44	46	50	59	155
44	LARRY LUI	M345	MO	48	53	52	0	153
45	SHU KIN CHARLES WONG	M257	MO	45	45	0	54	144
46	WAN KEUNG WAN	M260	MO	38	0	47	52	137
47	CHI MAN CHAN	M328	MO	33	41	45	50	136
48	YUN SHING MAK	M336	MO	36	38	46	47	131
49	RAYMOND LAM	M258	MO	32	42	0	48	122
0	BIN LANG	M238	MO	92	0	0	0	0
0	CHUN KWONG ANGUS LEUNG	M239	MO	0	0	0	0	0
0	JASON JIA	M242	MO	91	0	0	94	0
0	PAUL NG	M244	MO	37	43	0	0	0
0	CLINTON MACKEVICIUS	M246	MO	100	0	0	100	0
0	JASON PAINE	M247	MO	0	0	0	0	0
0	HUBERT FENG	M248	MO	0	0	0	0	0
0	WOO DAVID	M249	MO	0	0	96	0	0
0	PAUL SWEENEY	M250	MO	0	0	0	0	0
0	CHI MAN CHOW	M254	MO	0	0	0	56	0
0	HON BUN, RYAN WONG	M255	MO	0	40	0	0	0
0	RYAN CHEUNG	M259	MO	0	0	0	0	0
0	ROLFE ROLAND	M261	MO	0	49	0	0	0
0	SEAN WHIPKEY	M262	MO	0	0	0	0	0
0	WAN WANG YEUNG	M266	MO	0	65	0	0	0
0	ROBERT ANDERSSON	M267	MO	86	0	0	0	0
0	DEVON RAMDIHAL	M270	MO	0	39	0	0	0
0	SIJU UNNY	M275	MO	39	0	0	0	0
0	ASIF IQBAL	M276	MO	0	0	0	0	0
0	ROBERT MIRFIN	M280	MO	49	0	0	0	0
0	ROBERT NICHOLS	M281	MO	74	0	0	0	0
0	MATT TRIVELLA	M283	MO	0	92	0	0	0
0	NICOLAS BLANCHET	M284	MO	94	0	0	95	0
0	WING HANG WONG	M285	MO	0	0	66	0	0
0	CHUNG YAN TANG	M288	MO	0	52	0	0	0
0	JOHIME LEE	M290	MO	0	0	0	49	0
0	WAI KEE TSANG	M291	MO	0	0	0	46	0
0	WONG KAR LOK	M292	MO	0	0	0	0	0
0	JONATHAN STAYTON	M294	MO	69	78	0	0	0
0	SCOTT MITCHELL	M295	MO	77	0	0	82	0
0	HOWARD HO	M296	MO	60	0	0	0	0
0	JASON TANG	M297	MO	34	0	0	0	0

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Rank	Name	Bib	Cat	Race1	Race2	Race3	Race4	Point
0	DAVID TANNER	M299	MO	0	64	0	71	0
0	NELSON MAK	M300	MO	0	0	0	0	0
0	EUGENE SAMUEL LEUNG	M301	MO	35	0	0	0	0
0	ADAM CZEGLEDI	M303	MO	76	80	0	0	0
0	CHING HONG JASON CHAN	M304	MO	0	0	0	0	0
0	DORIAN DUCAMP HOVART	M306	MO	0	0	0	0	0
0	VIVEKANAND MURALIDHARAN	M308	MO	0	0	0	0	0
0	SCOTT HOOPER	M311	MO	93	0	97	0	0
0	TERENCE NG	M312	MO	0	0	54	0	0
0	WING HO LOUIS SAU	M313	MO	63	0	0	0	0
0	JOSHUA KEIL	M314	MO	78	0	0	0	0
0	KAM YUEN CHANG	M317	MO	88	0	83	0	0
0	KA YIN CHAN	M318	MO	0	93	94	0	0
0	MICHAEL COOMBS	M319	MO	40	0	0	0	0
0	CHU WING LO	M320	MO	0	0	0	0	0
0	JAMES HANCOCK	M321	MO	0	89	77	0	0
0	FUNG MING SHEUNG	M323	MO	0	0	0	0	0
0	JONATHAN MATTOUT	M324	MO	31	0	0	0	0
0	CHIN PANG WONG	M329	MO	0	82	84	0	0
0	HUNG WAI LEE	M337	MO	41	44	0	0	0
0	SHUI PAN NG	M341	MO	0	91	0	0	0
0	SHING HONG CHUNG	M343	MO	0	0	0	0	0
0	CHUN YIN LI	M344	MO	98	0	0	0	0
0	ANTHONY MA	M373	MO	0	0	74	0	0
0	MAN CHUNG ALVIN YUEN	M374	MO	0	77	0	81	0
0	YAT HUNG YEUNG	M375	MO	0	98	0	0	0
0	KAM WAH LEE	M376	MO	0	73	0	0	0
0	CHI HIM KWONG	M377	MO	0	66	0	0	0
0	YUK KEUNG LEE	M386	MO	67	67	0	0	0
0	YING KIN CHAN	M387	MO	0	57	0	0	0
0	MARTIM OLIVEIRA	M389	MO	55	0	51	58	0
0	DENNIS CHENG	M391	MO	0	0	48	0	0
0	PAOLO SBUTTONI	M394	MO	0	0	78	80	0
1	CHRIS WHARTON	M002	M35	100	98	99	100	299
2	CHUN HIM MAN	M042	M35	0	99	100	99	298
3	GIUSEPPE MOLLIKA	M029	M35	99	97	95	0	291
4	NEIL ATKINSON	M003	M35	98	93	0	98	289
5	ROBERT SMITH	M004	M35	97	92	94	0	283
6	JOB CAMPBELL	M046	M35	92	89	92	97	281
7	WING YAN IP	M006	M35	93	90	0	94	277
8	PAUL CROWE-WERMUND	M005	M35	95	0	88	93	276
9	PO KEONG THONG	M351	M35	90	87	89	95	274
10	WAN HANG CHUNG	M025	M35	89	85	87	92	268
11	KAI SUN CHAN	M010	M35	91	86	82	91	268
12	BRIAN WAI CHI TSUI	M017	M35	85	0	86	90	261
13	JOSE SANDOVAL	M007	M35	86	83	84	89	259
14	CHI WAI LEUNG	M028	M35	75	80	78	87	245
15	KIN FAI TSE	M039	M35	0	78	79	86	243

AVOHK 5k Series 2013 Series Results

Rank	Name	Bib	Cat	Race1	Race2	Race3	Race4	Point
16	KENNETH COWGILL	M032	M35	81	76	76	84	241
17	HO WAN KEN WONG	M354	M35	77	74	77	85	239
18	CH WU	M352	M35	76	67	75	83	234
19	IVAN WONG	M044	M35	0	75	74	79	228
20	CHUN KWONG CHAN	M027	M35	73	71	73	80	226
21	WAN SHING AU YEUNG	M353	M35	0	72	71	81	224
22	HOI TAT LEUNG	M397	M35	74	69	70	78	222
23	TZE KIN HO	M008	M35	78	70	72	0	220
0	PHILIPPE COSENTINO	M001	M35	0	100	98	0	0
0	JAY BLACKFORD	M009	M35	0	0	0	0	0
0	SIMON CARLAND	M011	M35	0	0	0	0	0
0	ANTHONY WONG	M012	M35	0	0	0	0	0
0	STEPHEN THOMPSON	M013	M35	0	0	0	0	0
0	NATHAN DAVISON	M014	M35	0	0	0	0	0
0	GUANG LEI YANG	M015	M35	0	0	0	0	0
0	NICK LEWIS	M016	M35	0	68	0	0	0
0	ANDREW DAWSON	M019	M35	0	95	93	0	0
0	MAX CHEN	M020	M35	80	0	80	0	0
0	ROBERT DEWITT	M021	M35	0	0	83	88	0
0	KING CHEUNG CHOY	M022	M35	0	0	0	0	0
0	RAFAEL MENDOZA	M023	M35	0	0	0	0	0
0	NAYEF KHAN	M024	M35	0	88	0	0	0
0	PHILIPPE KRETZ	M026	M35	0	0	97	0	0
0	TSZ CHAU THOMAS YEUNG	M030	M35	87	0	0	0	0
0	HUNG KWAN NGAI	M031	M35	0	0	0	0	0
0	DEAN IRVINE	M033	M35	94	91	0	0	0
0	PAUL SHERIDAN	M034	M35	0	0	0	0	0
0	DIEGO LAJE RIVADEMAR	M035	M35	0	0	90	0	0
0	EDWARD TANG	M036	M35	83	0	0	82	0
0	JAMES MIRFIN	M037	M35	79	79	0	0	0
0	KYOSUKE MORIMOTO	M038	M35	0	82	0	0	0
0	CHUN PONG KENNETH POON	M040	M35	72	0	0	0	0
0	LACHLAN WOLFERS	M041	M35	0	0	0	0	0
0	LAP TAK YUEN	M043	M35	0	0	81	0	0
0	JOHN MCGINN	M045	M35	96	0	91	0	0
0	THOMAS BENNINGTON HULME	M047	M35	84	0	0	0	0
0	DEREK RYAN	M048	M35	0	0	96	0	0
0	KEVIN LAW	M049	M35	88	0	85	0	0
0	BJARKI GARDARSSON	M050	M35	82	73	0	0	0
0	JOHN ELLIS	M051	M35	0	94	0	96	0
0	WING WO NG	M378	M35	0	77	0	0	0
0	KENJI YEUNG	M379	M35	0	84	0	0	0
0	CHUN TING LAM	M380	M35	0	81	0	0	0
0	JAMES CHAPMAN	M382	M35	0	96	0	0	0
1	LAURENCE RUDGE	M091	M40	0	98	100	99	297
2	JUERGEN SCHUSTER	M071	M40	99	100	98	0	297
3	MOTOKI SATO	M383	M40	0	99	97	100	296
4	LIT CHEUNG YUNG	M070	M40	100	97	0	98	295

AVOHK 5k Series 2013 Series Results

Rank	Name	Bib	Cat	Race1	Race2	Race3	Race4	Point
5	WAI PING LARRY CHAN	M064	M40	98	96	99	97	294
6	NICK BALL	M057	M40	95	95	96	0	286
7	ANDREW SALTON	M056	M40	94	92	94	95	283
8	CHUN TING LOK	M356	M40	91	89	92	92	275
9	KONG LOY YIP	M357	M40	90	91	0	91	272
10	WILSON CHOI	M069	M40	93	0	89	90	272
11	SCOTT CHRISTENSEN	M095	M40	82	87	91	89	267
12	MARK MURRAY	M065	M40	88	85	86	88	262
13	THOMAS PHILIPSON	M086	M40	83	0	88	86	257
14	WAI SING LAM	M073	M40	81	84	85	87	256
15	FELIX KONG	M066	M40	79	81	84	85	250
16	KEITH LEUNG	M075	M40	86	83	0	81	250
17	SEBASTIAN HUGHES	M395	M40	73	79	83	82	244
18	YU CHING ALBERT YU	M061	M40	76	77	82	83	242
19	RAYMOND LIU	M088	M40	75	0	81	84	240
20	TAK MING TSUI	M079	M40	77	78	79	0	234
21	CHUNG MAN LESLIE TSANG	M358	M40	0	76	78	78	232
22	RICKY WAI KEI LAU	M085	M40	0	74	77	80	231
0	DAVID FITZGERALD	M052	M40	87	88	0	0	0
0	DAVID RIDLEY	M053	M40	85	0	90	0	0
0	JASON ORANGE	M054	M40	80	0	0	0	0
0	ROLAND RIEDEL	M055	M40	0	72	0	0	0
0	PAUL PENKETT	M058	M40	0	0	95	94	0
0	SIMON WESTON	M059	M40	0	0	0	0	0
0	YAN YUN PATRICK LI	M060	M40	0	75	0	0	0
0	VICTOR LEE	M062	M40	0	0	0	0	0
0	RICHARD THORNTON	M063	M40	0	0	0	0	0
0	ANDREW ANDREW ORCHARD	M067	M40	97	0	0	93	0
0	SAMUEL LEE	M068	M40	0	0	93	0	0
0	MARK RUTTER	M072	M40	92	93	0	0	0
0	PAUL D'ARCY	M074	M40	0	0	0	0	0
0	ALEX SOMMERVILLE	M076	M40	0	82	0	0	0
0	ERIC XIN	M077	M40	0	86	87	0	0
0	AARON FISCHER	M078	M40	0	0	0	96	0
0	PASCAL GOT	M080	M40	72	73	0	0	0
0	RICHARD SCARTH	M081	M40	78	0	0	0	0
0	ADRIAN KIRK	M082	M40	0	0	0	0	0
0	JEFF LAU	M083	M40	0	80	80	0	0
0	STEVEN HERSEY	M084	M40	0	0	0	0	0
0	MICHAEL ACQUAVELLA	M087	M40	0	70	0	79	0
0	DEREK MOK	M089	M40	0	0	0	0	0
0	JONATHAN UMALI	M090	M40	0	71	0	0	0
0	STEVE WILLMOTT	M092	M40	96	0	0	0	0
0	KOJI YAMASHITA	M094	M40	74	0	0	0	0
0	SEAN HAGGERTY	M097	M40	0	0	0	0	0
0	MICHAEL GRIMSHAW	M098	M40	0	0	0	0	0
0	WILLIAM BUSH	M099	M40	0	0	0	0	0
0	WALTER ELLICOTT	M100	M40	0	90	0	0	0

AVOHK 5k Series 2013 Series Results

Rank	Name	Bib	Cat	Race1	Race2	Race3	Race4	Point
0	VINCENT LEE	M101	M40	89	0	0	0	0
0	JASON JASON EDWARDS	M102	M40	0	94	0	0	0
0	SAI KIT ALGER CHENG	M355	M40	84	0	0	0	0
1	TAK FAI LO	M123	M45	100	99	0	100	299
2	KURT HERRMANN	M133	M45	99	100	100	0	299
3	JON GILCHRIST	M132	M45	98	98	99	0	295
4	WILL HAYWARD	M131	M45	97	97	98	0	292
5	STANLEY CHOW	M109	M45	94	93	97	99	290
6	LAWRENCE TSANG	M117	M45	92	91	95	97	284
7	DANIEL PONG	M122	M45	93	92	0	96	281
8	STEPHEN CHING	M126	M45	91	89	94	95	280
9	CHI HUNG LEE	M359	M45	90	90	93	94	277
10	KA WAI WONG	M108	M45	89	88	92	92	273
11	NICHOLAS TAN	M107	M45	87	87	91	91	269
12	MATT HAUDENSCHILD	M371	M45	0	85	88	87	260
13	ALEX CARL ORANGE	M368	M45	84	84	89	0	257
14	JOHN LEUNG	M128	M45	0	82	84	85	251
15	DOUG BELLINGHAM	M136	M45	82	83	86	0	251
16	ANGUS CHAN	M125	M45	0	81	83	84	248
17	MICHAEL JAMES	M106	M45	75	0	85	86	246
18	PAUL LEE	M119	M45	79	0	81	82	242
19	DAVID HUENG CHI WAN	M112	M45	76	80	82	79	241
20	TZE HANG HUI	M111	M45	80	0	80	75	235
21	STEPHEN LEUNG	M135	M45	78	77	78	76	233
22	ANTONIO POSTACCHINI	M104	M45	74	0	77	80	231
0	PAUL CHERRY	M103	M45	95	94	0	0	0
0	K K CHOW	M105	M45	83	0	0	0	0
0	ANDREW MALANGA	M110	M45	86	0	90	0	0
0	PER CHRISTIAN FJELDDAHL	M113	M45	88	96	0	0	0
0	YUN HOI NG	M114	M45	0	78	0	78	0
0	GEOFFREY LIM	M115	M45	0	79	0	0	0
0	JACK LOH	M116	M45	0	95	0	0	0
0	RICHARD TORY	M118	M45	0	0	0	0	0
0	YIU FUNG TERENCE CHAN	M120	M45	72	0	75	0	0
0	ANTHONY STEAINS	M121	M45	0	86	0	89	0
0	YAN CHEUNG WU	M124	M45	73	0	76	0	0
0	FORHAD ULLAH	M127	M45	81	0	87	83	0
0	MARK LAFLAMME	M129	M45	0	0	0	0	0
0	JOHNNY FUNG	M130	M45	0	0	74	0	0
0	PHILIP SKEVINGTON	M134	M45	0	0	0	0	0
0	SCOTT BURTON	M137	M45	96	0	0	93	0
0	SIMON CHENG	M138	M45	0	0	96	98	0
0	CAMERON SMART	M139	M45	0	0	0	90	0
0	MARCONI DEGUZMAN	M140	M45	0	0	0	0	0
0	ALVIN CHOW	M141	M45	85	0	0	0	0
0	WUI TUNG MAN	M360	M45	0	0	79	81	0
0	WING TAT LEUNG	M361	M45	71	0	0	0	0
0	KAI MING YEUNG	M362	M45	0	0	0	77	0

AVOHK 5k Series 2013 Series Results

Rank	Name	Bib	Cat	Race1	Race2	Race3	Race4	Point
0	ANDREW KINGHAM	M367	M45	77	0	0	0	0
0	ANDREW JONES	M372	M45	0	0	0	88	0
1	MARK REEVES	M388	M50	100	100	100	100	300
2	KOICHI OTA	M158	M50	99	99	99	99	297
3	KWOK KEUNG YEUNG	M153	M50	98	98	98	98	294
4	PETER BROWN	M143	M50	97	0	97	97	291
5	STEFAN RUDOLF PAULI	M150	M50	96	96	96	96	288
6	MICHAEL CHUE	M148	M50	94	95	95	95	285
7	JOHN YOW	M165	M50	0	93	94	94	281
8	SIU ON KONG	M365	M50	93	0	93	93	279
9	CHUENG WAH MA	M364	M50	92	92	0	91	275
10	WAI IP LEE	M366	M50	88	0	92	90	270
11	CH LIU	M363	M50	90	89	91	85	270
12	DAVID MORTON	M159	M50	89	0	89	89	267
13	DANIEL FU	M144	M50	87	91	88	88	267
14	WAI MAN CHOI	M157	M50	86	90	86	86	262
15	KWONG YIU KWOK	M166	M50	84	0	87	84	255
16	KA SING LI	M164	M50	82	87	85	0	254
17	MAN TAI, MARTIN YAN	M152	M50	81	86	83	82	251
0	GREG MILES	M142	M50	0	0	0	0	0
0	MANFRED TAI	M145	M50	0	0	0	0	0
0	KWOK FEI CHARLES LUI	M146	M50	95	0	0	0	0
0	CRAIG DOWNIE	M147	M50	0	97	0	0	0
0	MAARTEN RUIJS	M149	M50	0	0	0	0	0
0	SIN WAI CHIU	M154	M50	0	0	0	0	0
0	DANIEL WETTLLING	M155	M50	0	0	0	0	0
0	ISHWAR PARSRAM SHARMA	M156	M50	83	0	84	0	0
0	PETER LING	M160	M50	0	0	0	0	0
0	SIU WA HO	M161	M50	91	0	0	83	0
0	HUNG FAI WONG	M162	M50	85	0	0	0	0
0	TERENCE LAU	M163	M50	0	88	0	0	0
0	KINWAH LAM	M167	M50	0	94	0	0	0
0	IAN WILSON	M396	M50	0	0	90	87	0
1	PAK SUN POON	M172	M55	100	100	100	100	300
2	KAM CHUEN WONG	M177	M55	0	98	99	99	296
3	CHI CHEUNG LAM	M170	M55	98	99	97	98	295
4	HERMANN CHU	M186	M55	96	97	98	97	292
5	JAMES VICKERS	M169	M55	95	95	95	95	285
6	PATRICK MAK	M183	M55	0	93	96	93	282
7	IVAN YOUNG	M168	M55	94	92	0	92	278
8	HON FAI TAM	M182	M55	0	91	93	90	274
9	YEE KWONG KWAN	M178	M55	0	86	91	96	273
10	PETER BROE	M171	M55	90	0	90	91	271
11	KAM TONG LAM	M174	M55	89	90	92	88	271
12	LO KIN CHAN	M173	M55	0	89	89	89	267
13	HIN MAN KONG	M175	M55	0	88	88	87	263
14	CHRIS LAU	M181	M55	88	0	86	86	260
0	JESSE CHANG	M176	M55	0	0	0	0	0

AVOHK 5k Series 2013 Series Results

Rank	Name	Bib	Cat	Race1	Race2	Race3	Race4	Point
0	MICHAEL HARRISON	M179	M55	99	0	0	0	0
0	TONY THOMPSON	M180	M55	0	0	0	0	0
0	PETER ANDREYEV	M184	M55	91	0	0	0	0
0	PATRICK YU	M185	M55	0	87	87	0	0
0	KAM KWONG ANTHONY CHEUNG	M187	M55	92	0	0	0	0
0	GEOFF BLYTH	M188	M55	97	0	0	0	0
0	HENRY TSUI	M189	M55	0	94	0	94	0
0	PAUL HSU	M190	M55	0	0	0	0	0
0	ANTONY TAYLOR	M191	M55	93	0	94	0	0
0	WING LEUNG LEUNG	M192	M55	0	96	0	0	0
1	ALAN AU	M196	M60	99	100	100	100	300
2	CHAK YAN CHAN	M195	M60	98	99	99	99	297
3	JAMES STEWART	M197	M60	97	98	98	0	293
4	HING MING LEE	M200	M60	96	97	0	98	291
5	NEIL CAMPBELL	M198	M60	95	96	97	0	288
0	PAUL JACKSON	M193	M60	93	0	0	0	0
0	GREG TACK	M194	M60	94	0	0	97	0
0	PHILIP BOOTH	M199	M60	100	0	0	0	0
1	TUNG BO YU	M202	M65	100	100	100	100	300
2	FRANK PILKINGTON	M201	M65	99	99	99	99	297
3	KWAN YEE LEUNG	M203	M65	98	98	98	98	294