

AVOHK 5k Series 2103 - Race 1 Result
(4 Aug 2013, Temp:27-31C Relative Humidity: 75-95%)

OVERALL	CAT	BIB	NAME	OFFICIAL TIME	CHIP TIME	SPLIT TIME
1	MO	M246	CLINTON MACKEVICIUS	0:15:18	0:15:18	0:07:29
2	MO	M256	BRENDAN KEAN	0:15:48	0:15:48	0:07:59
3	M17	M228	HIDEO HARRY LOASBY	0:16:53	0:16:53	0:08:17
4	M17	M225	DAVID REEVE MADDUX	0:16:58	0:16:57	0:08:17
5	MO	M344	CHUN YIN LI	0:17:11	0:17:09	0:08:10
6	M15	M215	REINY BROWN	0:17:16	0:17:16	0:08:28
7	MO	M293	THOMAS BOOTH	0:17:32	0:17:32	0:08:39
8	MO	M286	TSZ LEUNG CHAN	0:17:37	0:17:36	0:08:53
9	M15	M346	CHEUK MAN YANG	0:17:38	0:17:36	0:08:47
10	M35	M002	CHRIS WHARTON	0:17:45	0:17:45	0:08:45
11	M15	M218	MARSHALL TORY	0:18:13	0:18:11	0:09:11
12	MO	M245	KAT LAI	0:18:17	0:18:15	0:09:08
13	M13	M206	MATTHEW TAN	0:18:19	0:18:19	0:08:53
14	MO	M284	NICOLAS BLANCHET	0:18:26	0:18:26	0:08:49
15	MO	M311	SCOTT HOOPER	0:18:34	0:18:32	0:09:01
16	M17	M226	HENRY WARREN	0:18:40	0:18:40	0:08:44
17	MO	M238	BIN LANG	0:18:49	0:18:44	0:09:35
18	M35	M029	GIUSEPPE MOLLIKA	0:18:57	0:18:57	0:09:03
19	M50	M369	MARK REEVES	0:18:59	0:18:57	0:09:24
20	MO	M242	JASON JIA	0:19:06	0:19:05	0:09:05
21	MO	M325	YUK TONG LEE	0:19:11	0:19:03	0:09:43
22	L35	W158	MICHELLE LOWRY	0:19:14	0:19:13	0:09:22
23	M50	M158	KOICHI OTA	0:19:23	0:19:21	0:09:41
24	M40	M070	LIT CHEUNG YUNG	0:19:26	0:19:23	0:09:47
25	MO	M241	RICHARD COWLEY	0:19:28	0:19:28	0:09:26
26	MO	M317	KAM YUEN CHANG	0:19:28	0:19:27	0:09:42
27	M35	M003	NEIL ATKINSON	0:19:30	0:19:30	0:09:48
28	M17	M350	TSUNHANG MOK	0:19:32	0:19:29	0:09:41
29	M45	M123	TAK FAI LO	0:19:34	0:19:32	0:09:59
30	MO	M289	CHRIS DAVIS	0:19:37	0:19:30	0:09:55
31	M40	M071	JUERGEN SCHUSTER	0:19:39	0:19:37	0:09:41
32	M45	M133	KURT HERRMANN	0:19:42	0:19:39	0:09:40
33	M15	M347	EFOO AJIBOLA CHAN	0:19:43	0:19:41	0:09:57
34	M40	M064	WAI PING LARRY CHAN	0:19:43	0:19:39	0:10:02
35	M50	M153	KWOK KEUNG YEUNG	0:19:47	0:19:45	0:10:02
36	M45	M132	JON GILCHRIST	0:19:50	0:19:47	0:09:49
37	LO	W097	SASHA TORY	0:19:51	0:19:49	0:09:47
38	M40	M067	ANDREW ANDREW ORCHARD	0:19:53	0:19:51	0:09:54
39	M15	M216	JAMES TAN	0:20:01	0:19:56	0:09:57
40	MO	M267	ROBERT ANDERSSON	0:20:02	0:19:59	0:09:48
41	M40	M092	STEVE WILLMOTT	0:20:09	0:20:04	0:10:04
42	M50	M143	PETER BROWN	0:20:11	0:20:10	0:09:46
43	M17	M231	SEBASTIAN ENGELHART	0:20:13	0:20:12	0:09:41
44	M35	M004	ROBERT SMITH	0:20:18	0:20:14	0:09:54
45	LO	W157	IMOGEN SIMMONDS	0:20:18	0:20:13	0:09:59
46	M40	M057	NICK BALL	0:20:23	0:20:20	0:10:10
47	MO	M240	WING HUNG CHAN	0:20:24	0:20:20	0:10:05
48	L40	W017	RACHEL SPROSTON	0:20:29	0:20:26	0:10:09
49	M17	M232	OLIVER ENGELHART	0:20:36	0:20:35	0:09:40
50	MO	M277	SIU FUNG CHEUNG	0:20:38	0:20:29	0:10:19

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OVERALL	CAT	BIB	NAME	OFFICIAL TIME	CHIP TIME	SPLIT TIME
51	M35	M045	JOHN MCGINN	0:20:38	0:20:32	0:10:08
52	L40	W022	CHARLOTTE CUTLER	0:20:43	0:20:41	0:10:27
53	M50	M150	STEFAN RUDOLF PAULI	0:20:47	0:20:44	0:10:10
54	MO	M273	KAM PO POON	0:20:48	0:20:35	0:10:25
55	M13	M213	CLAYTON GIBB	0:20:50	0:20:49	0:10:07
56	M15	M219	WILLIAM HARRISON	0:20:50	0:20:50	0:10:26
57	MO	M279	KIERAN HUMPHREY	0:20:55	0:20:49	0:10:29
58	MO	M269	ROY KAN	0:20:56	0:20:49	0:10:30
59	M13	M212	OSCAR COGGINS	0:20:59	0:20:56	0:09:56
60	M55	M172	PAK SUN POON	0:21:00	0:20:58	0:10:11
61	L45	W054	ANITA FRERES	0:21:01	0:20:59	0:10:27
62	MO	M340	DOM CHOW	0:21:02	0:20:50	0:10:42
63	M40	M056	ANDREW SALTON	0:21:04	0:20:58	0:10:36
64	MO	M315	SHUN CHEONG LEUNG	0:21:08	0:21:02	0:10:24
65	MO	M314	JOSHUA KEIL	0:21:09	0:21:01	0:10:45
66	M35	M005	PAUL CROWE-WERMUND	0:21:11	0:21:07	0:10:16
67	M35	M033	DEAN IRVINE	0:21:11	0:21:02	0:10:45
68	MO	M295	SCOTT MITCHELL	0:21:11	0:21:02	0:10:49
69	M45	M131	WILL HAYWARD	0:21:11	0:21:08	0:10:33
70	M17	M233	KWUN WANG CHAN	0:21:12	0:21:09	0:10:21
71	M45	M137	SCOTT BURTON	0:21:19	0:21:11	0:10:55
72	L35	W001	ANN CHENG-ECHEVARRIA	0:21:21	0:21:20	0:10:34
73	M60	M199	PHILIP BOOTH	0:21:26	0:21:25	0:10:22
74	M45	M103	PAUL CHERRY	0:21:29	0:21:24	0:10:45
75	M35	M006	WING YAN IP	0:21:30	0:21:15	0:11:11
76	MO	M303	ADAM CZEGLEDI	0:21:35	0:21:31	0:10:31
77	M55	M179	MICHAEL HARRISON	0:21:36	0:21:30	0:10:58
78	M45	M109	STANLEY CHOW	0:21:37	0:21:34	0:10:51
79	M40	M069	WILSON CHOI	0:21:38	0:21:34	0:10:57
80	L55	W070	ANGELA FUNG MING LEUNG	0:21:40	0:21:38	0:10:56
81	M13	M208	KEI FJELDDAHL	0:21:43	0:21:39	0:10:24
82	MO	M268	KA HO LAWRENCE WONG	0:21:50	0:21:49	0:10:28
83	M45	M122	DANIEL PONG	0:21:51	0:21:48	0:10:54
84	M40	M072	MARK RUTTER	0:21:54	0:21:40	0:11:31
85	M40	M356	CHUN TING LOK	0:21:56	0:21:41	0:11:22
86	M40	M357	KONG LOY YIP	0:21:56	0:21:41	0:11:37
87	M40	M101	VINCENT LEE	0:21:57	0:21:46	0:11:15
88	L15	W087	CHLOE MARTIN	0:22:04	0:22:00	0:10:35
89	M35	M046	JOB CAMPBELL	0:22:06	0:21:56	0:11:14
90	M45	M117	LAWRENCE TSANG	0:22:08	0:22:01	0:10:57
91	M35	M010	KAI SUN CHAN	0:22:08	0:22:01	0:11:27
92	M40	M065	MARK MURRAY	0:22:11	0:22:04	0:11:15
93	M35	M351	PO KEONG THONG	0:22:17	0:21:53	0:11:37
94	M40	M052	DAVID FITZGERALD	0:22:17	0:22:07	0:11:10
95	M35	M025	WAN HANG CHUNG	0:22:21	0:22:18	0:10:51
96	M50	M146	KWOK FEI CHARLES LUI	0:22:21	0:22:09	0:11:37
97	MO	M281	ROBERT NICHOLS	0:22:25	0:22:13	0:11:04
98	M55	M170	CHI CHEUNG LAM	0:22:28	0:22:19	0:11:29
99	M45	M126	STEPHEN CHING	0:22:34	0:22:28	0:11:03
100	M15	M220	PAULI MAX	0:22:35	0:22:32	0:10:29

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OVERALL	CAT	BIB	NAME	OFFICIAL TIME	CHIP TIME	SPLIT TIME
101	M35	M049	KEVIN LAW	0:22:41	0:22:33	0:11:20
102	M45	M359	CHI HUNG LEE	0:22:45	0:22:40	0:11:13
103	M55	M188	GEOFF BLYTH	0:22:48	0:22:35	0:11:54
104	M40	M075	KEITH LEUNG	0:22:49	0:22:43	0:11:35
105	L40	W026	WINNIE TSANG	0:22:49	0:22:43	0:11:31
106	M60	M196	ALAN AU	0:22:56	0:22:51	0:11:31
107	M35	M030	TSZ CHAU THOMAS YEUNG	0:22:59	0:22:47	0:11:25
108	L15	W082	ISABELLA STEAINS	0:23:02	0:22:55	0:11:20
109	MO	M263	MICHAEL TAM	0:23:05	0:22:48	0:11:59
110	MO	M271	CHUN-FUNG CHAN	0:23:14	0:23:06	0:11:17
111	L17	W089	ALLYSON CHAN	0:23:16	0:23:10	0:11:35
112	M13	M214	ERNEST WONG	0:23:17	0:23:08	0:12:16
113	M45	M108	KA WAI WONG	0:23:17	0:22:59	0:11:37
114	M40	M053	DAVID RIDLEY	0:23:18	0:22:59	0:11:46
115	M50	M148	MICHAEL CHUE	0:23:20	0:23:14	0:11:43
116	M40	M355	SAI KIT ALGER CHENG	0:23:22	0:23:17	0:10:56
117	M45	M113	PER CHRISTIAN FJELDDAHL	0:23:26	0:23:22	0:10:44
118	M40	M086	THOMAS PHILIPSON	0:23:27	0:23:18	0:11:51
119	MO	M316	HOI FUNG CHAN	0:23:31	0:23:29	0:11:39
120	M40	M095	SCOTT CHRISTENSEN	0:23:32	0:23:27	0:10:42
121	M55	M186	HERMANN CHU	0:23:34	0:23:24	0:11:44
122	MO	M243	LEE DAVIDSON	0:23:40	0:23:35	0:11:39
123	L50	W063	YUEN YEE LEUNG	0:23:42	0:23:40	0:11:40
124	MO	M294	JONATHAN STAYTON	0:23:43	0:23:32	0:11:07
125	M40	M073	WAI SING LAM	0:23:46	0:23:32	0:12:10
126	M40	M054	JASON ORANGE	0:23:50	0:23:36	0:11:37
127	M40	M066	FELIX KONG	0:23:51	0:23:46	0:11:57
128	M45	M107	NICHOLAS TAN	0:23:51	0:23:42	0:11:35
129	MO	M335	SHEUNG YIN ALVIN LI	0:23:55	0:23:50	0:11:30
130	MO	M326	YUK KEUNG LEE	0:23:56	0:23:49	0:12:42
131	LO	W130	WAI YIN CHEUNG	0:23:57	0:23:54	0:11:56
132	L45	W049	CANDICE STELLA	0:24:03	0:23:52	0:11:50
133	L40	W035	PETRINA STEAINS	0:24:06	0:23:57	0:11:26
134	M35	M007	JOSE SANDOVAL	0:24:09	0:23:50	0:12:27
135	M13	M211	GIORGIO GALIMBERTI	0:24:13	0:24:06	0:11:53
136	M35	M017	BRIAN WAI CHI TSUI	0:24:14	0:23:54	0:12:44
137	LO	W124	HOLLY BOOTH	0:24:17	0:24:00	0:12:22
138	M60	M195	CHAK YAN CHAN	0:24:19	0:24:15	0:12:08
139	MO	M272	KRISHAN MURARI	0:24:33	0:24:33	0:11:45
140	L15	W081	STEPHANIE HOLLOWAY	0:24:35	0:24:30	0:11:48
141	M45	M110	ANDREW MALANGA	0:24:37	0:24:24	0:12:15
142	MO	M307	WING SHUN VINCENT CHENG	0:24:41	0:24:36	0:12:26
143	L35	W002	MELANIE CAMERON	0:24:50	0:24:36	0:12:27
144	L13	W077	KAILA PASCERI	0:24:53	0:24:44	0:12:52
145	M60	M197	JAMES STEWART	0:24:58	0:24:51	0:12:05
146	M45	M141	ALVIN CHOW	0:25:00	0:24:54	0:12:29
147	M50	M365	SIU ON KONG	0:25:01	0:24:50	0:12:48
148	MO	M278	SING HANG CHEUNG	0:25:03	0:24:54	0:12:38
149	M17	M230	ERNEST CHING	0:25:05	0:24:57	0:12:19
150	M40	M081	RICHARD SCARTH	0:25:07	0:24:56	0:12:42

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151	MO	M313	WING HO LOUIS SAU	0:25:08	0:25:00	0:12:48
152	M65	M202	TUNG BO YU	0:25:13	0:25:09	0:12:45
153	M50	M364	CHUENG WAH MA	0:25:17	0:25:11	0:12:32
154	MO	M287	YAN HOE LAM	0:25:22	0:25:19	0:11:35
155	M50	M161	SIU WA HO	0:25:23	0:25:03	0:12:50
156	M45	M368	ALEX CARL ORANGE	0:25:25	0:25:12	0:13:09
157	L13	W078	INDYA STEAINS	0:25:25	0:25:17	0:12:30
158	MO	M331	KL CHAN	0:25:26	0:25:14	0:12:49
159	M50	M363	CH LIU	0:25:30	0:25:19	0:12:17
160	L35	W015	SZE YING JENNIFER CHEUNG	0:25:30	0:25:23	0:12:55
161	MO	M296	HOWARD HO	0:25:38	0:25:09	0:13:45
162	L45	W057	CECILIA KA WAI WONG	0:25:39	0:25:30	0:12:32
163	M65	M201	FRANK PILKINGTON	0:25:43	0:25:41	0:12:27
164	L15	W155	CHERLY CHOW	0:25:57	0:25:53	0:12:23
165	M35	M047	THOMAS BENNINGTON HULME	0:26:06	0:25:54	0:12:53
166	M35	M036	EDWARD TANG	0:26:06	0:25:35	0:13:27
167	MO	M327	HOI CHING, KEITH WONG	0:26:08	0:25:38	0:13:50
168	M40	M079	TAK MING TSUI	0:26:10	0:26:06	0:12:18
169	M45	M105	K K CHOW	0:26:10	0:25:49	0:13:17
170	M40	M061	YU CHING ALBERT YU	0:26:14	0:26:05	0:12:51
171	L40	W024	LILIAN LEUNG	0:26:15	0:25:55	0:13:23
172	MO	M334	KA KI CHEUNG	0:26:19	0:26:19	0:12:28
173	M55	M169	JAMES VICKERS	0:26:20	0:25:56	0:13:44
174	M45	M136	DOUG BELLINGHAM	0:26:21	0:26:08	0:13:25
175	MO	M252	KWOK WAI HO	0:26:33	0:26:26	0:13:42
176	MO	M322	PO FAI MAK	0:26:34	0:26:09	0:14:21
177	L45	W159	DIANA RUTH ORANGE	0:26:41	0:26:27	0:13:36
178	M50	M159	DAVID MORTON	0:26:45	0:26:14	0:14:00
179	M35	M050	BJARKI GARDARSSON	0:26:48	0:26:30	0:13:47
180	M50	M366	WAI IP LEE	0:26:52	0:26:39	0:13:20
181	MO	M302	MARTIM OLIVEIRA	0:26:53	0:26:31	0:13:58
182	M60	M200	HING MING LEE	0:26:55	0:26:48	0:13:22
183	MO	M332	CL LEUNG	0:27:02	0:26:46	0:13:59
184	MO	M265	NICHOLAS YEUNG	0:27:02	0:26:45	0:13:05
185	M40	M088	RAYMOND LIU	0:27:02	0:26:54	0:13:40
186	L40	W037	SPARROW WAY-RUIJS	0:27:03	0:26:46	0:13:27
187	M40	M094	KOJI YAMASHITA	0:27:11	0:27:07	0:12:50
188	M55	M168	IVAN YOUNG	0:27:20	0:27:09	0:13:33
189	M40	M093	SEBASTIAN HUGHES	0:27:22	0:27:06	0:13:48
190	MO	M310	CHRISTOPHER HOI WONG	0:27:23	0:27:11	0:13:26
191	MO	M274	SUNG MING CHAN	0:27:23	0:27:08	0:14:38
192	M35	M032	KENNETH COWGILL	0:27:24	0:27:03	0:14:01
193	L55	W072	KIT FUN, YVONNE WONG	0:27:25	0:27:24	0:14:03
194	M60	M198	NEIL CAMPBELL	0:27:25	0:26:55	0:13:56
195	M45	M127	FORHAD ULLAH	0:27:26	0:27:04	0:13:39
196	M35	M020	MAX CHEN	0:27:27	0:27:06	0:14:16
197	MO	M338	CHI HO TSANG	0:27:34	0:27:08	0:14:01
198	L45	W050	CAROLYN WINGARD-ROBERTSS	0:27:36	0:27:20	0:13:29
199	M17	M236	CHUN HIN YUNG	0:27:39	0:27:35	0:13:40
200	M50	M144	DANIEL FU	0:27:42	0:27:33	0:13:51

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201	L40	W036	CATHERINE SUN	0:27:44	0:27:41	0:14:17
202	M40	M080	PASCAL GOT	0:27:44	0:27:26	0:14:21
203	M45	M111	TZE HANG HUI	0:27:45	0:27:34	0:13:40
204	L40	W028	AMY LAU	0:27:47	0:27:39	0:13:31
205	M35	M037	JAMES MIRFIN	0:27:50	0:27:45	0:13:17
206	MO	M280	ROBERT MIRFIN	0:27:57	0:27:53	0:13:19
207	MO	M345	LARRY LUI	0:28:04	0:27:50	0:15:00
208	L40	W039	MOTOMI AOSHIMA	0:28:13	0:27:57	0:13:47
209	M35	M008	TZE KIN HO	0:28:14	0:28:05	0:14:53
210	M55	M191	ANTONY TAYLOR	0:28:21	0:27:58	0:14:49
211	M35	M354	HO WAN KEN WONG	0:28:30	0:28:20	0:14:13
212	L50	W154	KWOK LIN KONG	0:28:30	0:28:20	0:14:48
213	L35	W014	BERNARDITTA NOSIL	0:28:38	0:28:30	0:13:39
214	M50	M157	WAI MAN CHOI	0:28:39	0:28:21	0:14:43
215	M35	M352	CH WU	0:28:44	0:28:34	0:13:34
216	M35	M028	CHI WAI LEUNG	0:28:45	0:28:20	0:15:01
217	LO	W143	XIN YEE TSUI	0:28:50	0:28:24	0:14:29
218	MO	M342	CHUN WA AU YEUNG	0:28:50	0:28:23	0:14:26
219	LO	W121	ELLIE TANG	0:28:57	0:28:30	0:15:00
220	LO	W100	PO YEE FUNG	0:28:57	0:28:44	0:14:27
221	M45	M119	PAUL LEE	0:29:05	0:28:47	0:14:23
222	M45	M135	STEPHEN LEUNG	0:29:07	0:28:41	0:14:58
223	M50	M162	HUNG FAI WONG	0:29:12	0:29:02	0:14:34
224	M60	M194	GREG TACK	0:29:13	0:28:45	0:15:02
225	L15	W084	ANNABELLE BURTON	0:29:18	0:29:08	0:14:19
226	M35	M018	HOI TAT LEUNG	0:29:19	0:29:03	0:14:25
227	M13	M210	CHARLIE STEWART	0:29:24	0:29:24	
228	LO	W125	JULIJA FERLAND	0:29:27	0:29:12	0:14:31
229	M60	M193	PAUL JACKSON	0:29:28	0:29:06	0:14:38
230	L55	W076	KIT LING FUNG	0:29:29	0:29:25	0:15:13
231	MO	M333	KAI YEUNG YIP	0:29:31	0:28:58	0:15:30
232	L40	W019	JACQUELINE WALSH	0:29:31	0:29:12	0:14:21
233	M35	M027	CHUN KWONG CHAN	0:29:33	0:29:07	0:15:20
234	M45	M367	ANDREW KINGHAM	0:29:35	0:29:13	0:15:19
235	M45	M112	DAVID HUENG CHI WAN	0:29:35	0:29:19	0:14:36
236	M50	M166	KWONG YIU KWOK	0:29:46	0:29:43	0:14:59
237	MO	M257	SHU KIN CHARLES WONG	0:29:49	0:29:15	0:14:55
238	LO	W092	THERESA TEO	0:29:51	0:29:36	0:15:24
239	LO	W129	MING WAI LAU	0:29:54	0:29:30	0:15:01
240	MO	M330	LM WU	0:29:55	0:29:40	0:14:40
241	L45	W048	SHARYN RIDLEY	0:30:00	0:29:45	0:14:57
242	L50	W067	SABINE PAULI	0:30:04	0:30:01	0:14:41
243	L40	W046	KRISTRUN LIND	0:30:05	0:29:47	0:15:02
244	M55	M187	KAM KWONG ANTHONY CHEUNG	0:30:12	0:30:08	0:15:13
245	M50	M156	ISHWAR PARSRAM SHARMA	0:30:13	0:29:53	0:14:55
246	L55	W075	ANNE CAMPBELL	0:30:17	0:29:47	0:15:55
247	MO	M253	SING LONG CHEUNG	0:30:19	0:30:10	0:15:46
248	MO	M251	MAN KIT CHEUNG	0:30:19	0:30:12	0:15:47
249	LO	W137	TAN YIN CHAN	0:30:20	0:29:57	0:15:25
250	L45	W058	KA WAI TERESA LAI	0:30:22	0:29:55	0:15:27

AVOHK 5k Series 2103 - Race 1 Result
(4 Aug 2013, Temp:27-31C Relative Humidity: 75-95%)

OVERALL	CAT	BIB	NAME	OFFICIAL TIME	CHIP TIME	SPLIT TIME
251	MO	M337	HUNG WAI LEE	0:30:31	0:30:05	0:15:17
252	L45	W052	TERESA NG	0:30:33	0:30:12	0:15:23
253	L35	W016	HULDA THOREY	0:30:33	0:30:17	0:15:06
254	M50	M164	KA SING LI	0:30:35	0:30:30	0:13:47
255	MO	M319	MICHAEL COOMBS	0:30:37	0:30:08	0:15:48
256	M45	M106	MICHAEL JAMES	0:30:38	0:25:14	0:17:46
257	L55	W069	EVELYN LIM	0:30:41	0:30:39	0:14:53
258	L45	W056	ILARIA GALIMBERTI	0:30:42	0:30:36	0:15:08
259	L40	W021	OLIVIA CHAN	0:30:45	0:30:21	0:16:15
260	LO	W101	RENEE CONKLIN	0:30:46	0:30:42	0:14:33
261	MO	M275	SIJU UNNY	0:30:54	0:30:34	0:14:58
262	LO	W114	CHI LAM KAO	0:30:59	0:30:45	0:14:28
263	LO	W131	JESSICA ASKIN	0:31:01	0:30:32	0:15:49
264	LO	W140	MINNIE WAT	0:31:25	0:31:12	0:15:50
265	LO	W123	MAFALDA OLIVEIRA	0:31:26	0:31:07	0:15:18
266	MO	M260	WAN KEUNG WAN	0:31:27	0:30:59	0:15:06
267	L35	W003	VICKY LAU	0:31:36	0:31:16	0:16:05
268	L45	W053	KAREN MITCHELL-SANDOVAL	0:31:41	0:31:25	0:15:27
269	L40	W041	ELIZABETH KWONG	0:31:41	0:31:19	0:16:01
270	M55	M184	PETER ANDREYEV	0:31:43	0:31:34	0:15:40
271	M55	M171	PETER BROE	0:31:44	0:31:18	0:15:40
272	L40	W148	MAYSIE HUI	0:31:47	0:31:25	0:16:03
273	L15	W086	RACHEL TSE	0:32:14	0:32:03	0:16:28
274	LO	W110	CHEUK KI CORA LINH	0:32:24	0:31:53	0:16:27
275	MO	M244	PAUL NG	0:32:35	0:32:27	0:15:49
276	LO	W115	JANET KWOK	0:32:50	0:32:25	0:16:42
277	L40	W147	YUK CHING LAI	0:33:05	0:32:53	0:16:25
278	L35	W005	WAI MAN CHAN	0:33:07	0:32:33	0:17:05
279	M45	M104	ANTONIO POSTACCHINI	0:33:09	0:32:48	0:15:50
280	L50	W156	ANN KINGHAM	0:33:20	0:33:02	0:16:13
281	LO	W096	ON KI LO	0:33:22	0:33:07	0:16:13
282	M35	M040	CHUN PONG KENNETH POON	0:33:49	0:33:06	0:18:10
283	M45	M124	YAN CHEUNG WU	0:33:51	0:33:43	0:15:23
284	LO	W138	TSZ YIN QUEENIE LAI	0:34:00	0:33:39	0:17:22
285	M55	M174	KAM TONG LAM	0:34:12	0:33:53	0:17:14
286	MO	M336	YUN SHING MAK	0:34:42	0:34:15	0:16:40
287	LO	W122	HOI CHING JANIS LAI	0:34:55	0:34:26	0:17:39
288	MO	M301	EUGENE SAMUEL LEUNG	0:34:56	0:34:25	0:17:39
289	L35	W013	CRIS DELACRUZ	0:35:05	0:35:00	0:16:52
290	M17	M349	WAI KIN LAM	0:35:07	0:35:07	0:16:22
291	L50	W152	SIU SUM LEUNG	0:35:16	0:35:04	0:16:42
292	M65	M203	KWAN YEE LEUNG	0:35:22	0:34:59	0:16:23
293	L40	W043	ELSA TANG	0:35:30	0:34:48	0:18:42
294	MO	M297	JASON TANG	0:35:30	0:34:46	0:18:45
295	MO	M328	CHI MAN CHAN	0:35:34	0:35:05	0:18:21
296	L55	W071	ANJALI HAZARI	0:35:47	0:35:41	0:17:40
297	L40	W033	PUI WAI CHRISTINE WU	0:36:22	0:35:56	0:18:19
298	M45	M120	YIU FUNG TERENCE CHAN	0:36:22	0:35:55	0:18:19
299	MO	M258	RAYMOND LAM	0:36:22	0:35:46	0:19:00
300	LO	W098	CAROL KEI	0:36:23	0:35:48	0:19:01

AVOHK 5k Series 2103 - Race 1 Result
(4 Aug 2013, Temp:27-31C Relative Humidity: 75-95%)

OVERALL	CAT	BIB	NAME	OFFICIAL TIME	CHIP TIME	SPLIT TIME
301	LO	W136	YIN LING LAM	0:36:25	0:35:53	0:17:23
302	L40	W040	碧娜 余	0:36:32	0:36:07	0:17:39
303	L50	W153	PEK TOU CHONG	0:36:41	0:36:30	0:17:25
304	MO	M324	JONATHAN MATTOUT	0:37:05	0:25:54	0:24:03
305	LO	W094	NICOLE OOI	0:38:43	0:33:19	0:22:18
306	L15	W085	JENNIFER CHU	0:38:57	0:38:46	0:17:37
307	LO	W135	EMELINE SANDT	0:39:34	0:39:14	0:18:11
308	M50	M152	MAN TAI, MARTIN YAN	0:41:09	0:40:44	0:18:16
309	L40	W146	WAI YEE HO	0:41:17	0:40:56	0:21:05
310	L40	W149	SUK YING LEUNG	0:42:26	0:42:03	0:21:08
311	M45	M361	WING TAT LEUNG	0:42:40	0:42:13	0:21:17
312	M55	M181	CHRIS LAU	0:43:07	0:42:40	0:20:59
313	LO	W134	PHILIPPINE MATTOUT	0:47:09	0:35:57	0:28:25
314	LO	W095	CHRISTINA SJOHOLM	0:57:35	0:57:35	

AVOHK 5k Series 2103 - Race 1 Result
(4 Aug 2013, Temp:27-31C Relative Humidity: 75-95%)

OVERALL	CAT	RANK	CAT	BIB	NAME	OFFICIAL TIME	CHIP TIME	SPLIT TIME
144	1	L13	W077	KAILA PASCERI	0:24:53	0:24:44	0:12:52	
157	2	L13	W078	INDYA STEAINS	0:25:25	0:25:17	0:12:30	
88	1	L15	W087	CHLOE MARTIN	0:22:04	0:22:00	0:10:35	
108	2	L15	W082	ISABELLA STEAINS	0:23:02	0:22:55	0:11:20	
140	3	L15	W081	STEPHANIE HOLLOWAY	0:24:35	0:24:30	0:11:48	
164	4	L15	W155	CHERLY CHOW	0:25:57	0:25:53	0:12:23	
225	5	L15	W084	ANNABELLE BURTON	0:29:18	0:29:08	0:14:19	
273	6	L15	W086	RACHEL TSE	0:32:14	0:32:03	0:16:28	
306	7	L15	W085	JENNIFER CHU	0:38:57	0:38:46	0:17:37	
111	1	L17	W089	ALLYSON CHAN	0:23:16	0:23:10	0:11:35	
22	1	L35	W158	MICHELLE LOWRY	0:19:14	0:19:13	0:09:22	
72	2	L35	W001	ANN CHENG-ECHEVARRIA	0:21:21	0:21:20	0:10:34	
143	3	L35	W002	MELANIE CAMERON	0:24:50	0:24:36	0:12:27	
160	4	L35	W015	SZE YING JENNIFER CHEUNG	0:25:30	0:25:23	0:12:55	
213	5	L35	W014	BERNARDITTA NOSIL	0:28:38	0:28:30	0:13:39	
253	6	L35	W016	HULDA THOREY	0:30:33	0:30:17	0:15:06	
267	7	L35	W003	VICKY LAU	0:31:36	0:31:16	0:16:05	
278	8	L35	W005	WAI MAN CHAN	0:33:07	0:32:33	0:17:05	
289	9	L35	W013	CRIS DELACRUZ	0:35:05	0:35:00	0:16:52	
48	1	L40	W017	RACHEL SPROSTON	0:20:29	0:20:26	0:10:09	
52	2	L40	W022	CHARLOTTE CUTLER	0:20:43	0:20:41	0:10:27	
105	3	L40	W026	WINNIE TSANG	0:22:49	0:22:43	0:11:31	
133	4	L40	W035	PETRINA STEAINS	0:24:06	0:23:57	0:11:26	
171	5	L40	W024	LILIAN LEUNG	0:26:15	0:25:55	0:13:23	
186	6	L40	W037	SPARROW WAY-RUIJS	0:27:03	0:26:46	0:13:27	
201	7	L40	W036	CATHERINE SUN	0:27:44	0:27:41	0:14:17	
204	8	L40	W028	AMY LAU	0:27:47	0:27:39	0:13:31	
208	9	L40	W039	MOTOMI AOSHIMA	0:28:13	0:27:57	0:13:47	
232	10	L40	W019	JACQUELINE WALSH	0:29:31	0:29:12	0:14:21	
243	11	L40	W046	KRISTRUN LIND	0:30:05	0:29:47	0:15:02	
259	12	L40	W021	OLIVIA CHAN	0:30:45	0:30:21	0:16:15	
269	13	L40	W041	ELIZABETH KWONG	0:31:41	0:31:19	0:16:01	
272	14	L40	W148	MAYSIE HUI	0:31:47	0:31:25	0:16:03	
277	15	L40	W147	YUK CHING LAI	0:33:05	0:32:53	0:16:25	
293	16	L40	W043	ELSA TANG	0:35:30	0:34:48	0:18:42	
297	17	L40	W033	PUI WAI CHRISTINE WU	0:36:22	0:35:56	0:18:19	
302	18	L40	W040	碧娜 余	0:36:32	0:36:07	0:17:39	
309	19	L40	W146	WAI YEE HO	0:41:17	0:40:56	0:21:05	
310	20	L40	W149	SUK YING LEUNG	0:42:26	0:42:03	0:21:08	
61	1	L45	W054	ANITA FRERES	0:21:01	0:20:59	0:10:27	
132	2	L45	W049	CANDICE STELLA	0:24:03	0:23:52	0:11:50	
162	3	L45	W057	CECILIA KA WAI WONG	0:25:39	0:25:30	0:12:32	
177	4	L45	W159	DIANA RUTH ORANGE	0:26:41	0:26:27	0:13:36	
198	5	L45	W050	CAROLYN WINGARD-ROBERTSS	0:27:36	0:27:20	0:13:29	
241	6	L45	W048	SHARYN RIDLEY	0:30:00	0:29:45	0:14:57	
250	7	L45	W058	KA WAI TERESA LAI	0:30:22	0:29:55	0:15:27	
252	8	L45	W052	TERESA NG	0:30:33	0:30:12	0:15:23	
258	9	L45	W056	ILARIA GALIMBERTI	0:30:42	0:30:36	0:15:08	
268	10	L45	W053	KAREN MITCHELL-SANDOVAL	0:31:41	0:31:25	0:15:27	
123	1	L50	W063	YUEN YEE LEUNG	0:23:42	0:23:40	0:11:40	
212	2	L50	W154	KWOK LIN KONG	0:28:30	0:28:20	0:14:48	

AVOHK 5k Series 2103 - Race 1 Result
(4 Aug 2013, Temp:27-31C Relative Humidity: 75-95%)

OVERALL	CAT	RANK	CAT	BIB	NAME	OFFICIAL TIME	CHIP TIME	SPLIT TIME
242	3	L50	W067	SABINE PAULI		0:30:04	0:30:01	0:14:41
280	4	L50	W156	ANN KINGHAM		0:33:20	0:33:02	0:16:13
291	5	L50	W152	SIU SUM LEUNG		0:35:16	0:35:04	0:16:42
303	6	L50	W153	PEK TOU CHONG		0:36:41	0:36:30	0:17:25
80	1	L55	W070	ANGELA FUNG MING LEUNG		0:21:40	0:21:38	0:10:56
193	2	L55	W072	KIT FUN, YVONNE WONG		0:27:25	0:27:24	0:14:03
230	3	L55	W076	KIT LING FUNG		0:29:29	0:29:25	0:15:13
246	4	L55	W075	ANNE CAMPBELL		0:30:17	0:29:47	0:15:55
257	5	L55	W069	EVELYN LIM		0:30:41	0:30:39	0:14:53
296	6	L55	W071	ANJALI HAZARI		0:35:47	0:35:41	0:17:40
37	1	LO	W097	SASHA TORY		0:19:51	0:19:49	0:09:47
45	2	LO	W157	IMOGEN SIMMONDS		0:20:18	0:20:13	0:09:59
131	3	LO	W130	WAI YIN CHEUNG		0:23:57	0:23:54	0:11:56
137	4	LO	W124	HOLLY BOOTH		0:24:17	0:24:00	0:12:22
217	5	LO	W143	XIN YEE TSUI		0:28:50	0:28:24	0:14:29
219	6	LO	W121	ELLIE TANG		0:28:57	0:28:30	0:15:00
220	7	LO	W100	PO YEE FUNG		0:28:57	0:28:44	0:14:27
228	8	LO	W125	JULIJA FERLAND		0:29:27	0:29:12	0:14:31
238	9	LO	W092	THERESA TEO		0:29:51	0:29:36	0:15:24
239	10	LO	W129	MING WAI LAU		0:29:54	0:29:30	0:15:01
249	11	LO	W137	TAN YIN CHAN		0:30:20	0:29:57	0:15:25
260	12	LO	W101	RENEE CONKLIN		0:30:46	0:30:42	0:14:33
262	13	LO	W114	CHI LAM KAO		0:30:59	0:30:45	0:14:28
263	14	LO	W131	JESSICA ASKIN		0:31:01	0:30:32	0:15:49
264	15	LO	W140	MINNIE WAT		0:31:25	0:31:12	0:15:50
265	16	LO	W123	MAFALDA OLIVEIRA		0:31:26	0:31:07	0:15:18
274	17	LO	W110	CHEUK KI CORA LINH		0:32:24	0:31:53	0:16:27
276	18	LO	W115	JANET KWOK		0:32:50	0:32:25	0:16:42
281	19	LO	W096	ON KI LO		0:33:22	0:33:07	0:16:13
284	20	LO	W138	TSZ YIN QUEENIE LAI		0:34:00	0:33:39	0:17:22
287	21	LO	W122	HOI CHING JANIS LAI		0:34:55	0:34:26	0:17:39
300	22	LO	W098	CAROL KEI		0:36:23	0:35:48	0:19:01
301	23	LO	W136	YIN LING LAM		0:36:25	0:35:53	0:17:23
305	24	LO	W094	NICOLE OOI		0:38:43	0:33:19	0:22:18
307	25	LO	W135	EMELINE SANDT		0:39:34	0:39:14	0:18:11
313	26	LO	W134	PHILIPPINE MATTOU		0:47:09	0:35:57	0:28:25
314	27	LO	W095	CHRISTINA SJOHOLM		0:57:35	0:57:35	
13	1	M13	M206	MATTHEW TAN		0:18:19	0:18:19	0:08:53
55	2	M13	M213	CLAYTON GIBB		0:20:50	0:20:49	0:10:07
59	3	M13	M212	OSCAR COGGINS		0:20:59	0:20:56	0:09:56
81	4	M13	M208	KEI FJELDDAHL		0:21:43	0:21:39	0:10:24
112	5	M13	M214	ERNEST WONG		0:23:17	0:23:08	0:12:16
135	6	M13	M211	GIORGIO GALIMBERTI		0:24:13	0:24:06	0:11:53
227	7	M13	M210	CHARLIE STEWART		0:29:24	0:29:24	
6	1	M15	M215	REINY BROWN		0:17:16	0:17:16	0:08:28
9	2	M15	M346	CHEUK MAN YANG		0:17:38	0:17:36	0:08:47
11	3	M15	M218	MARSHALL TORY		0:18:13	0:18:11	0:09:11
33	4	M15	M347	EFOO AJIBOLA CHAN		0:19:43	0:19:41	0:09:57
39	5	M15	M216	JAMES TAN		0:20:01	0:19:56	0:09:57
56	6	M15	M219	WILLIAM HARRISON		0:20:50	0:20:50	0:10:26
100	7	M15	M220	PAULI MAX		0:22:35	0:22:32	0:10:29

AVOHK 5k Series 2103 - Race 1 Result
(4 Aug 2013, Temp:27-31C Relative Humidity: 75-95%)

OVERALL	CAT	RANK	CAT	BIB	NAME	OFFICIAL TIME	CHIP TIME	SPLIT TIME
3	1	M17	M228	HIDEO HARRY LOASBY	0:16:53	0:16:53	0:08:17	
4	2	M17	M225	DAVID REEVE MADDUX	0:16:58	0:16:57	0:08:17	
16	3	M17	M226	HENRY WARREN	0:18:40	0:18:40	0:08:44	
28	4	M17	M350	TSUNHANG MOK	0:19:32	0:19:29	0:09:41	
43	5	M17	M231	SEBASTIAN ENGELHART	0:20:13	0:20:12	0:09:41	
49	6	M17	M232	OLIVER ENGELHART	0:20:36	0:20:35	0:09:40	
70	7	M17	M233	KWUN WANG CHAN	0:21:12	0:21:09	0:10:21	
149	8	M17	M230	ERNEST CHING	0:25:05	0:24:57	0:12:19	
199	9	M17	M236	CHUN HIN YUNG	0:27:39	0:27:35	0:13:40	
290	10	M17	M349	WAI KIN LAM	0:35:07	0:35:07	0:16:22	
10	1	M35	M002	CHRIS WHARTON	0:17:45	0:17:45	0:08:45	
18	2	M35	M029	GIUSEPPE MOLLIKA	0:18:57	0:18:57	0:09:03	
27	3	M35	M003	NEIL ATKINSON	0:19:30	0:19:30	0:09:48	
44	4	M35	M004	ROBERT SMITH	0:20:18	0:20:14	0:09:54	
51	5	M35	M045	JOHN MCGINN	0:20:38	0:20:32	0:10:08	
66	6	M35	M005	PAUL CROWE-WERMUND	0:21:11	0:21:07	0:10:16	
67	7	M35	M033	DEAN IRVINE	0:21:11	0:21:02	0:10:45	
75	8	M35	M006	WING YAN IP	0:21:30	0:21:15	0:11:11	
89	9	M35	M046	JOB CAMPBELL	0:22:06	0:21:56	0:11:14	
91	10	M35	M010	KAI SUN CHAN	0:22:08	0:22:01	0:11:27	
93	11	M35	M351	PO KEONG THONG	0:22:17	0:21:53	0:11:37	
95	12	M35	M025	WAN HANG CHUNG	0:22:21	0:22:18	0:10:51	
101	13	M35	M049	KEVIN LAW	0:22:41	0:22:33	0:11:20	
107	14	M35	M030	TSZ CHAU THOMAS YEUNG	0:22:59	0:22:47	0:11:25	
134	15	M35	M007	JOSE SANDOVAL	0:24:09	0:23:50	0:12:27	
136	16	M35	M017	BRIAN WAI CHI TSUI	0:24:14	0:23:54	0:12:44	
165	17	M35	M047	THOMAS BENNINGTON HULME	0:26:06	0:25:54	0:12:53	
166	18	M35	M036	EDWARD TANG	0:26:06	0:25:35	0:13:27	
179	19	M35	M050	BJARKI GARDARSSON	0:26:48	0:26:30	0:13:47	
192	20	M35	M032	KENNETH COWGILL	0:27:24	0:27:03	0:14:01	
196	21	M35	M020	MAX CHEN	0:27:27	0:27:06	0:14:16	
205	22	M35	M037	JAMES MIRFIN	0:27:50	0:27:45	0:13:17	
209	23	M35	M008	TZE KIN HO	0:28:14	0:28:05	0:14:53	
211	24	M35	M354	HO WAN KEN WONG	0:28:30	0:28:20	0:14:13	
215	25	M35	M352	CH WU	0:28:44	0:28:34	0:13:34	
216	26	M35	M028	CHI WAI LEUNG	0:28:45	0:28:20	0:15:01	
226	27	M35	M018	HOI TAT LEUNG	0:29:19	0:29:03	0:14:25	
233	28	M35	M027	CHUN KWONG CHAN	0:29:33	0:29:07	0:15:20	
282	29	M35	M040	CHUN PONG KENNETH POON	0:33:49	0:33:06	0:18:10	
24	1	M40	M070	LIT CHEUNG YUNG	0:19:26	0:19:23	0:09:47	
31	2	M40	M071	JUERGEN SCHUSTER	0:19:39	0:19:37	0:09:41	
34	3	M40	M064	WAI PING LARRY CHAN	0:19:43	0:19:39	0:10:02	
38	4	M40	M067	ANDREW ANDREW ORCHARD	0:19:53	0:19:51	0:09:54	
41	5	M40	M092	STEVE WILLMOTT	0:20:09	0:20:04	0:10:04	
46	6	M40	M057	NICK BALL	0:20:23	0:20:20	0:10:10	
63	7	M40	M056	ANDREW SALTON	0:21:04	0:20:58	0:10:36	
79	8	M40	M069	WILSON CHOI	0:21:38	0:21:34	0:10:57	
84	9	M40	M072	MARK RUTTER	0:21:54	0:21:40	0:11:31	
85	10	M40	M356	CHUN TING LOK	0:21:56	0:21:41	0:11:22	
86	11	M40	M357	KONG LOY YIP	0:21:56	0:21:41	0:11:37	
87	12	M40	M101	VINCENT LEE	0:21:57	0:21:46	0:11:15	

AVOHK 5k Series 2103 - Race 1 Result
(4 Aug 2013, Temp:27-31C Relative Humidity: 75-95%)

OVERALL	CAT	RANK	CAT	BIB	NAME	OFFICIAL TIME	CHIP TIME	SPLIT TIME
92	13	M40	M065	MARK MURRAY	0:22:11	0:22:04	0:11:15	
94	14	M40	M052	DAVID FITZGERALD	0:22:17	0:22:07	0:11:10	
104	15	M40	M075	KEITH LEUNG	0:22:49	0:22:43	0:11:35	
114	16	M40	M053	DAVID RIDLEY	0:23:18	0:22:59	0:11:46	
116	17	M40	M355	SAI KIT ALGER CHENG	0:23:22	0:23:17	0:10:56	
118	18	M40	M086	THOMAS PHILIPSON	0:23:27	0:23:18	0:11:51	
120	19	M40	M095	SCOTT CHRISTENSEN	0:23:32	0:23:27	0:10:42	
125	20	M40	M073	WAI SING LAM	0:23:46	0:23:32	0:12:10	
126	21	M40	M054	JASON ORANGE	0:23:50	0:23:36	0:11:37	
127	22	M40	M066	FELIX KONG	0:23:51	0:23:46	0:11:57	
150	23	M40	M081	RICHARD SCARTH	0:25:07	0:24:56	0:12:42	
168	24	M40	M079	TAK MING TSUI	0:26:10	0:26:06	0:12:18	
170	25	M40	M061	YU CHING ALBERT YU	0:26:14	0:26:05	0:12:51	
185	26	M40	M088	RAYMOND LIU	0:27:02	0:26:54	0:13:40	
187	27	M40	M094	KOJI YAMASHITA	0:27:11	0:27:07	0:12:50	
189	28	M40	M093	SEBASTIAN HUGHES	0:27:22	0:27:06	0:13:48	
202	29	M40	M080	PASCAL GOT	0:27:44	0:27:26	0:14:21	
29	1	M45	M123	TAK FAI LO	0:19:34	0:19:32	0:09:59	
32	2	M45	M133	KURT HERRMANN	0:19:42	0:19:39	0:09:40	
36	3	M45	M132	JON GILCHRIST	0:19:50	0:19:47	0:09:49	
69	4	M45	M131	WILL HAYWARD	0:21:11	0:21:08	0:10:33	
71	5	M45	M137	SCOTT BURTON	0:21:19	0:21:11	0:10:55	
74	6	M45	M103	PAUL CHERRY	0:21:29	0:21:24	0:10:45	
78	7	M45	M109	STANLEY CHOW	0:21:37	0:21:34	0:10:51	
83	8	M45	M122	DANIEL PONG	0:21:51	0:21:48	0:10:54	
90	9	M45	M117	LAWRENCE TSANG	0:22:08	0:22:01	0:10:57	
99	10	M45	M126	STEPHEN CHING	0:22:34	0:22:28	0:11:03	
102	11	M45	M359	CHI HUNG LEE	0:22:45	0:22:40	0:11:13	
113	12	M45	M108	KA WAI WONG	0:23:17	0:22:59	0:11:37	
117	13	M45	M113	PER CHRISTIAN FJELDDAHL	0:23:26	0:23:22	0:10:44	
128	14	M45	M107	NICHOLAS TAN	0:23:51	0:23:42	0:11:35	
141	15	M45	M110	ANDREW MALANGA	0:24:37	0:24:24	0:12:15	
146	16	M45	M141	ALVIN CHOW	0:25:00	0:24:54	0:12:29	
156	17	M45	M368	ALEX CARL ORANGE	0:25:25	0:25:12	0:13:09	
169	18	M45	M105	K K CHOW	0:26:10	0:25:49	0:13:17	
174	19	M45	M136	DOUG BELLINGHAM	0:26:21	0:26:08	0:13:25	
195	20	M45	M127	FORHAD ULLAH	0:27:26	0:27:04	0:13:39	
203	21	M45	M111	TZE HANG HUI	0:27:45	0:27:34	0:13:40	
221	22	M45	M119	PAUL LEE	0:29:05	0:28:47	0:14:23	
222	23	M45	M135	STEPHEN LEUNG	0:29:07	0:28:41	0:14:58	
234	24	M45	M367	ANDREW KINGHAM	0:29:35	0:29:13	0:15:19	
235	25	M45	M112	DAVID HUENG CHI WAN	0:29:35	0:29:19	0:14:36	
256	26	M45	M106	MICHAEL JAMES	0:30:38	0:25:14	0:17:46	
279	27	M45	M104	ANTONIO POSTACCHINI	0:33:09	0:32:48	0:15:50	
283	28	M45	M124	YAN CHEUNG WU	0:33:51	0:33:43	0:15:23	
298	29	M45	M120	YIU FUNG TERENCE CHAN	0:36:22	0:35:55	0:18:19	
311	30	M45	M361	WING TAT LEUNG	0:42:40	0:42:13	0:21:17	
19	1	M50	M369	MARK REEVES	0:18:59	0:18:57	0:09:24	
23	2	M50	M158	KOICHI OTA	0:19:23	0:19:21	0:09:41	
35	3	M50	M153	KWOK KEUNG YEUNG	0:19:47	0:19:45	0:10:02	
42	4	M50	M143	PETER BROWN	0:20:11	0:20:10	0:09:46	

AVOHK 5k Series 2103 - Race 1 Result
(4 Aug 2013, Temp:27-31C Relative Humidity: 75-95%)

OVERALL	CAT	RANK	CAT	BIB	NAME	OFFICIAL TIME	CHIP TIME	SPLIT TIME
53	5		M50	M150	STEFAN RUDOLF PAULI	0:20:47	0:20:44	0:10:10
96	6		M50	M146	KWOK FEI CHARLES LUI	0:22:21	0:22:09	0:11:37
115	7		M50	M148	MICHAEL CHUE	0:23:20	0:23:14	0:11:43
147	8		M50	M365	SIU ON KONG	0:25:01	0:24:50	0:12:48
153	9		M50	M364	CHUENG WAH MA	0:25:17	0:25:11	0:12:32
155	10		M50	M161	SIU WA HO	0:25:23	0:25:03	0:12:50
159	11		M50	M363	CH LIU	0:25:30	0:25:19	0:12:17
178	12		M50	M159	DAVID MORTON	0:26:45	0:26:14	0:14:00
180	13		M50	M366	WAI IP LEE	0:26:52	0:26:39	0:13:20
200	14		M50	M144	DANIEL FU	0:27:42	0:27:33	0:13:51
214	15		M50	M157	WAI MAN CHOI	0:28:39	0:28:21	0:14:43
223	16		M50	M162	HUNG FAI WONG	0:29:12	0:29:02	0:14:34
236	17		M50	M166	KWONG YIU KWOK	0:29:46	0:29:43	0:14:59
245	18		M50	M156	ISHWAR PARSRAM SHARMA	0:30:13	0:29:53	0:14:55
254	19		M50	M164	KA SING LI	0:30:35	0:30:30	0:13:47
308	20		M50	M152	MAN TAI, MARTIN YAN	0:41:09	0:40:44	0:18:16
60	1		M55	M172	PAK SUN POON	0:21:00	0:20:58	0:10:11
77	2		M55	M179	MICHAEL HARRISON	0:21:36	0:21:30	0:10:58
98	3		M55	M170	CHI CHEUNG LAM	0:22:28	0:22:19	0:11:29
103	4		M55	M188	GEOFF BLYTH	0:22:48	0:22:35	0:11:54
121	5		M55	M186	HERMANN CHU	0:23:34	0:23:24	0:11:44
173	6		M55	M169	JAMES VICKERS	0:26:20	0:25:56	0:13:44
188	7		M55	M168	IVAN YOUNG	0:27:20	0:27:09	0:13:33
210	8		M55	M191	ANTONY TAYLOR	0:28:21	0:27:58	0:14:49
244	9		M55	M187	KAM KWONG ANTHONY CHEUNG	0:30:12	0:30:08	0:15:13
270	10		M55	M184	PETER ANDREYEV	0:31:43	0:31:34	0:15:40
271	11		M55	M171	PETER BROE	0:31:44	0:31:18	0:15:40
285	12		M55	M174	KAM TONG LAM	0:34:12	0:33:53	0:17:14
312	13		M55	M181	CHRIS LAU	0:43:07	0:42:40	0:20:59
73	1		M60	M199	PHILIP BOOTH	0:21:26	0:21:25	0:10:22
106	2		M60	M196	ALAN AU	0:22:56	0:22:51	0:11:31
138	3		M60	M195	CHAK YAN CHAN	0:24:19	0:24:15	0:12:08
145	4		M60	M197	JAMES STEWART	0:24:58	0:24:51	0:12:05
182	5		M60	M200	HING MING LEE	0:26:55	0:26:48	0:13:22
194	6		M60	M198	NEIL CAMPBELL	0:27:25	0:26:55	0:13:56
224	7		M60	M194	GREG TACK	0:29:13	0:28:45	0:15:02
229	8		M60	M193	PAUL JACKSON	0:29:28	0:29:06	0:14:38
152	1		M65	M202	TUNG BO YU	0:25:13	0:25:09	0:12:45
163	2		M65	M201	FRANK PILKINGTON	0:25:43	0:25:41	0:12:27
292	3		M65	M203	KWAN YEE LEUNG	0:35:22	0:34:59	0:16:23
1	1		MO	M246	CLINTON MACKEVICIUS	0:15:18	0:15:18	0:07:29
2	2		MO	M256	BRENDAN KEAN	0:15:48	0:15:48	0:07:59
5	3		MO	M344	CHUN YIN LI	0:17:11	0:17:09	0:08:10
7	4		MO	M293	THOMAS BOOTH	0:17:32	0:17:32	0:08:39
8	5		MO	M286	TSZ LEUNG CHAN	0:17:37	0:17:36	0:08:53
12	6		MO	M245	KAT LAI	0:18:17	0:18:15	0:09:08
14	7		MO	M284	NICOLAS BLANCHET	0:18:26	0:18:26	0:08:49
15	8		MO	M311	SCOTT HOOPER	0:18:34	0:18:32	0:09:01
17	9		MO	M238	BIN LANG	0:18:49	0:18:44	0:09:35
20	10		MO	M242	JASON JIA	0:19:06	0:19:05	0:09:05
21	11		MO	M325	YUK TONG LEE	0:19:11	0:19:03	0:09:43

AVOHK 5k Series 2103 - Race 1 Result
(4 Aug 2013, Temp:27-31C Relative Humidity: 75-95%)

OVERALL	CAT	RANK	CAT	BIB	NAME	OFFICIAL TIME	CHIP TIME	SPLIT TIME
25	12	MO	M241	RICHARD COWLEY	0:19:28	0:19:28	0:09:26	
26	13	MO	M317	KAM YUEN CHANG	0:19:28	0:19:27	0:09:42	
30	14	MO	M289	CHRIS DAVIS	0:19:37	0:19:30	0:09:55	
40	15	MO	M267	ROBERT ANDERSSON	0:20:02	0:19:59	0:09:48	
47	16	MO	M240	WING HUNG CHAN	0:20:24	0:20:20	0:10:05	
50	17	MO	M277	SIU FUNG CHEUNG	0:20:38	0:20:29	0:10:19	
54	18	MO	M273	KAM PO POON	0:20:48	0:20:35	0:10:25	
57	19	MO	M279	KIERAN HUMPHREY	0:20:55	0:20:49	0:10:29	
58	20	MO	M269	ROY KAN	0:20:56	0:20:49	0:10:30	
62	21	MO	M340	DOM CHOW	0:21:02	0:20:50	0:10:42	
64	22	MO	M315	SHUN CHEONG LEUNG	0:21:08	0:21:02	0:10:24	
65	23	MO	M314	JOSHUA KEIL	0:21:09	0:21:01	0:10:45	
68	24	MO	M295	SCOTT MITCHELL	0:21:11	0:21:02	0:10:49	
76	25	MO	M303	ADAM CZEGLEDI	0:21:35	0:21:31	0:10:31	
82	26	MO	M268	KA HO LAWRENCE WONG	0:21:50	0:21:49	0:10:28	
97	27	MO	M281	ROBERT NICHOLS	0:22:25	0:22:13	0:11:04	
109	28	MO	M263	MICHAEL TAM	0:23:05	0:22:48	0:11:59	
110	29	MO	M271	CHUN-FUNG CHAN	0:23:14	0:23:06	0:11:17	
119	30	MO	M316	HOI FUNG CHAN	0:23:31	0:23:29	0:11:39	
122	31	MO	M243	LEE DAVIDSON	0:23:40	0:23:35	0:11:39	
124	32	MO	M294	JONATHAN STAYTON	0:23:43	0:23:32	0:11:07	
129	33	MO	M335	SHEUNG YIN ALVIN LI	0:23:55	0:23:50	0:11:30	
130	34	MO	M326	YUK KEUNG LEE	0:23:56	0:23:49	0:12:42	
139	35	MO	M272	KRISHAN MURARI	0:24:33	0:24:33	0:11:45	
142	36	MO	M307	WING SHUN VINCENT CHENG	0:24:41	0:24:36	0:12:26	
148	37	MO	M278	SING HANG CHEUNG	0:25:03	0:24:54	0:12:38	
151	38	MO	M313	WING HO LOUIS SAU	0:25:08	0:25:00	0:12:48	
154	39	MO	M287	YAN HOE LAM	0:25:22	0:25:19	0:11:35	
158	40	MO	M331	KL CHAN	0:25:26	0:25:14	0:12:49	
161	41	MO	M296	HOWARD HO	0:25:38	0:25:09	0:13:45	
167	42	MO	M327	HOI CHING, KEITH WONG	0:26:08	0:25:38	0:13:50	
172	43	MO	M334	KA KI CHEUNG	0:26:19	0:26:19	0:12:28	
175	44	MO	M252	KWOK WAI HO	0:26:33	0:26:26	0:13:42	
176	45	MO	M322	PO FAI MAK	0:26:34	0:26:09	0:14:21	
181	46	MO	M302	MARTIM OLIVEIRA	0:26:53	0:26:31	0:13:58	
183	47	MO	M332	CL LEUNG	0:27:02	0:26:46	0:13:59	
184	48	MO	M265	NICHOLAS YEUNG	0:27:02	0:26:45	0:13:05	
190	49	MO	M310	CHRISTOPHER HOI WONG	0:27:23	0:27:11	0:13:26	
191	50	MO	M274	SUNG MING CHAN	0:27:23	0:27:08	0:14:38	
197	51	MO	M338	CHI HO TSANG	0:27:34	0:27:08	0:14:01	
206	52	MO	M280	ROBERT MIRFIN	0:27:57	0:27:53	0:13:19	
207	53	MO	M345	LARRY LUI	0:28:04	0:27:50	0:15:00	
218	54	MO	M342	CHUN WA AU YEUNG	0:28:50	0:28:23	0:14:26	
231	55	MO	M333	KAI YEUNG YIP	0:29:31	0:28:58	0:15:30	
237	56	MO	M257	SHU KIN CHARLES WONG	0:29:49	0:29:15	0:14:55	
240	57	MO	M330	LM WU	0:29:55	0:29:40	0:14:40	
247	58	MO	M253	SING LONG CHEUNG	0:30:19	0:30:10	0:15:46	
248	59	MO	M251	MAN KIT CHEUNG	0:30:19	0:30:12	0:15:47	
251	60	MO	M337	HUNG WAI LEE	0:30:31	0:30:05	0:15:17	
255	61	MO	M319	MICHAEL COOMBS	0:30:37	0:30:08	0:15:48	
261	62	MO	M275	SIJU UNNY	0:30:54	0:30:34	0:14:58	

AVOHK 5k Series 2103 - Race 1 Result
(4 Aug 2013, Temp:27-31C Relative Humidity: 75-95%)

OVERALL	CAT	RANK	CAT	BIB	NAME	OFFICIAL TIME	CHIP TIME	SPLIT TIME
266	63	MO	M260	WAN KEUNG WAN		0:31:27	0:30:59	0:15:06
275	64	MO	M244	PAUL NG		0:32:35	0:32:27	0:15:49
286	65	MO	M336	YUN SHING MAK		0:34:42	0:34:15	0:16:40
288	66	MO	M301	EUGENE SAMUEL LEUNG		0:34:56	0:34:25	0:17:39
294	67	MO	M297	JASON TANG		0:35:30	0:34:46	0:18:45
295	68	MO	M328	CHI MAN CHAN		0:35:34	0:35:05	0:18:21
299	69	MO	M258	RAYMOND LAM		0:36:22	0:35:46	0:19:00
304	70	MO	M324	JONATHAN MATTOU		0:37:05	0:25:54	0:24:03