

AVOHK 5k Series 2017 - Race 4 (South Bay)

Overall Position	Category Position	Category	Bib	Name	Official Time	Chip Time	CP
1	1	Men's 35 (35-39)	M127	Brendan Kean	00:16:33	00:16:33	00:08:24
2	1	Men's Junior 17 (16-17)	M224	Charlie Stewart	00:17:08	00:17:08	00:08:25
3	1	Men's Junior 13 (12-13)	M282	Tak Long Nick Yip	00:17:30	00:17:28	00:08:29
4	1	Men's 40 (40-44)	M253	Chris Wharton	00:17:36	00:17:36	00:08:50
5	1	Men's Junior 15 (14-15)	M130	Adam Kiely	00:17:43	00:17:43	00:08:41
6	1	Men's Open (18-34)	M004	Ansu Ansu	00:17:53	00:17:51	00:08:34
7	2	Men's 35 (35-39)	M012	Thomas Booth	00:17:56	00:17:54	00:08:51
8	2	Men's Junior 13 (12-13)	M330	Hayden Bailey	00:18:00	00:18:00	00:08:49
9	2	Men's Junior 15 (14-15)	M080	Loughlin Davidson	00:18:06	00:18:06	00:08:40
10	3	Men's 35 (35-39)	M377	Martenet Jean-Baptiste	00:18:08	00:18:08	00:08:42
11	2	Men's 40 (40-44)	M417	Rickard Månesjö	00:18:13	00:18:10	00:09:00
12	4	Men's 35 (35-39)	M076	Richard Cowley	00:18:17	00:18:17	00:08:54
13	3	Men's 40 (40-44)	M198	Yan chi NG	00:18:18	00:18:16	00:08:55
14	4	Men's 40 (40-44)	M206	Frank Riehm	00:18:23	00:18:23	00:09:01
15	2	Men's Open (18-34)	M114	Scott Hooper	00:18:25	00:18:23	00:08:53
16	3	Men's Junior 15 (14-15)	M045	Sui Him Cheung	00:18:25	00:18:21	00:08:59
17	4	Men's Junior 15 (14-15)	M329	Jeffrey Chan	00:18:32	00:18:27	00:09:20
18	2	Men's Junior 17 (16-17)	M373	Gibb Clayton	00:18:35	00:18:29	00:09:12
19	1	Ladies' Junior 15	W201	Cade Wright	00:18:35	00:18:35	00:09:00
20	3	Men's Junior 17 (16-17)	M395	James Standing	00:18:39	00:18:39	00:08:59
21	1	Men's 45 (45-49)	M344	Tim Marchant	00:18:48	00:18:48	00:09:16
22	5	Men's Junior 15 (14-15)	M094	Pak Him Fung	00:18:50	00:18:46	00:09:20
23	3	Men's Open (18-34)	M279	Yared Yared	00:18:55	00:18:55	00:09:23
24	5	Men's 40 (40-44)	M075	Olivier Courret	00:19:00	00:18:57	00:09:10
25	3	Men's Junior 13 (12-13)	M227	Alex, Yim Lun Sung	00:19:06	00:19:00	00:09:10
26	6	Men's Junior 15 (14-15)	M371	Tse Ryan Hay	00:19:09	00:19:08	00:09:18
27	7	Men's Junior 15 (14-15)	M152	Shun Leung	00:19:13	00:19:08	00:09:21
28	2	Ladies' Junior 15	W202	Tallulah Wright	00:19:14	00:19:14	00:09:19
29	1	Ladies' Junior 13	W028	Pauline Courret	00:19:16	00:19:13	00:09:22
30	4	Men's Junior 13 (12-13)	M408	Kade Southall	00:19:20	00:19:16	00:09:25
31	1	Men's 50 (50-54)	M142	Ngok Wa Frankie Lam	00:19:21	00:19:19	00:09:30
32	2	Men's 45 (45-49)	M212	Stuardo Sinibaldi	00:19:22	00:19:17	00:09:22
33	5	Men's 35 (35-39)	M180	Joe McDevitt	00:19:23	00:19:15	00:09:23
34	3	Ladies' Junior 15	W010	Kara Casey	00:19:26	00:19:23	00:09:11
35	2	Ladies' Junior 13	W226	Roxanne Wright	00:19:30	00:19:30	00:09:23
36	8	Men's Junior 15 (14-15)	M370	Brunner Felix	00:19:33	00:19:20	00:09:38
37	1	Men's 60 (60-64)	M398	John Campbell	00:19:36	00:19:36	00:09:39
38	4	Men's Junior 17 (16-17)	M372	Tse Adrian Hymn	00:19:40	00:19:36	00:09:37
39	6	Men's 40 (40-44)	M316	Martin Pate	00:19:43	00:19:38	00:09:42
40	4	Ladies' Junior 15	W046	Charlie Hall	00:19:50	00:19:48	00:09:27
41	3	Men's 45 (45-49)	M216	Jan Souleyman	00:19:51	00:19:48	00:09:33
42	2	Men's 60 (60-64)	M098	Kenneth Greer	00:19:53	00:19:53	00:09:41
43	7	Men's 40 (40-44)	M215	Robert Smith	00:19:54	00:19:52	00:09:31
44	4	Men's Open (18-34)	M368	Robert Sullivan	00:19:56	00:19:51	00:10:01
45	4	Men's 45 (45-49)	M208	Andrew Salton	00:19:58	00:19:55	00:09:51
46	8	Men's 40 (40-44)	M237	Tat Fung Van To	00:19:59	00:19:56	00:09:32
47	5	Men's 45 (45-49)	M354	Warren Warner	00:20:01	00:19:57	00:09:34
48	1	Ladies' 40 (40-44)	W029	Charlotte Cutler	00:20:03	00:20:00	00:09:46
49	5	Men's Junior 13 (12-13)	M084	William Dingley	00:20:05	00:20:01	00:09:37
50	3	Ladies' Junior 13	W064	Kirsten Tze Ka Lai	00:20:05	00:20:02	00:09:28
51	6	Men's Junior 13 (12-13)	M079	Dominic Davidson	00:20:11	00:20:09	00:09:41
52	2	Men's 50 (50-54)	M357	Stephen Ching	00:20:12	00:20:09	00:09:53
53	3	Men's 50 (50-54)	M299	Steven Handelsman	00:20:17	00:20:14	00:09:56
54	2	Ladies' 40 (40-44)	W121	Rachel Sproston	00:20:20	00:20:16	00:10:00
55	6	Men's 35 (35-39)	M343	KWOK SHING LEUNG	00:20:21	00:20:10	00:10:07
56	9	Men's Junior 15 (14-15)	M082	William Ernest Dawes	00:20:22	00:20:22	00:09:21
57	6	Men's 45 (45-49)	M035	Wai Man Chan	00:20:22	00:20:19	00:10:23
58	4	Men's 50 (50-54)	M043	Simon Cheng	00:20:23	00:20:20	00:09:49
59	5	Men's Open (18-34)	M177	Yan Lok Marco Luk	00:20:23	00:20:17	00:09:46
60	5	Men's 50 (50-54)	M228	Maurice Szeto	00:20:30	00:20:23	00:10:09

AVOHK 5k Series 2017 - Race 4 (South Bay)

Overall Position	Category Position	Category	Bib	Name	Official Time	Chip Time	CP
61	9	Men's 40 (40-44)	M068	Wan Hang Chung	00:20:31	00:20:28	00:09:58
62	10	Men's 40 (40-44)	M156	Yiu Cheung Leung	00:20:37	00:20:35	00:10:00
63	7	Men's 45 (45-49)	M111	Simon Holden	00:20:46	00:20:38	00:10:09
64	10	Men's Junior 15 (14-15)	M403	Ho Nam Tsui	00:20:48	00:20:43	00:09:55
65	6	Men's Open (18-34)	M296	Kenneth Chan	00:20:49	00:20:44	00:09:45
66	7	Men's Open (18-34)	M351	Rowan Varty	00:20:51	00:20:42	00:10:03
67	8	Men's 45 (45-49)	M219	Duncan Spooner	00:20:53	00:20:47	00:10:01
68	1	Men's 55 (55-59)	M281	Kwok Keung Yeung	00:20:54	00:20:50	00:10:27
69	7	Men's 35 (35-39)	M243	FU MING TSE	00:20:55	00:20:49	00:10:27
70	4	Ladies' Junior 13	W116	Lily Sheary	00:20:58	00:20:58	00:10:10
71	11	Men's 40 (40-44)	M140	Wai Man Gavin Lam	00:21:01	00:20:56	00:10:30
72	5	Men's Junior 17 (16-17)	M401	Kei Fjeldahl	00:21:01	00:21:01	00:09:35
73	6	Men's 50 (50-54)	M071	Andy Clempson	00:21:03	00:20:56	00:10:07
74	8	Men's Open (18-34)	M362	Tsz Ho Yip	00:21:03	00:20:58	00:10:05
75	8	Men's 35 (35-39)	M347	Yu Hin Lam	00:21:08	00:21:03	00:10:08
76	7	Men's 50 (50-54)	M313	Paul Cherry	00:21:09	00:20:59	00:10:36
77	3	Men's 60 (60-64)	M165	SIU KIN LI	00:21:10	00:21:07	00:10:29
78	8	Men's 50 (50-54)	M091	Paul Frank	00:21:11	00:21:08	00:10:01
79	1	Ladies' 45 (45-49)	W055	Kellie Irwin	00:21:12	00:21:08	00:10:26
80	2	Men's 55 (55-59)	M147	Yiu Ming LAU	00:21:22	00:21:20	00:10:25
81	5	Ladies' Junior 13	W169	Sela Caldwell	00:21:25	00:21:18	00:10:08
82	9	Men's 45 (45-49)	M058	Wilson Choi	00:21:26	00:21:23	00:10:29
83	9	Men's Open (18-34)	M001	Aboma Aboma	00:21:30	00:21:22	00:10:42
84	10	Men's Open (18-34)	M229	Lau Cuong Ta	00:21:35	00:21:24	00:10:38
85	4	Men's 60 (60-64)	M394	Kwong Ming Leung	00:21:42	00:21:40	00:10:19
86	10	Men's 45 (45-49)	M022	Dick Casey	00:21:46	00:21:41	00:09:57
87	9	Men's 50 (50-54)	M069	TAT Chi CHUNG	00:21:46	00:21:42	00:10:21
88	9	Men's 35 (35-39)	M341	EDWOOD CHEUNG	00:21:47	00:21:42	00:10:37
89	1	Ladies' 50 (50-54)	W208	Camilla Fernstrom	00:21:47	00:21:43	00:10:42
90	7	Men's Junior 13 (12-13)	M090	Matthew Frank	00:21:50	00:21:47	00:10:12
91	11	Men's Junior 15 (14-15)	M353	Ethan Warner	00:21:53	00:21:48	00:10:43
92	11	Men's 45 (45-49)	M132	Felix Kong	00:21:59	00:21:56	00:10:45
93	12	Men's Junior 15 (14-15)	M307	Theo Boeree	00:22:00	00:21:47	00:10:04
94	10	Men's 50 (50-54)	M122	Tatsuya Kadonaga	00:22:02	00:21:56	00:10:33
95	11	Men's Open (18-34)	M116	Idle Idle	00:22:07	00:22:04	00:10:24
96	13	Men's Junior 15	M418	Clement Beylier	00:22:07	00:21:59	00:10:21
97	1	Ladies' 35 (35-39)	W159	Gemma Chambers	00:22:09	00:22:03	00:10:52
98	3	Ladies' 40 (40-44)	W146	MEI HONG YANG	00:22:12	00:22:09	00:10:49
99	6	Men's Junior 17 (16-17)	M280	Justin, Ho Hei Yau	00:22:13	00:22:07	00:10:19
100	12	Men's Open (18-34)	M013	Brice Brice	00:22:14	00:22:04	00:11:26
101	2	Ladies' 45 (45-49)	W048	Elaine Hall	00:22:15	00:22:09	00:11:00
102	8	Men's Junior 13 (12-13)	M179	Kayan Malkani	00:22:18	00:22:12	00:10:42
103	5	Ladies' Junior 15	W075	Gabrielle Law	00:22:19	00:22:16	00:10:32
104	1	Ladies' Open (18-34)	W184	Jessica Hugo	00:22:22	00:22:13	00:10:42
105	3	Men's 55 (55-59)	M067	Michael Chue	00:22:23	00:22:23	00:10:47
106	2	Ladies' 50 (50-54)	W222	Sian Abate	00:22:27	00:22:24	00:10:55
107	2	Ladies' Open (18-34)	W161	Ka Kiu Christy Chui	00:22:29	00:22:26	00:10:57
108	2	Ladies' 35 (35-39)	W152	Aine O'Connell	00:22:31	00:22:27	00:10:54
109	3	Ladies' 35 (35-39)	W002	Bernadette Baje	00:22:32	00:22:28	00:10:52
110	12	Men's 40 (40-44)	M301	Iain Williamson	00:22:35	00:22:30	00:10:44
111	10	Men's 35 (35-39)	M364	Allan Fraser	00:22:41	00:22:30	00:11:05
112	13	Men's Open (18-34)	M191	Mustafa Mustafa	00:22:43	00:22:36	00:11:08
113	11	Men's 35 (35-39)	M397	Knight Richard	00:22:45	00:22:38	00:10:59
114	1	Men's 65 (65-69)	M137	TAK HING KWOK	00:22:47	00:22:47	00:10:56
115	12	Men's 45 (45-49)	M138	KOON SHING, Marco LAI	00:22:47	00:22:41	00:10:59
116	6	Ladies' Junior 13	W220	Tsz Ching Kong	00:22:48	00:22:41	00:10:57
117	4	Ladies' 35 (35-39)	W112	Xanthe Riding	00:22:49	00:22:42	00:11:15
118	12	Men's 35 (35-39)	M389	John Burbidge	00:22:56	00:22:49	00:10:56
119	3	Ladies' Open (18-34)	W190	Elizabeth Mai Schroder	00:22:56	00:22:46	00:11:18
120	11	Men's 50 (50-54)	M006	MUN KEE AU	00:23:16	00:23:04	00:11:35

AVOHK 5k Series 2017 - Race 4 (South Bay)

Overall Position	Category Position	Category	Bib	Name	Official Time	Chip Time	CP
121	6	Ladies' Junior 15	W197	Wing Hin Lau	00:23:22	00:23:15	00:11:24
122	4	Men's 55 (55-59)	M289	John Yow	00:23:24	00:23:21	00:11:13
123	13	Men's 45 (45-49)	M126	Junya Kawamoto	00:23:27	00:23:18	00:11:27
124	14	Men's Junior 15 (14-15)	M023	Chin Ching Chester Chan	00:23:29	00:23:25	00:10:52
125	13	Men's 40 (40-44)	M187	Moke Moke	00:23:31	00:23:23	00:11:45
126	3	Ladies' 50 (50-54)	W026	Siu Miu Margaret CHUI	00:23:34	00:23:32	00:11:28
127	12	Men's 50 (50-54)	M413	Nicolle Keith	00:23:36	00:23:28	00:11:27
128	5	Men's 55 (55-59)	M065	HERMANN CHU	00:23:39	00:23:35	00:11:29
129	4	Ladies' 50 (50-54)	W025	Rebecca Cho	00:23:41	00:23:37	00:11:09
130	1	Ladies' 55 (55-59)	W044	Belinda Greer	00:23:45	00:23:41	00:11:21
131	14	Men's 45 (45-49)	M199	Stanley Ng	00:23:57	00:23:47	00:11:11
132	14	Men's Open (18-34)	M077	Thomas Crooks	00:23:58	00:23:46	00:11:58
133	13	Men's 35 (35-39)	M115	Jamie Hughes-Martin	00:23:58	00:23:50	00:11:46
134	4	Ladies' Open (18-34)	W189	Alice Dean	00:24:13	00:24:01	00:11:31
135	15	Men's 45 (45-49)	M396	Kendy Kong	00:24:15	00:24:07	00:11:17
136	14	Men's 35 (35-39)	M391	Alan McKenzie	00:24:16	00:24:08	00:11:44
137	5	Men's 60 (60-64)	M008	KWOK KEUNG (ALAN) AU	00:24:20	00:24:16	00:11:29
138	6	Men's 55 (55-59)	M323	TSE Chi Yin Davis	00:24:21	00:24:05	00:12:04
139	5	Ladies' 35 (35-39)	W032	Sarah Dickinson	00:24:23	00:24:13	00:12:01
140	5	Ladies' 50 (50-54)	W120	Katy Spooner	00:24:29	00:24:20	00:11:58
141	14	Men's 40 (40-44)	M131	John Kiely	00:24:32	00:24:24	00:11:33
142	16	Men's 45 (45-49)	M064	CHEUK MING CHU	00:24:51	00:24:43	00:12:21
143	2	Men's 65 (65-69)	M039	Chak Yan Chan	00:24:57	00:24:52	00:12:19
144	15	Men's 35 (35-39)	M168	Wing Shing Winson Lo	00:24:59	00:24:53	00:12:27
145	15	Men's 40 (40-44)	M150	Kelvin Lee	00:25:02	00:24:52	00:11:59
146	2	Ladies' 55 (55-59)	W052	Wing Kam Ho	00:25:05	00:25:00	00:12:31
147	6	Men's 60 (60-64)	M135	TING Kui Chuen	00:25:08	00:24:52	00:12:15
148	3	Ladies' 45 (45-49)	W185	Belinda McLaughlin	00:25:09	00:25:01	00:11:58
149	13	Men's 50 (50-54)	M096	Mario Fung	00:25:11	00:25:04	00:12:16
150	16	Men's 40 (40-44)	M264	SHUN HANG WONG	00:25:19	00:25:06	00:13:10
151	17	Men's 45 (45-49)	M415	Wong Bryan	00:25:20	00:25:06	00:12:32
152	7	Men's 55 (55-59)	M293	Leung Sum Yu	00:25:24	00:25:04	00:12:48
153	15	Men's Junior 15 (14-15)	M056	Suet Hung Cho	00:25:25	00:25:20	00:11:43
154	18	Men's 45 (45-49)	M276	Christian Wright	00:25:28	00:25:22	00:12:20
155	7	Ladies' Junior 13	W219	Chloe Whittington	00:25:29	00:25:18	00:12:35
156	8	Ladies' Junior 13	W235	Victoire Beylier	00:25:33	00:25:25	00:11:46
157	14	Men's 50 (50-54)	M231	Tak Kuen Tam	00:25:46	00:25:32	00:12:32
158	9	Ladies' Junior 13	W009	Scarlett Casey	00:25:47	00:25:37	00:13:01
159	10	Ladies' Junior 13	W045	Sophie Hall	00:25:48	00:25:38	00:13:01
160	4	Ladies' 45 (45-49)	W020	HON MAY CHAN	00:25:49	00:25:42	00:12:27
161	7	Men's 60 (60-64)	M406	Kenneth Andrew Mortell	00:25:53	00:25:33	00:12:30
162	7	Ladies' Junior 15	W171	Clara Zibell	00:26:03	00:25:53	00:11:42
163	15	Men's Open (18-34)	M350	Alistair Cochran	00:26:18	00:26:09	00:12:24
164	6	Ladies' 50 (50-54)	W135	Carolyn Wingard-Robertsson	00:26:23	00:26:13	00:12:36
165	8	Men's 55 (55-59)	M328	Charles Caldwell	00:26:27	00:26:19	00:12:44
166	3	Ladies' 55 (55-59)	W132	Fung Yee May Tse	00:26:28	00:26:24	00:12:33
167	7	Ladies' 50 (50-54)	W141	Kwan Ying Wong	00:26:30	00:26:23	00:12:33
168	16	Men's 35 (35-39)	M333	Ying Kin Chan	00:26:41	00:26:35	00:11:35
169	8	Men's 60 (60-64)	M414	Sullivan Barry	00:26:47	00:26:32	00:13:27
170	8	Ladies' Junior 15	W196	Lok Tsz Keung	00:26:49	00:26:43	00:13:00
171	17	Men's 35 (35-39)	M236	Hin Wai TO	00:26:59	00:26:51	00:13:11
172	15	Men's 50 (50-54)	M044	Man Wing Cheng	00:27:24	00:27:15	00:12:58
173	8	Ladies' 50 (50-54)	W036	Ching yee Fong	00:27:27	00:27:21	00:12:42
174	1	Ladies' 65 (65-69)	W074	Rebecca LAU	00:27:28	00:27:22	00:13:47
175	3	Men's 65 (65-69)	M151	WING HUNG LEE	00:27:30	00:27:25	00:13:04
176	1	Ladies' Junior 17	W216	Ella Phillips	00:27:35	00:27:18	00:13:35
177	5	Ladies' 45 (45-49)	W027	Rachel Clempson	00:27:38	00:27:24	00:13:42
178	16	Men's Open (18-34)	M051	Edward Sadler	00:27:40	00:27:23	00:14:11
179	17	Men's Open (18-34)	M048	Ison Cheung	00:27:40	00:27:27	00:13:11
180	1	Men's 70+	M336	Frank Pilkington	00:27:45	00:27:41	00:13:13

AVOHK 5k Series 2017 - Race 4 (South Bay)

Overall Position	Category Position	Category	Bib	Name	Official Time	Chip Time	CP
181	18	Men's Open (18-34)	M105	Adrian Ho	00:27:52	00:27:39	00:13:15
182	19	Men's 45 (45-49)	M175	Ka Wah Loo	00:27:52	00:27:45	00:13:40
183	17	Men's 40 (40-44)	M194	Baker Nathaniel	00:27:53	00:27:41	00:13:52
184	18	Men's 40 (40-44)	M167	ALBERT LING HO LIU	00:27:55	00:27:39	00:13:25
185	6	Ladies' 35 (35-39)	W069	Vicky Lau	00:27:58	00:27:42	00:13:37
186	4	Ladies' 40 (40-44)	W233	Sou Sou Chan Christina	00:28:01	00:27:48	00:13:32
187	19	Men's 40 (40-44)	M108	Albert Ho	00:28:03	00:27:52	00:13:29
188	9	Men's Junior 13 (12-13)	M361	Jasper Caldwell	00:28:17	00:28:11	00:13:12
189	5	Ladies' Open (18-34)	W095	Yiyi Mao	00:28:21	00:28:11	00:13:26
190	10	Men's Junior 13 (12-13)	M302	Rohan Williamson	00:28:31	00:28:15	00:14:45
191	1	Ladies' 60 (60-64)	W147	Wing Han Yeung	00:28:39	00:28:32	00:14:03
192	6	Ladies' 45 (45-49)	W021	May Ling Chan	00:28:43	00:28:34	00:13:58
193	19	Men's Open (18-34)	M345	Ken Yip	00:28:46	00:28:32	00:13:29
194	4	Men's 65 (65-69)	M070	Wing Kan, Gordon Chung	00:28:58	00:28:47	00:14:10
195	6	Ladies' Open (18-34)	W106	Nur Nur	00:28:58	00:28:54	00:14:15
196	20	Men's 40 (40-44)	M053	Hon Man Cheung	00:29:05	00:28:58	00:13:51
197	18	Men's 35 (35-39)	M339	Ling Choi Leon Yuen	00:29:10	00:29:03	00:14:19
198	7	Ladies' Open (18-34)	W214	Jessica Bailey	00:29:14		00:13:53
199	5	Ladies' 40 (40-44)	W232	Leung Man Fong Agnes	00:29:23	00:29:11	00:14:15
200	7	Ladies' 45 (45-49)	W205	Aude Zibell	00:29:40	00:29:29	00:14:31
201	16	Men's 50 (50-54)	M304	John Leung	00:29:42	00:29:34	00:14:40
202	9	Ladies' 50 (50-54)	W150	HO Yuk Ling	00:29:46	00:29:32	00:14:48
203	8	Ladies' Open (18-34)	W011	Chamilla Chamilla	00:29:48	00:29:46	00:14:23
204	9	Men's 55 (55-59)	M334	Ford Chan	00:30:09	00:24:33	00:17:30
205	20	Men's 45 (45-49)	M248	Jake Ulick	00:30:22	00:30:12	00:14:32
206	9	Men's 60 (60-64)	M136	WooSo KWAN	00:30:23	00:30:07	00:14:51
207	8	Ladies' 45 (45-49)	W215	Andrea Fletcher	00:30:23	00:30:06	00:14:37
208	21	Men's 40 (40-44)	M416	Tam Lok Man Norman	00:30:25	00:30:11	00:14:21
209	10	Men's 60 (60-64)	M055	Kam kwong anthony Cheung	00:30:42	00:30:31	00:14:34
210	17	Men's 50 (50-54)	M087	Michael Featherston	00:30:42	00:30:29	00:14:56
211	19	Men's 35 (35-39)	M200	Chi keung Ngai	00:30:45	00:30:26	00:15:26
212	10	Ladies' 50 (50-54)	W039	Ilaria Galimberti	00:31:02	00:30:50	00:15:24
213	6	Ladies' 40 (40-44)	W070	Kar Yan Lau	00:31:08	00:30:52	00:14:54
214	2	Ladies' 65 (65-69)	W084	Evelyn Lim	00:31:10	00:31:04	00:14:45
215	9	Ladies' Open (18-34)	W079	Hugo Abi	00:31:10	00:31:01	00:14:33
216	11	Ladies' 50 (50-54)	W227	Ka Mun jennifer Lau	00:31:18	00:31:13	00:14:47
217	11	Ladies Junior 13	W217	Daisy Lewell	00:31:19	00:31:02	00:15:22
218	7	Ladies' 40 (40-44)	W218	Sarah Lewell	00:31:19	00:31:01	00:15:23
219	3	Ladies' 65 (65-69)	W175	Kit Bing Chow	00:31:57	00:31:50	00:16:04
220	20	Men's 35 (35-39)	M110	Brad Hodson	00:32:01	00:31:45	00:15:14
221	9	Ladies' 45 (45-49)	W177	Linda Khemlyani	00:32:26	00:32:14	00:14:46
222	2	Men's 70+	M128	Peter Keeping	00:32:36	00:32:21	00:15:46
223	2	Ladies's 60 (60-64)	W231	Nicolle Patricia	00:33:16	00:33:01	00:16:13
224	8	Ladies' 40 (40-44)	W211	Kate Nankivell	00:34:39	00:31:26	
225	3	Men's 70+	M089	John Fowler	00:35:03	00:34:56	00:16:56
226	12	Ladies' 50 (50-54)	W223	Michele Liew	00:35:05	00:34:53	00:15:52
227	21	Men's 35 (35-39)	M099	Evan Griffiths	00:35:18	00:35:06	00:15:17
228	10	Ladies' 45 (45-49)	W125	YUK YIN TANG	00:35:43	00:35:24	
229	11	Ladies' 45 (45-49)	W156	Jo Williamson	00:36:10	00:35:54	00:17:47
230	12	Ladies' Junior 13	W038	Gabbie Gadi	00:36:23	00:36:12	00:16:35
231	9	Ladies' 40 (40-44)	W105	Hau wa Ngai	00:37:34	00:37:16	00:18:42
232	22	Men's 35 (35-39)	M097	Gil Gadi	00:39:04	00:38:53	00:17:36
233	7	Ladies' 35 (35-39)	W093	Kirti Manian	00:39:32	00:39:18	00:19:18
234	4	Ladies' 55 (55-59)	W076	Yuk Seung Law	00:39:46	00:39:43	00:19:12
235	10	Ladies' 40 (40-44)	W234	Kwok Wai Yee	00:39:48	00:39:36	00:19:30
236	13	Ladies' 50 (50-54)	W131	Ada Tse	00:40:36	00:40:22	00:19:06