

Round Island Time Trial 2009

The Route

Points to Note

As in previous years, the route will be a figure of 8, beginning, ending and handing over at the car park in Wongneichung Gap. This year the course runs clockwise. Water will be available at the checkpoints indicated by ** within the text of the route below.

The Route

From the car park at Wongneichung Gap, take Sir Cecil's Ride to Mt. Butler Rd., then up Mt. Butler Rd. to the dead end where it enters the wireless station. Left on Sir Cecil's Ride (**checkpoint #1****) to Mt. Parker Rd.

Turn right up Mt. Parker Rd. for just 40m, then left into the entrance to the Country Park Management Centre, and immediately right on the trail marked "Kornhill". Turn right on a trail marked "Road Closed" at the top of some steps. When a catchment appears below, watch carefully for a left turn down a rope to the catchment. Right on the catchment to Tai Tam Rd.

Turn right up Tai Tam Rd. and then left on the catchment (**checkpoint #2****) at the end of the fancy metal fence on the South side. Follow the catchment to the second road crossing, then right up the hill to Tai Tam Gap roundabout.

Turn left on the road marked "Shek O" for 340m. At the second intersection, climb the stairs marked "... Country Park". At the top, turn right up the hill. Go around the gate, up the hill and fork right on the bicycle trail at the HK Trail map. Follow the bicycle trail to its end at Shek O Rd. (**checkpoint #3****).

Cross directly across the road and down the steps. At the bottom, turn sharp right and follow the trail marked "Tai Tam" and then the catchment almost to the Tai Tam dam. A few hundred metres before the dam, watch closely for a left turn down some stairs, then right at the bottom of the stairs on a trail through the woods. Left across the bridge below the dam, then straight through the village along the sea front. Turn right uphill past the American school, cross Tai Tam Rd. (**checkpoint #4****) and enter the country park.

After 1400m, left on a trail to Repulse Bay Gap. At the gap, turn right across the bridge, then straight ahead up the stairs climbing Violet Hill. After about 200 steps, turn left on a more level trail back to Wongneichung reservoir (**checkpoint #5****). (Wimps change here. If you wish to change elsewhere, check in here first, then proceed to your preferred change point.)

Descend the road, cross Wongneichung Gap Rd. on the bridge and then carefully cross at the bus stop and continue down Deep Water Bay Rd. At the Nam Fung Rd. fork, turn right up the steps, then left on Lady Clementi's Ride. Turn right up more steps to the Aberdeen catchment, continue to follow the catchment and cement path all the way to the Aberdeen dam.

After the dam, turn left again on the catchment and follow it to Peel Rise (**checkpoint #6****) and beyond to its end above Shek Pai Wan estate. Up many steps, then left on a catchment to the end. Ascend the steps, turn left on the road and keep left at the toilets, turning right shortly thereafter on a path. The path becomes a road. Follow it to the first junction, then right for 200m uphill on Pokfulam Reservoir Rd. Left on a trail. The trail eventually becomes a cement road, which quickly ends at Hatton Rd. Turn left 400m down Hatton Rd. to the fire station. Left down the steps. Right on Po Shan Rd. to the end. (**checkpoint #7****) Continue straight ahead on the concrete trail. Follow the boulder fence to the end, then descend a few steps and follow a second short fence to the end. Turn right up the steps to the top, then left on a trail through the woods. The trail emerges at the junction of Old Peak Rd. and Tregunter Path. Continue straight ahead on Tregunter Path to the junction of May Rd.

Cross May Rd. and descend the driveway and path to Brewin Path. Turn right on Brewin Path and descend to Magazine Gap Rd. Cross and turn right. Take the first left on Bowen Rd. (**checkpoint #8****) and follow it to the end at Stubbs Rd. roundabout. Cross carefully and ascend Wongneichung Rd. to the finish.