



Since 1982

AVOHK

Athletic Veterans of Hong Kong

**The Fifth Malcolm Phillips
Annual Memorial Run
7th May 2011**

RACE INFORMATION

Date(日期) : 7 May 2011

Venue(集合地點) : Bowen Road at junction with Bowen Drive

Race Start(比賽時間): 16:00 (下午四時正)

Distance(全程): 5km (5 公里)

Prizes(獎品): Top 5 Men / Top 5 Ladies

Format(形式): Age adjusted (分齡組別)

(最優秀的首五位男子/最優秀的首五位女子)

Quota(名額): 200

Entry Fee(報名費): AVOHK/HKLRRRC members (會員)HK\$60

Non members (非會員) HK\$80

“BIG MAL” (1953-2006)

Enquiries to: English 93029566 Chinese 91869412

E-mail: catherineavohk@gmail.com

The Fifth Malcolm Phillips Annual Memorial Run 7th May 2011

ENROLLMENT 參加表格 (PLEASE COMPLETE IN ENGLISH 請用英文填寫)	
Family name 姓	
Given name 名	
Sex 性別	M 男 F 女
Date of Birth 出生日期	dd 日 mm 月 yyyy
Phone No. 電話號碼	
E-mail 電郵地址	
Postal Address 地址	

IMPORTANT NOTES

- Race starts at 16.00
賽事於下午四時舉行。
- Souvenir for all who finish.
每位完成賽事者將獲派發紀念品乙份。
- Strictly NO ENTRIES on the day. Entry list and detailed information on www.avohk.org one week before the race. **No other communication will be sent to you.**
不接受即場報名。參賽名單和賽事資料，會於賽事一星期前刊登在 www.avohk.org。不再另函通知
- Race number cloth collected on race day.
號碼布將於賽事當日派發。
- Red, Black Rainstorm or T8 warning issued by 12.00 midday on race day, event is cancelled.
We will attempt to reschedule - No entry fee refund.
當紅色或黑色暴雨警告，雷暴警告或 8 號風球於賽事兩小時前生效，賽事會取消，本會會儘量擇日再比賽，報名費不會退還。
- Race marshals needed if you cannot run please come and help at the race.
歡迎所有不能參賽者出席為大會賽道指揮/督導員

I confirm and agree, to the fullest extent permitted by law, that I take part in this event entirely at my own risk and that I will not hold AVOHK or any sponsors of this event or any organisation or person providing medical, catering, logistical, IT or other support or services for this event (or any member, committee member director employee agent or contractor of any of the foregoing or any person otherwise associated with any of the foregoing) responsible for death or any injury or for any damages to or loss or destruction of property or any other economic loss or for any consequential loss, in any case arising from or connected with any accident or mishap or otherwise arising from or connected with this event; whether during or after the event, in preparation for it, traveling to or from it or otherwise. I will not compete unless I am physically fit and sufficiently trained. I acknowledge and agree that AVOHK may (without reference to and without prior approval of or any payment to any person) use, in any publicity material connected with the AVOHK (including but not limited to any website) or any other lawful purpose, any photograph, film, videotape, record or visual or vocal reproduction of my participating in this event.

Signed 簽名: _____

Date 日期: _____

Return form in **English** with a cheque payable to "AVOHK" to Catherine Leonard 3 Pak Tam Chung, Sai Kung, NT, Hong Kong

表格連同抬頭 AVOHK “支票寄往:- 北潭涌三號，新界，西貢